

Official newsletter of Indian Orthodontic Society

Dr Brindha M



Dr Vaibhav Misra



Indian Orthodontic Society Foundation Day

October 5, 2019

Activities by IOS Members

Dr Pranav Chandarana



Dr Anand Tripathi



Indian Orthodontic Society **Foundation Day**

October 5, 2019

Activities by Dental Colleges

Saraswati Dental College, Lucknow



Sri Aurobindo College of Dentistry, Indore

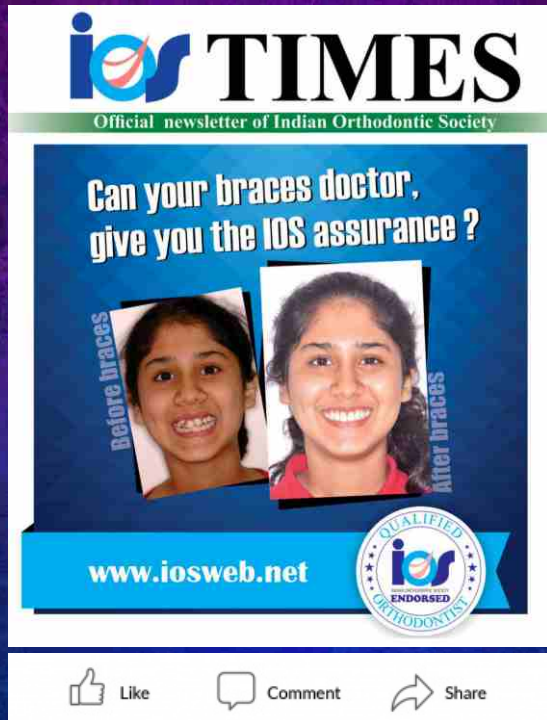


Narayana Dental College, Nellore



Subharti Dental College & Hospital, Meerut

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The First Post

The first scheduled Page 3 post of IOS TIMES was posted erroneously via the personal account of the IOS TIMES editor.

By the time it was finally blocked by Facebook (FB is very strict about individuals impersonating as associations and insist that organisations use the FB Pages for their activities) it had been *shared more than 400 times and reached more than 1 lac accounts*. All subsequent posts of IOS TIMES were posted via the FB page of the same name.



ios TIMES - Since December 2017

• 3200 👍 for the Page • 3300 Followers • 300 Posts on f Page

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July 2019 | Volume: 13 | Issue: 8

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Excellent
Oral hygiene
is mandatory



ios TIMES

March 2018 | Volume: 12 | Issue: 4

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FOR BRACES
NOT JUST ANY DENTIST
INSIST ON AN
ORTHODONTIST



The
first advisory

The **most**
shared advisory
of 2018

The **most**
shared advisory
of 2019

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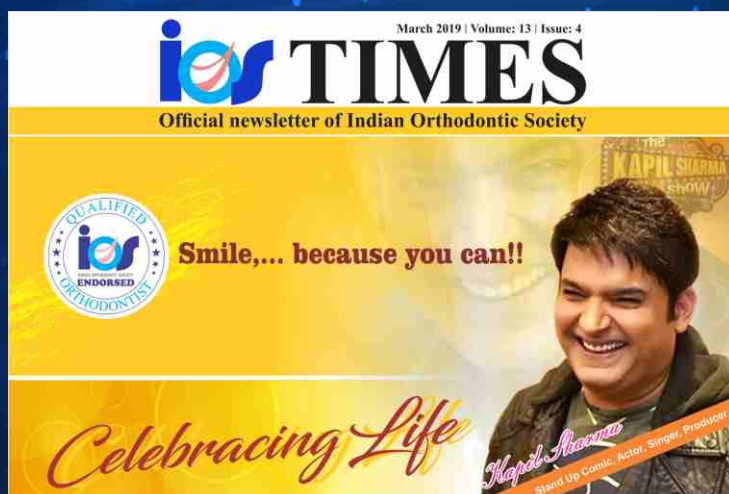
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Dr Shobha Sundareswaran, Professor and Head of the Department of Orthodontics, Government Dental College Calicut, Kerala was presented the “Kerala University of Health Sciences -The Best Teacher 2019 Award” (Dental stream) by His Excellency, the Hon'ble Governor of Kerala on 25th October 2019.

Dr. Shobha Sundareswaran completed her BDS degree as rank holder & gold medallist, and MDS degree in Orthodontics from Government Dental College, Thiruvananthapuram. She is also a Diplomat of The Indian Board of Orthodontics and Fellow of World Federation of Orthodontics.

Beside being an invited speaker to various national and international conferences, contributing to the Textbook of Research Methodology of Kerala University of Health Sciences & having a number of International and national publications to her credit, she currently serves as Section Editor of The Indian Journal Of Orthodontics and is in the peer review panel of European Journal of Orthodontics. She has developed a tool for assessing facial esthetics called the “Facial Aesthetic Index” which ensures orthodontic treatment for all needy patients. With

a teaching experience of 35 years, she actively participates in all student activities, arts/cultural programs and community outreach activities. participates in all student activities, arts/cultural programs and community outreach activities.



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The ios TIMES Regional Ambassadors



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Dr Sukhpreet Kaur



Urdu
Dr Syed Altaf



Assamese
Dr BK Roy



Gujarati
Dr Rajesh Kamdar



Hindi
Dr Bijju



Bangla
Dr Subhas Seth



Marathi
Dr Anita Karandikar



Oriya
Dr Pritam Mohanty



Kannada
Dr Santosh Ramegowda



Telegu
Dr Shubhaker Juvvadi



Malayalam
Dr Kavitha Iyer



Tamil
Dr Dheena Dayalan



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The IRONMEN
of
ios

HALFIRON
1.9K 90K 21K
SWIM CYCLE RUN
3/4IRON
2.9KM 135K 31K
SWIM CYCLE RUN
FULLIRON
3.9KM 180K 42K
SWIM CYCLE RUN



Dr Kedar Vartak
Ironman (140.6)

- Florianopolis, Brazil, May 2018
15:21 hours
- Santa Rosa, California, USA, May 2019
15:55 hours

Half Ironman (70.3)

- Dubai, UAE, Jan 2017 - 06:44 hours
- Victoria, Canada, June - 07:35 hours
- Antalya, Turkey, October 2017 - 06:39 hours
- Taupo, New Zealand, March 2018 - 06:55 hours
- Muscat, Oman, March 2019 - 07:24 hours
- Chongming, Shanghai, China, October 2019
06:39 hours

Certified Ironman Coach
since October 2019.



Dr Madhav Manoj
Ironman (140.6)

Langkawi, Malaysia,
October 2017 16:30 hours
(Due to the difficult terrain, cut off is
set at 17 hrs for this circuit,
instead of the usual 16 hrs)

Half Ironman (70.3)

Chennai, India, December 2016
7:14 hours



Dr Kannan
Sabapathy

Half Ironman (70.3)

Chennai, India,
July 2017 - 8:12 hours
Chennai, India,
December 2017
8:02 hours



Dr Arun Nayak
Half Ironman (70.3)

Goa, India,
October 2019
6:37 hours

Dr Jasmeet
Singh Sodhi

Half Ironman (70.3)

Goa, India,
October 2019
7:28 hours



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Kolkata Orthodontic Study Group Activity



Kolkata Orthodontic Study Group (KOSG) conducted a full day CDE program on **20 th October, 2019, Sunday** at Radisson , Kolkata. The speakers were **Dr Mani K. Prakash (Mumbai)** and **Dr. Ashok Surana (Kolkata)** and topic were “Mini Screw assisted Orthodontics: Basics, Altered Treatment Planning, Biomechanics and its Execution” and “Redefining the Envelope of Discrepancy with Mini implant anchorage” respectively. The program was attended by almost **40 Orthodontists and PGT'S** from Kolkata and West Bengal. The program focused on Miniscrew anchorage, Bio-mechanics, Mini-Implants in en-mass distalisation, vertical control, molar uprighting etc. with case reports.



www.54thioc.com

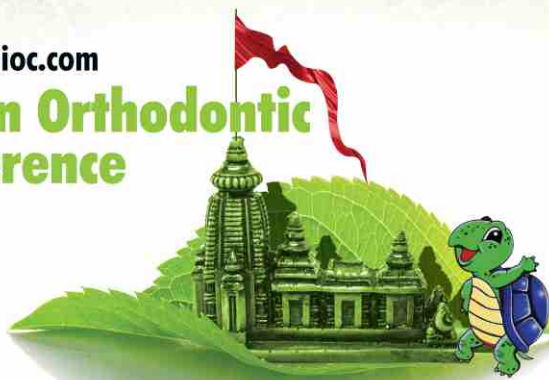
54th Indian Orthodontic Conference

Pre-conference workshop

KIIT Convention Centre, Bhubaneswar
21st November 2019

Main Conference

SOA Auditorium, Bhubaneswar, Odisha.
22nd – 24th November 2019



Conference highlights

- Theme: Innovate, actuate, integrate
- 7 pre-conference workshops with gifts from the industry
- Impressive scientific session
- State of the art conference venue
- Renowned International speakers
- Immersive tours

Manuscript Submission Portal is open,
last date to submit 20th September 2019!

Register now before it's late and pack your bags to experience India's best kept secret

Conference Secretariat:
Department of Orthodontics & Dentofacial Orthopaedics
S.C.B Dental College & Hospital, Mangalabagh, Cuttack
Secretariat Manager

Mr Udit Joshi | Mobile: 9030695668 | E-mail: ioc2019@mci-group.com
Mr Agha Hashmat | Mobile: 7008392455 | E-mail: 54thioc@gmail.com

Team 54th IOC 2019 welcomes you to
Serene, Sublime & Scenic state of Odisha &
to the temple city of Bhubaneswar

Regards

Prof (Dr.) Sanjeeb Kumar Sahu | Prof (Dr.) Surya Kanta Das
Organizing Chairman | Organizing Secretary
94372 79957 | 98610 99237



INDIAN ORTHODONTIC SOCIETY

(Registered with registrar of societies act, vellore vide no. 75 of 1992)

FOR THE LIFE MEMBERS OF THE INDIAN ORTHODONTIC SOCIETY

54th Annual General Body Meeting

Date & Time : 23rd November 2019 ,at 9.00 am

Venue : SOA convention center, Bhubaneswar .

On convening the meeting, Agenda Nos 1 to 6 (as per the present Agenda) will be taken up to start the election process. After starting the election process, the meeting will be adjourned and reconvened again at 2.00 pm to transact other remaining matters as per the agenda. Life Members are requested to be present in both sessions.

IMPORTANT

The agenda of the meeting is sent via email to the members' inbox.

Member may print the same for ready reference, if he/she wishes.

No copies will be distributed during AGM.

IOS ID card (with photo and QR code) is necessary for entering AGM hall & for voting. Provisional ID cards may be issued on producing Aadhar or other Govt. issued ID.

Life Members with numbers upto LM 4200 will be eligible to vote at the AGM.



INDIAN ORTHODONTIC SOCIETY

(Registered with registrar of societies act, vellore vide no. 75 of 1992)

FOR THE LIFE MEMBERS OF INDIAN ORTHODONTIC SOCIETY

Extra Ordinary General Body Meeting

Date & Time : 21st November 2019 ,at 2:00 pm

Venue : SOA convention center, Bhubaneswar .

Members are requested to log in with their id and password to the website - www.iosweb.net and peruse the Constitutional Amendmnets proposed, which will be taken up in the EOGM.

IMPORTANT

IOS ID card (with photo and QR code) is necessary for entering AGM hall & for voting. Provisional ID cards may be issued on producing Aadhar or other Govt. issued ID.



President's Message
Dr. Pradeep Jain,
President

Dear Friends,

After a hectic september when we conducted so many CDE activities including 3 typhodont workshops at Chennai, Indore, Cuttack, PG Orientation programs in Vizag, lingual workshop in Mathura, 2 Zonal PG Conventions in Delhi and Hasan, international exchange program in Thailand, CDE on recent trends in Chandigarh and many study group programs covering major avenues in Orthodontics and spreading to all corners of the country, we had a silent month but preparations are in full swing in Bhubaneshwar for our annual meeting. The head Office led by Dr Tridib Jaypal with Dr Silju, President Elect and our energetic Secretary Dr Sridevi visited the conference venue and have found the organising committee fully geared up to give you the best of scientific and cultural extravaganza. Around 2500 delegates are expected to attend the meeting from 21 st to 24 th Nov, 2019. Delegates are requested to reserve travel and hotel arrangements as the flights and hotels are fully booked to capacity. The Preconference Courses, EOGBM(for constitutional amendments) and IBO on 21 st will launch the conference proceedings. The IOS Times this year ,a regular issue every month have been liked and popularised in orthodontic social media as well as global public media, making it one of the best newsletter of any professional organization. Kudos to Dr Biju, the editor along with Dr Gaurav and Dr kavitha who really worked day and night to bring out these issues with so much of content. The editor was fulfilling this task along with Mission Embrace ,his brainwave for public awareness, both launced to the pinnacle of debut performance. The quality of orthodontic Care is being delivered by the IOS endorsed Orthodontist is being recognised and the success of IOS Calendar events amongst the life members and student members is exemplary On behalf of IOS Head Office, this is an opportunity to thank the editorial board of IOS Times, My Executive Committee and all the distinguished members of the society for having posed faith in me to lead Indian Orthodontic Society to its prime glory. Looking forward to exciting conference this month.



From the Secretariat
Dr. Sridevi Padmanabhan,
Honorary Secretary

Dear IOS member,

As this society year approaches the finish line, it is my privilege to share my thoughts for the last and final issue of IOS times for this year. Normally I use the IOS times to tell you what is happening in the IOS but today I choose to talk about the IOS times. We are often dismayed and angry at the illegal orthodontic courses that happen around us and we get the occasional complaint from our members demanding we do something. While the IOS has tried to fight this in the past, we had collectively realized a few years back that the way to fight these courses was to go to the public and spread the message about Orthodontic awareness and how the Orthodontist is the best person to treat malocclusions. Several office bearers over the years have done their bit to improve public awareness about Orthodontics. The IOS times started about ten years back and was intended to be a news letter connecting its members. During the term of the current editor Dr.Biju Abraham who was also the chairman of the Public Awareness committee, the IOS times became more than just a news letter for its members. It became a medium whereby members could connect not only to each other but also to the general public. Thus the IOS times which came out like clockwork every month had public awareness messages for the the seekers of our services, it carried pictures of well treated cases to impress on the public the need for competent orthodontics and it hosted celebrity interviews to carry the message that orthodontics can change your smile and your life for the better. I congratulate the editor and his team for their commitment to public awareness and to help the cause of "The IOS endorsed orthodontist". Let us reward the hard work done by continuing our support to the next editor by sharing the IOS times posts and helping our message spread far and wide.

Yours in IOS service.



From the Editor's Desk(top)
Dr. Biju Abraham,
Editor, IOS Times

Dear friends

Two years went by in a flash. From the time I decided to contest for the post of the Editor of IOS TIMES, it has always been a resolve to make the most of the opportunity given, for the benefit of the members of Indian Orthodontic Society. Be it the resolve to use the newsletter, not just to connect the members, but to communicate with the general population with orthodontic awareness content. Or getting a constitutional amendment in place, to make it possible for the newsletter to be published monthly instead of quarterly. Or using the social media in conjunction with the newsletter to widen its reach. The IOS Seal of Assurance created to give an identity to the members, which is in a manner self explanatory to the layman, was presented to the members in the sticker format, for them to use in their offices. Big thanks to the EC for considering the proposal. Mission Embrace- the IOS' social initiative needs a big push, if we are serious about creating orthodontic awareness at low costs. Throwing money and creating something, is a luxury we do not have as an association. My vision of Mission Embrace was to have it for perpetuity. I hope those at the helm take a proactive approach in promoting this initiative so that it becomes easier for the future generation of orthodontists to convince those who seek orthodontic treatment. Looking forward, I hope the work done by the IOS TIMES committees over the last two years and the Public Awareness Committee over the last seven years will be harnessed in the best possible manner to highlight the significance of an orthodontist in delivering the best possible treatment to the one seeking dental treatment of any kind. I hope the coming batches of decision makers work together to take our profession and Indian Orthodontic Society to greater heights.

Best wishes.

IOS TIMES Committee Members

Dr. Silju Mathew, Dr Kavitha Iyer, Dr. Gaurav Gupta

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Join One Day With **Ormco International Faculty**

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Pre IOC Workshop, Bhubaneswar : (PCW-5) Nov 21st 2019 (Thursday)
Venue: KIIT Convention Center, Chandaka Industrial Estate
KIIT University, Patia, Bhubaneswar, Odisha-751024

Fees: Rs.1770/-



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For Registration please log-on to below mentioned link:

<https://inmci.eventsair.com/54th-indian-orthodontic-conference/regonl/Site/Register>

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