



February 2019 | Volume: 13 | Issue: 3

TIMES

Official newsletter of Indian Orthodontic Society



**Indian
Dental
Conference,
2019**

Indore,
Madhya Pradesh



**Teachers'
Training
Program**

Udaipur, Rajasthan



Indian Dental Conference

18-20 January 2019



Indian Dental Conference was held on 18th- 20th January 2019 at Brilliant Convention, Indore by IDA Indore Branch. The theme for this year "Refining Skills and Redefining Success" aptly describes how we as dental professionals, continually strive for excellence. Featured in this conference were renowned international and National speakers, who brought in their expertise & experience through noteworthy lectures, live surgeries, hands on courses, back to basics, open forum and panel discussion. Cultural events and gala banquet along with other surprise events were other attraction in the conference. Mega trade exhibition with more than 150 dental trade booths showcasing the latest in the dental science and technology, to serve our clinical requirements was the other highlight of the conference. Post graduate and undergraduate students along with faculties of various specialities got the opportunity to present their papers and posters. More than 15 renowned national and international orthodontic speakers like Dr. Hemant Sharma, Dr. Reena Ranjeet Kumar, Dr. Neal Kedia, Dr. Amit Nagar, Dr. Partha P. Choudhary, Dr. Pradeep Jain, Dr. Suryakant Das, Dr. Souvendhu Jha, Dr. T.P. Chaturvedi, Dr. Vaibhav Mishra, Dr. Divyaroop Rai, Dr. Puneet Gupta, Dr. Ashish Gupta, Dr. Anand Tripathi, Dr. Rabindra Shrestha, Dr. Adrian George, Dr. Badri Thiruvengkatachari delivered lectures on various topics like obstructive sleep apnoea, interdisciplinary orthodontics, the bond beyond braces, timing of orthodontic treatment, Accelerating orthodontic tooth movement, invisible by day-the sky is filled with stars-lingual orthodontics, Orthodontics for U and Me, CAD CAM Orthodontics - The next leap, orthodontic scars: potential iatrogenic risks in orthodontic treatment.

Teachers' Training Program

2nd February 2019

Indian Orthodontic Society in association with Rajasthan Orthodontic Study Group (ROSG) organized a one day TEACHERS TRAINING PROGRAMME at Geetanjali Dental College & Research Institute, Udaipur. This national workshop was conducted under the able Leadership of Dr Pradeep Jain (President-IOS), Dr Balvinder S. Thakkar (Org. Chairman), Dr Ritu Garg (Org. Secretary) and ROSG Conveners, Dr Divyaroop Rai, Dr Shiva Gupta & Dr Anshul Mathur.

This workshop was attended by 50+ participants including Professors, Readers, Senior Lecturers and Post-Graduates from various parts of Rajasthan. The workshop was divided into two parts where first emphasis was given to selection of Research Topics, Clinical Trials and in depth knowledge of Scientific writing & statistics, which were very nicely explained by Dr. Pradeep Raghav (Meerut) – Editor, Journal of Contemporary Orthodontics (by IOS), Dr Panchali Batra (New Delhi) & Dr Mridula Tak (Udaipur). And the second part was on Student Centric teaching approach, importance of group discussions and OSCE/OSPE, which were taken up by Dr J. Sabarinathan (Chennai), Dr. Amit Bharadwaj (Indore) & Dr Vaibhav Mishra (Meerut) and few innovative ideas were shared by our mentors which shall surely help in creating a better and more interactive learning experience for the students as well as the Teachers.

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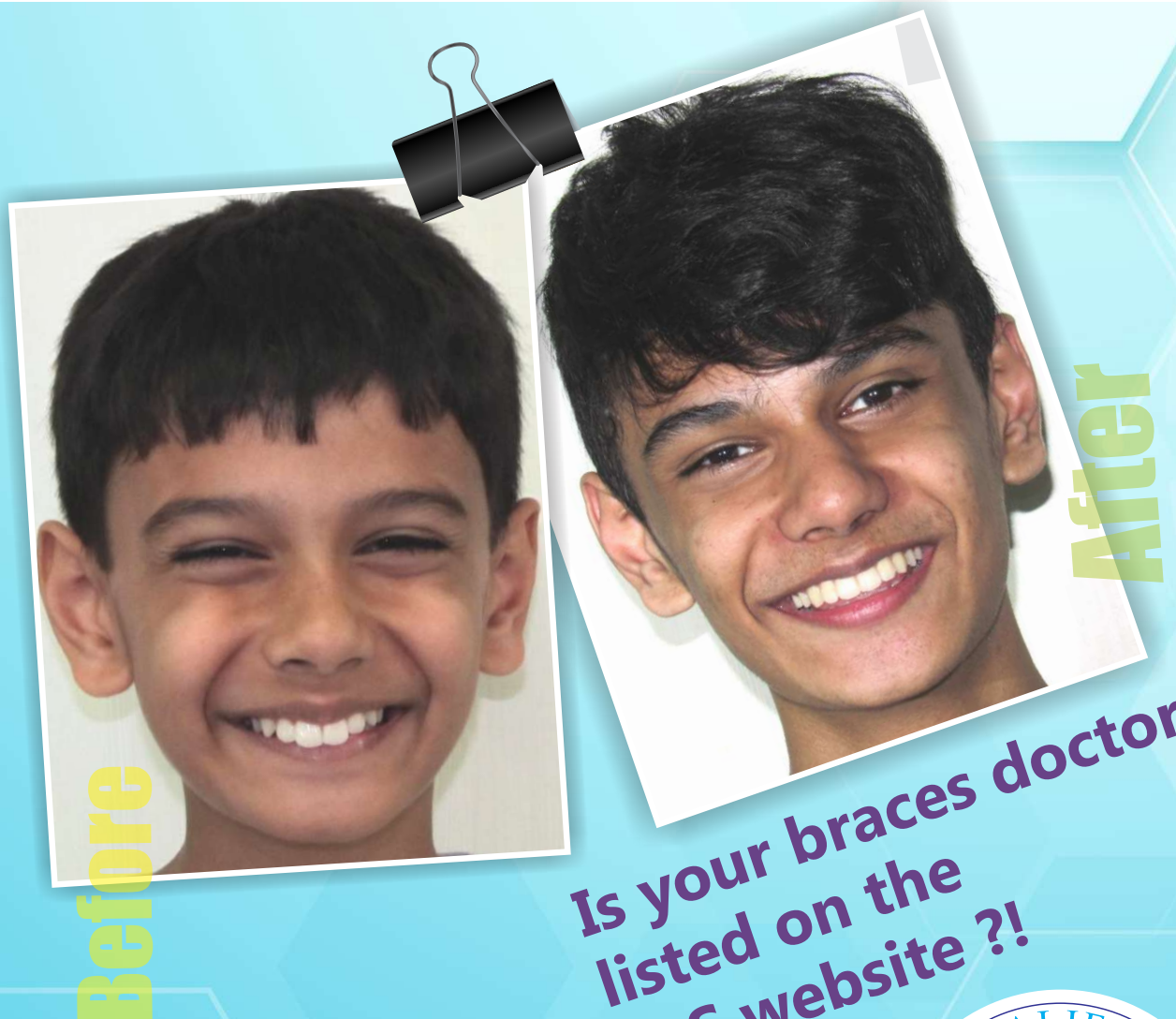
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Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.

**Teeth
need not be
removed
for
dental braces
treatment *****



Before



After



One notion which has sunk deep in many a minds is, that if one needs orthodontic treatment, it is mandatory that few teeth will have to be removed, so that the others can be aligned correctly. Fortunately, that is not correct! The more we, orthodontists, learn; the more we improve upon our skills; the more updated technology we incorporate in our practice and the more research in the field of orthodontics advances, the better are the chances to give patients a healthy, beautiful smile, with an optimally functional set of teeth and jaws, without the need of extracting teeth. Having said that, there will always be a few cases, which will certainly improve upon, one or all of the following - function, esthetics or, stability, if a few dental units (teeth) are removed.

One way or increasing your chances of not having any teeth to be removed, as a part of orthodontic treatment would be, to ensure, that your dental health is kept in check right from the days of milk teeth. Ensure the child visits a dentist for dental health follow up, from the age of one year, irrespective of the child's dental health. Remember to consult an orthodontist, when the child is seven years old, even if you feel nothing appears wrong with the teeth. It is in your best interests, that for all orthodontic needs, you seek the advice and treatment from an IOS endorsed Orthodontist.



Magic of Braces

Ajit's smile is widest when
he is with the person
who gave him the coolest looks
- his Orthodontist.



www.iosweb.net

Official newsletter of Indian Orthodontic Society

FULL NAME: Dr. Neena Prasad
BIRTHDAY: 19 th May
HOME TOWN: Thiruvananthapuram, Kerala
COLLEGE: MA in English Literature, University college, Trivandrum
 PhD from Rabindra Bharati University, Calcutta, India
 Post doctoral Research Fellowship from the AHRB Research
 Centre for Cross Cultural Music and Dance Performance, University of Surrey, UK

Dr. Neena Prasad
 Indian Classical Dancer

PROFESSION: Indian Classical Dancer.
CURRENTLY: Research Guide for dance in Kerala Kalamandalam
 Deemed University, Kerala.
 Founder and principal of Bharthanjali Academy of Indian Dances
 in Thiruvanthapuram and Sougandika Centre for Mohiniyattam in Chennai .

INSPIRATION IN LIFE: The complexities of life.

AMONG PERSONS: Vijayanthimala, Dr. Padma Subrahmanyam

AWARDS : Nirtya Chudamani Award 2015.
 Mayilpeeli Award 2016.

ADVICE TO YOUNGSTERS: Keep following your desire with steadiness.. you will reach there some day

WHAT DO YOU KNOW ABOUT ORTHODONTIC TREATMENT ORTHODONTISTS:

I can never forget my orthodontist who explained very well, that my facial look especially the relation between nose, lip and chin can be changed with braces treatment and indeed I feel that he did a great job especially when I put make up for dance and see my profile. That's how I came to know that Orthodontist can even change a person's facial appearance.

SOCIAL MEDIA INTERACTIONS: @DrNeenaPrasad on Twitter.
 drneenaprasad on Instagram.
 @neenaprasad on Facebook

ONE PHRASE THAT DESCRIBES YOU BEST: Dreamy and Imaginative

STRATEGY IN CRISIS: Rely on God completely and in oneself.

YOUR FAVOURITE:

Travel Destination: Any temple city in India.
Food: Idly & Chutney
Song: Abhi Na Jao Chhod Ke (Asha Bhosle - Hum Dono)
Movie: Julie, Gandhi (Hindi), Kadalpalam (Malayalam)

Celebrating Life



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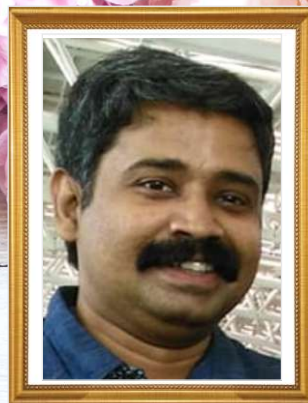
**Anant
Lakshmikant
Savanur- 1943 -2019**

Ananta, as he was fondly known, always preferred to keep his profile low key and a devoted family man. He was the descendent of well-known Savanur and Yargope family, originally from Karnataka.

Anant finished his BDS from GDC, Mumbai in 1966, and joined PG program there under Dr K.L. Shourie and Dr H.S. Shaikh. Anant, Sorab Javeri and I formed the impossible trio, for the next two years. Anant had this prenominal trait of photographic memory! He would just glance those publications and recall the same at any instant. Coupled with analytical mind he was a potent mixture. He was a formidable asset during our community preparations for the our exams. He chose practice as his forte, after graduation, in Pune and was at it for next two decades His love for teaching and admin, soon got the better of him. Joined Bharati Vidyapeeth for few years, two years in Libya as a professor. Back to Belgaum-for 5 years, and later on to Nashik. His admin skills took him to the ultimate chair of the Dean. He retired in 2009 and much of his time was spent in reading, chatting and some serious blogging. He doted on his family full time, specially his two grandchildren, Siddhant & Adhitya. He leaves behind his bubbly spouse Pushpa, son Swaroop - an Orthodontist and a serious short film maker, Rama his daughter, & the grand children.

I would miss his constant banter and sharp repartees. Sincere condolences to the family.

Mani K Prakash

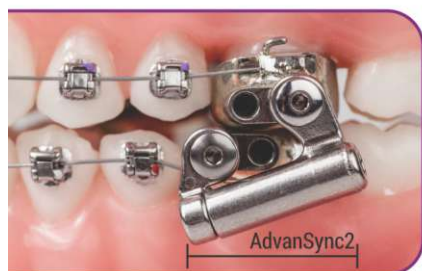


Dr. Jayakumar Ganesan-1976 - 2019

Dr. Jayakumar Ganesan, Professor of Orthodontics Ragas Dental College & Hospital passed away on 19th Jan 2019 at the age of 42, and orthodontic community lost one of its promising professional. JK, as he was fondly addressed by his colleagues & friends, an IBO Diplomate, had a short but exemplary private practice and academic career. He joined RDCH in January 2005 and in a span of 12 years has achieved several accolades, including the best paper award of IOS. He has authored and co-authored various publications and lectured across the country and abroad at various conferences. An alumnus of RDCH, JK was a keen academician with special interest in Biomechanics and Treatment of adults with complex problems. He was a delightful mix of academic discipline with scrupulous attention to details and and at the same time boisterous with good humour and light hearted bantering. Besides his wife and elderly parents, JK has left behind two young children. He will be deeply missed by all those who knew him and his memories will always remain in our hearts to be cherished forever. May God rest his soul in peace.

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MIDSAR Dental College Activity



On 24th January 2019, Dr. Pavankumar Vibhute, HOD, Department of Orthodontics, Khed was invited as a guest speaker on TADs. Event was inaugurated by Dr. Suresh Kamble, Principal MIDSAR Dental College, Latur. Lecture covered discussions on mini-screw, IZC and buccal shelf implants. Live demonstration was given on three cases. Almost 47 post graduate students from Pravara, Loni, Beed, Amaravati, Hingoli, Solapur, Gulbarga and Aurangabad Dental colleges and 15 Orthodontists participated in the course.



The hands-on included miniscrew placement on simulator with driver. Dr. Anand Ambekar (organising secretary), Dr. Suresh Kamble (organising chairman), Dr. Praveenkumar Marure, Dr. Yatishkumar Joshi, Dr. Chaitanya Khanapure, Dr. Shilpa Kendre and Dr. Sheetal Kamble guided the delegates. E-poster competition was held in department, for students, on same day. Theme was "Current trends in implants in orthodontics". First prize won by Ashutosh Tadwalkar, 2nd prize by Rutuja Dalvi and 3rd by Sujit Zadke.



FEBRUARY 2019

2

Teacher Training Program
Udaipur

6, 7

Orthodontic Premier League 3.0
Davangere

21, 22, 23, 24

National PG Convention
NOIDA

22

Constitutional Conclave
NOIDA

23

2nd EC Meeting
NOIDA

MARCH 2019

25, 26, 27

FLEET Orthodontic Workshop
Shirdi

27, 28, 29

Wildlife Photography
Kabini



Calendar Events 2019

President's Message



Dear Members,

It has been a very hectic, but fruitful beginning of the year, with the new secretary taking command of the Head Office, changing hands along with the new treasurer and joint secretary for the period of three years. They have already established rapport with the Executive members and other principal Office Bearers, smoothening the working of the administration and the establishment. I along with Secretary and Treasurer visited the venue of 23rd IOS PG convention at NOIDA, and found the organizing team working with full vigour and zeal to give a rousing welcome to our budding graduates with lot of academic, scientific, cultural and sporting activities in store for them. I request you all to attend in large numbers to attend the convention. The Indian Dental Conference at Indore was a major Dental Activity, wherein more than 42 orthodontists gave talk on subjects ranging from pure orthodontics to multi disciplinary approach to give the best results to an average patient. The event highlighted the interaction which is required between a dentist and an orthodontist, closing the boundaries of symbiotic advancements towards facial and oral health.

Around 500 orthodontists from various parts of the country attended the meet. The month of February started with Teachers training Program held at Udaipur, highlighting the latest trends in teaching aids and programmes, needing major changes in teaching and examination pattern in various Universities delivering Dental Education in the country. The stress on basic education, more problem oriented programmes and learning basic techniques is required, instead of industry oriented techniques for commercial ends. The interesting nature of the learning will surely bring the students back to classes. Meanwhile, the IOS Times continues to serve to connect members and also, reflect upon the importance of Orthodontics to the general public. Please do share the posts of IOS Times on all your Social Media, accounts and tag your patients and their friends, wherever possible.

Jai IOS, Jai Hind

Dr. Pradeep Jain, President



From the Secretariat

Hello friends,

We know that another month has gone by when the IOS TIMES is promptly uploaded on the website, on the second Friday of every month.

Last month was grim as we lost two of our members, one of whom was very young. The vacuum left behind in the lives of near and dear ones can never be filled but the IOS can ameliorate the loss in a small way with a strong social security program. The member benefit committee is looking at modalities to make this a reality but every member needs to participate for it to be a success. As the society grows, it becomes more difficult to keep the flock together. I request members to update their addresses on the IOS website and keep it current. Please note that change in address has to be informed to the secretary@iosweb.net with cc to jointsecretaryios@gmail.com and thejioseditor@gmail.com.

Take care. God bless.

Dr. Sridevi Padmanabhan
Honorary Secretary



From the Editor's Desk(top)

Dear Friends

The IOS Times is working to get the word about the work we do, out in the public domain, so that the one seeking orthodontic treatment is well aware about the best possible option for orthodontic treatment. The Editorial Team in its individual capacity is limited in its reach to the masses. Your co-operation in sharing the social media posts on Facebook, Instagram or Twitter, will REALLY MAKE A BIG DIFFERENCE in the reach of all the posts. Contributions from you is further sought in connecting the editorial team with celebrities, who can spare approximately 15 to 20 minutes of their time talking to you or the editorial team, about themselves and orthodontics. The celeb talking to us, would go a long way in connecting us to the common man. You may contact the editor, or, the IOS TIMES' team, for more details. IOS TIMES is doing whatever is possible within its limited means to deliver the best possible to you and for you. Request you to assist us in compounding the effect.

Best wishes to all, always. God bless.

Dr. Biju Abraham, Editor, IOS Times



Acknowledgement

IOS TIMES thanks
Dr Kavitha Iyer to facilitate
the celebrity interview

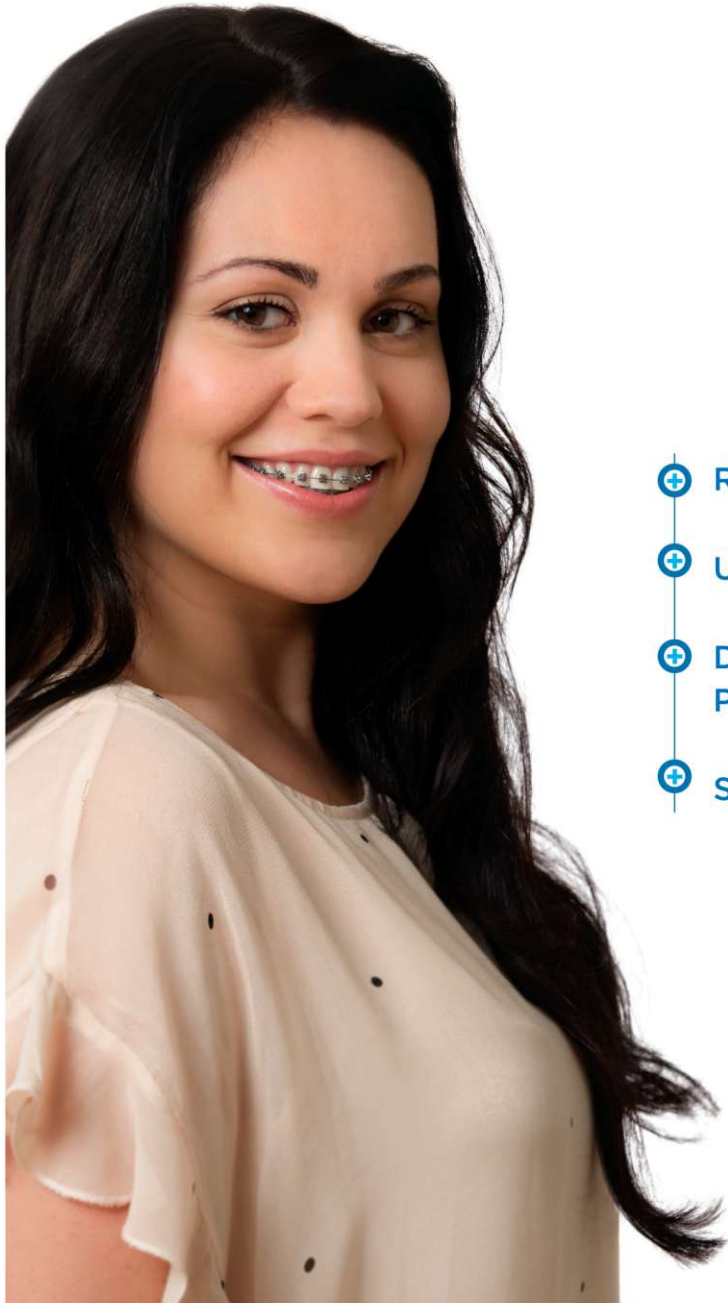
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Dr. Silju Mathew, Dr Kavitha Iyer, Dr. Gaurav Gupta

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