

Official newsletter of Indian Orthodontic Society



23rd IOS National PG Convention

ITS Dental College, Greater Noida



23rd IOS National PG Convention was organized by ITS Dental College, Hospital and Research Centre, Greater Noida from 20th -24th Feb. 2019. The theme for the convention - "The Changing Paradigm in Orthodontics" aptly justifies the urge for one's initiation to strive for growth and innovation in the speciality.

Highlights of convention included pre-convention courses & hands on Skeletal anchorage devices- "Taming the technique" by Dr. Tulika Tripathi; On functional appliance therapy by Dr. Pradeep Tandon; Holistic care of cleft lip & palate by Dr. O P Kharbanda, Master class with Damon by Dr. Bader Borgan; Clear aligner therapy- a new paradigm in orthodontics by Dr. Gaurav Gupta & Dr. Raja Ganesh; Intrusion arch biomechanics by Dr. Anand Tripathi & team.

The H S Shaikh oration lecture delivered by Dr. Tulika Tripathi was a pool of knowledge. The students also enjoyed the cultural program at the inaugural function which was chaired by all esteemed personality of the orthodontic world. The chief guest Lt. Gen S M Londhe motivated students through his experience along with felicitation and award distribution to 22nd IOS PG Convention winners. The paper and poster presentations from enthusiastic post- graduates was very successfully managed by scientific convener – Dr. Payal Sharma and team. More than 50 Trade vendors who showcased their inventory on all days of the convention.

The grand success of 23rd IOS PG Convention would not have been possible without the insight of Organizing chairman- Dr. Anil Miglani and Organizing secretary- Dr. Vishal Singh

23rd IOS National PG Convention

February 21-24, 2019

Orthodontist Premier League 3

6th and 7th February 2019

OPL 3 was conducted successfully on 6th and 7th February 2019 at Davangere. The event was attended by around 300 IOS Student Members and Life Members.

The event was graced by Dr. Jayakar Shetty, Vice President DCI, Dr. Rajkumar Alle, President KSDC, Dr. Pradip Jain, President IOS and Dr. Sridevi Padmanabhan, Secretary, IOS.

Before the event, team from Bharatiya Vidyapeeth, lead by Dr. Girish Karandikar and the team from CODS Davangere, lead by Dr. Mala Rammanohar, conducted Orthodontic Public Awareness Campaign with various non dental people.

A press meet was held at Bapuji Dental College, Davangere regarding Orthodontics, Indian Orthodontic Society and their contribution to the society by creating smiles. The event was very well covered in the News Paper the next day. Ormco also gifted 'Gift a Smile' Orthodontic kits to be used for the economically weaker patients suffering from malocclusion.

The results of the Orthodontist Premier League 3 were as follows:



Winners
Ormco Cup
Raja Rajeswari Dental College



1st Runners
KLE Dental College
Bangalore



2nd Runners
Oxford Dental College
Bangalore



INDIAN ORTHODONTIC SOCIETY
MID YEAR CONVENTION
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• Cathedral of the Saviour on Spilled Blood • St. Isaac's Cathedral • Summer Palace
• Hermitage Museum • Pushkin city tour, peter hoff gardens • Dinner cruise

Moscow Highlights: • City tour • Kremlin tour • Red Square • Tank ride
• AK-47 shooting • Victory Park • Sparrow Hills • GUM Mall • Russian circus

For Registration contact:

Dr. Balvinder Singh Thakkar - +91-9829213700
Dr. Divyaroop Rai - +91-8233625656





Is your braces doctor **IOS endorsed?!**

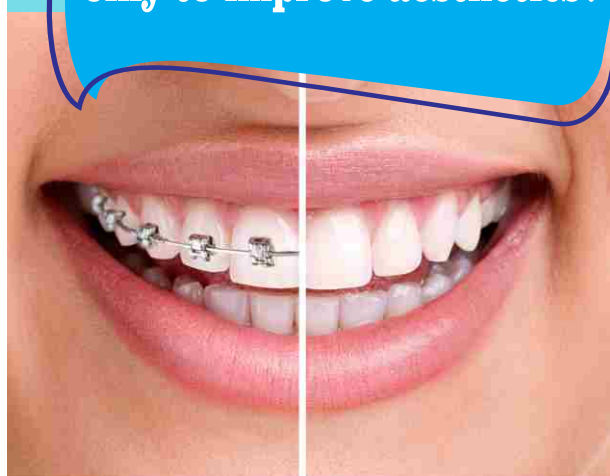
For a lifetime of healthy beautiful smile, ensure that it is made better by an Orthodontist endorsed by Indian Orthodontic Society.



Orthodontic/braces specialists receive a 2 to 3 years of specialized education and training at a Dental College, recognised by the Dental Council of India, in addition to the 5 -year basic dental training, training to learn the correct method/s to align and straighten teeth, control and utilize facial growth, enhance smile esthetics and jaw function.

Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.

Is Orthodontic treatment only to improve aesthetics?



Nothing could be far from the truth. Orthodontic treatment (Braces) helps move teeth, from one position to the other. That's it.

The tooth moved into a new position ends up being in a better relation with the tooth next to it. The new position relates teeth to the opposite arch better, too. The new position of all the teeth in their respective arches improves the relation of the upper set of teeth to the lower set of teeth. The new position removes or reduces the imbalance between the teeth and lips/cheeks.

The new position relates the teeth and tongue, harmoniously. Similar to a watch, when all its dials are functioning in unison, it ticks right all the time. Likewise, with all the teeth in correct position, in harmony with the jaw position and muscles, the mouth functions seamlessly. Good looks after orthodontic treatment is simply a side effect of teeth placed in their correct relationship to the face.



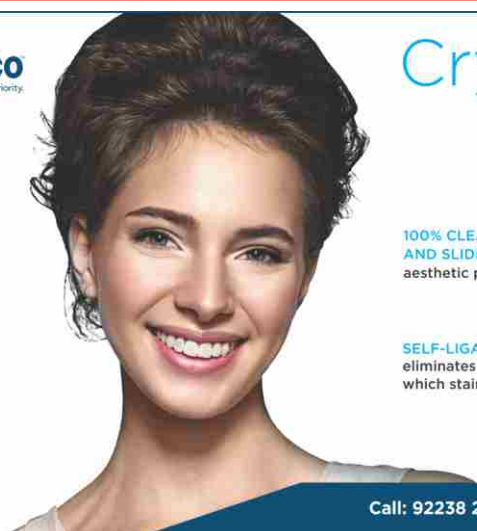
Mounika can now keep her mouth shut better, though the smile is way bigger;
All thanks to her orthodontist.

Magic of Braces



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Celebrating Life

FULL NAME : Kapil Sharma

BIRTHDAY IS ON : 2nd April

ZODIAC SIGN : Aries

PLACE OF BIRTH : Amritsar

HOME TOWN: Amritsar

SCHOOLING AT: PBN Senior Sec. School Amritsar & Rashtriya Bal Shiksha Kendra

COLLEGE: Hindu College Amritsar & APJ College Of Fine Arts

PROFESSION: Stand Up Comic, Actor, Singer, Producer

YOUR INSPIRATION IN LIFE:

My Mother, Smt. Janak Rani & My father, Late. Shri Jitendra Punj

ADVICE TO YOUNGSTERS:

There's no alternative of hard work

CHOICE OF PROFESSION-ANY STORY BEHIND IT ?

I always wanted to be on stage, so I started with college plays and I wanted to be a singer.. So, I'd say that the profession chose me, I didn't choose the profession

WHAT IS THE BEST YOU LIKE ABOUT YOUR PROFESSION:

When I see smile on people's face and get all their love, I feel blessed

WHEN SOMEONE SMILES AT YOU, WHAT IS THE FIRST THING YOU NOTICE ON THE FACE

Their innocence

WHY, IN YOUR OPINION, IS A GOOD SMILE IMPORTANT?

Smile is something that only we humans are capable of, not any other species

WHAT DO YOU KNOW ABOUT TEETH BRACES, ORTHODONTIC TREATMENT & ORTHODONTISTS:

If I knew this then I would've been a doctor

ONE QUOTE THAT DESCRIBES YOU BEST:

Hardwork is the key to success

PERSONAL INTERESTS: Music, Films, Books, Traveling, Food, Driving, Swimming, Pool

FITNESS REGIME: Yoga once a day and gym whenever my schedule allows

STRATEGY IN CRISIS: Believe in yourself

YOUR FAVOURITES

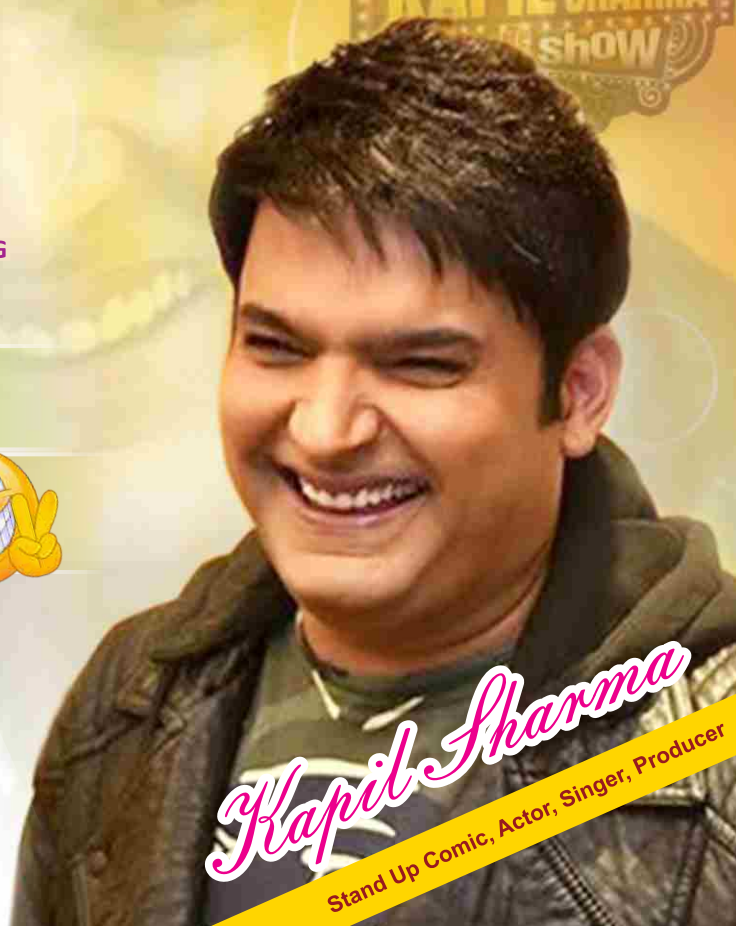
City: Dalhousie

TRAVEL DESTINATION: Amsterdam

FOOD: Homemade

SONG: Mile sur mera tumhara

MOVIE: Mera naam joker



Kapil Sharma
Stand Up Comic, Actor, Singer, Producer

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IOS Constitutional Conclave, Greater NOIDA

The IOS Constitutional Conclave was convened in the Board Room of ITS Dental College, Greater NOIDA, on Feb 23, 2019 at 9 am. Beside the Executive members of the IOS, few other life members also attended the Conclave and put forth their views on the various amendments proposed by the various members of the Indian Orthodontic Society, during the course of the day. At the end of the day, the proposed amendments were collated to be presented during the upcoming EC meeting.



2nd Meeting of the Executive Committee IOS PG Convention, Greater NOIDA

The executive committee of IOS met for the second time on Feb 23, 2019 in the Board room of ITS Dental College, Greater NOIDA. All the matters put up as the agenda for the meeting were taken up for discussion.

The highlight of the meeting was taking up the constitutional amendments discussed during the Constitutional Conclave. Additionally, the organising team of the 54th IOC, with three of its members in the EC, took the opportunity to release its conference newsletter. Also, Dr Vaishali Vadgaonkar, Chairperson of the FFC handed over her report to the President IOS.



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with your front teeth



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23rd IOS PG Students Convention 2019 Results

COMPETITIVE PAPER - RESEARCH

1. Dr Duggal- Sri Guru Gobind Singh Tricentenary University
2. Dr Mehak Bansal- PGIDS, Rohtak
3. Dr Anirban Shome- Dr R. Ahmed Dental College & Hospital

COMPETITIVE PAPER - CLINICAL

1. Dr Naga Deepti- Bapuji Dental College & Hospital
2. Dr Prachi Sunil Gohil- Ahmedabad Dental College & Hospital
3. Dr Karishma Anchan-Bangalore Institute of Dental Sciences & Hospital

COMPETITIVE PAPER - CLINICAL INNOVATION

1. Dr Ishan Grover- Jaipur Dental College
2. Dr Reshma S. -Dayanand Sagar College of Dental Sciences
3. Dr Varsha Sadhwani- Sardar Patel Post Graduate Institute of Dental and Medical Sciences

COMPETITIVE POSTER - RESEARCH

1. Dr Keerthi Venkatesan- Sri Ramachandra Dental College
2. Dr Harshit Atul Kumar- AB Shetty Memorial Institute of Dental Sciences
3. Dr Karishma S. Patil- M A Rangoonwala College of Dental Science and Research Centre & Dr Anjali Singh- ITS Dental College, Greater Noida

COMPETITIVE POSTER - CLINICAL

1. Dr Vishakha Bhindi- BVP, Navi Mumbai
2. Dr Ferin Fathima- JSS Dental College, Mysore
3. Dr Hareen Kashmiri- M A Rangoonwala College of Dental Science and Research Centre

COMPETITIVE POSTER - GENERAL

1. Dr Amit Anthony Kurian- Bapuji Dental College & Hospital
2. Dr Anjali Uttwani- Mahatma Gandhi Dental College and Hospital, Sitapura, Jaipur
3. Dr Sushila Sah- IDS, Bareilly

COMPETITIVE TABLE CLINIC-CLINICAL

1. Dr Himanshu Kalia- Surendra Dental College and Hospital
2. Dr Anbu Selvan P & Dr Indira Priyadarshini- Rajas Dental College and Hospital
3. Dr Tanushree- Indraprastha Dental College & Dr Jatan Singli Soni- Rapuji Dental College

COMPETITIVE TABLE CLINIC-RESEARCH

1. Dr Saranya Sasidharan- Navodaya Dental College, Karnataka

QUIZ

1. Tamil Nadu Govt Dental College And Hospital
Dr Tribeni Saikia, Dr Vijay Kumari, A Dr G. Aadhirai
2. King George Medical College
Dr Raj Shekar, Dr Chandra Shekhar, Dr Rekha
3. GDC Jaipur
Dr Arpana Shekhawat, Dr Bikash Ranjan Das, Dr Nikita Modi
4. Banaras Hindu University
Dr Kavin, Dr Garima Singh, Dr Neeteesh Shukla

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KOLKATA ORTHODONTIC STUDY GROUP ACTIVITY

Kolkata Orthodontic Study Group in association with ORMCO conducted a full day CDE program on 03rd February, 2019, at Hotel Radisson, Kolkata

The guest speaker was Dr. Anmol S.Kalha. and topic was.. Simplify to simply fly Orthodontics. The program was attended by almost 35 Orthodontists from Kolkata and West Bengal. The program focused on Current trends in Orthodontics, conventional MBTsystem as well as newer concepts, ceramic braces and overall practice management.



Calendar Events 2019

MARCH
2019

25, 26, 27
FLEET Workshop
Shirdi

27, 28, 29
Wild Life Photography
Kabini

APRIL
2019

1, 2
**Post Graduate Education
Symposium**
CDER, AIIMS, New Delhi

23, 24
**Recent trends in
Orthodontics**
Lucknow



President's Message

Dear members

It was an eye opener month for all of us, finding so much talent in our student community going all out in all aspects including academic, cultural, sports and public awareness programmes

We had a grand spectacular Orthodontist Premier League 3. Around 350 orthodontists participated in form of 21 teams across the country showcasing the extra academic talent and unimosity present between them.

The 23rd IOS PG convention held at ITS Dental College, Greater NOIDA from February 21 to 24, 2019, was another excellent programme with more than 1700 students participating in it to make it a grand success. Congratulations to all participants and the winners of various events. Dr Anil Miglani, the organizing Chairman, Dr Vishal Singh, organizing Secretary and their organising & scientific team and the management of the college ensured that all delegates had a wonderful time. Another important activity was conducted at the Convention venue itself on Feb 22, namely the Constitutional Conclave. Constitutional amendments proposed by the membership were taken up by the members present and deliberated upon and a concise compendium was prepared to be discussed in the Executive council meeting scheduled the next day. A proposal to launch the next Public Awareness Campaign was passed. Looking forward for some fervent activity in the coming months. The COC of 54th IOC, took upon this occasion to release its 1st newsletter. On behalf of the IOS, a big thanks to the management of ITS Dental College, for facilitating the PG Convention & related activities.

The President and immediate Past President, Dr Shailesh Deshmukh participated in AGM of APOC held on 24th Feb in Singapore to represent Indian Contingent there.

The national and International activities launched this month have raised the Indian flag, what with the surgical strike on the terrorist activity raising our head high also.

Jai Hind, Jai IOS.

Dr. Pradeep Jain, President



From the Secretariat

Warm Greetings from Chennai,

Having recently returned from ITS Noida with great memories of the 23rd PG student convention on 21st to 24th of February 2019, I thank the organizing committee for a great convention and warm hospitality. It was nice to see close to 1500 student members of the Indian Orthodontic Society and their enthusiasm in making scientific presentations with 130 as heartening with several mails and messages requesting that they be given opportunities. The participation in sports and cultural events made it a well rounded experience.

It would be encouraging for teachers also if the same level of enthusiasm persists on the third and fourth day of the convention and I look forward to the day when we have packed halls and receive complaints that there was no seating space.

This month, we look forward to the IBO awareness programme to be held in Pune. Several other programmes in various study groups in different parts of the country are under way. As we go about our routine, let us pay homage to the brave hearts who lost their lives in the dastardly Phulwana attack. We salute the armed forces who protect our independence with their lives, so that we can continue with our routine lives.

Jai Hind, Jai IOS.

Dr. Sridevi Padmanabhan, Honorary Secretary



From the Editor's Desk (top)

Dear friends,

Orthodontic treatment is like no other. Unlike most other dental procedures, the treatment does NOT end at the culmination of the procedure on Day 1. In fact, the party has just begun. We all know this. It is only after a series of procedures do we reach the end of orthodontic treatment. Sadly, those who vie to 'learn' orthodontics to perform orthodontic procedure, on their own, more often than not, realise it after burning their fingers in a few cases. Unfortunately, by then, it is already too late, for a few amongst those who had come seeking care, under their capable hands. The common man does not understand this. For him, a doctor taking care of teeth, will take care of teeth alignment issues, too. The common man, or, for that matter, even our medical colleagues, are rarely aware of the various specialities within dentistry. It is up to us to speak out to the masses, to guide them in the right direction of the doctor who is best trained and most likely to deliver a healthy, functional and esthetic dental occlusion, in the bargain present a beautiful smile on a beautiful face - the Orthodontist. IOS TIMES is doing all it can to get the message out on social media. Request you all to propagate it further. Awareness is the key. Meanwhile, please put the ILLUSTRATED INSTRUCTIONS (collectively made available on the FB Page of IOS TIMES) to good use. It has been designed such that you can edit it to add your name to it, after taking a screenshot, or downloading it on your computer.

Best wishes.

Dr. Biju Abraham, Editor, IOS Times

IOS TIMES Committee Members

Dr. Silju Mathew, Dr Kavitha Iyer, Dr. Gaurav Gupta

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on Page 4.



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