

Official newsletter of Indian Orthodontic Society

National Integrated Typodont Workshops 2019



3 - 5
September
Bhubaneswar,
Odisha



5 - 7
September
Indore
Madhya
Pradesh



9 - 11
September
Chennai

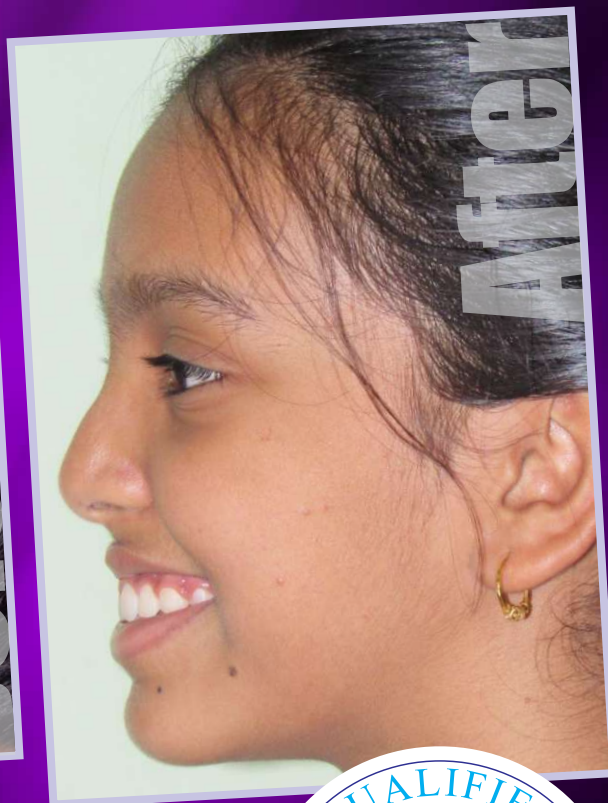


UDAAN was conducted on the 3rd, 4th and 5th of September, 2019 depicting the true picture of enthusiast trainees with distinguished academicians paving the way for excellent clinical practice. The teachers stood apart with their high level teaching standards and clinical performance with display of treated cases with profound clarity and astuteness. Several teachers had come and helped the delegates in completion of their exercise with fineness and perfection. The depth of patience exhibited by both teachers and students stood unique and the lectures went on for hours together much beyond the schedules. Perfect amalgamation of knowledge, clinical skills, delivering the best in a time frame that ignited the minds of the budding Orthodontists. It encouraged them to understand the confluence of acquiring basic theoretical knowledge and practical training that would help them achieve high quality practice. Teacher's day celebration was observed. Prizes were awarded to the delegates exhibiting high standard wire bending. The programme had cultural extravaganza refreshing the minds of the delegates. In toto, the workshop had attracted gatherings from all over India who were highly enthusiastic to learn the art and science of various mechanotherapies. A big thank you note to the teachers who left no stone unturned in bringing success to the workshop.

ORTHO-Bandhan, A three days National Integrated Typodont workshop held on 5th, 6th, 7th September 2019 at Sri Aurobindo College Of Dentistry, Indore (M.P) was a great success. The theme of this event was BEND, BOND and BUILD the FUTURE. This workshop was organized by Department of Orthodontics And Dentofacial Orthopedics under the aegis of Indian Orthodontic Society for the first time in Central India. This workshop was headed by Dr. Ashish Garg (Organizing chairman), Dr. Rakesh Thukral (Organizing Secretary) & Dr. Amit Tripathi (Treasurer) and was attended by 104 delegates from over 30 colleges across the Central India. On day 1, Dr. Puneet Batra along with Dr. Sunanda Roy Choudhary shared their valuable knowledge and gave live demonstration on Standard Edgewise Typodont (Tweed Mechanics) and Dr. Sarvaraj Kohli on Tweed Merrifield mechanics followed by Inaugural Function in evening which was accompanied by Dr. Pradeep Jain (IOS President) as Chief Guest. On day 2, the participants were taught by Dr. Sandhya Jain and Dr. Ashish Garg on MBT Typodont followed by Segmental Arch Mechanics by Dr. Madhan B. and Begg's Typodont by Dr. Girish Karandikar. On concluding day, Dr. Sanjay Labh headed the lecture along with multiple live demonstrations on Lingual Orthodontics. It was followed by Validictory function in which participants with best wire bending in various techniques were awarded. The workshop was greatly appreciated by all the delegates and faculties regarding the vast knowledge and skills they acquired through this workshop and also about the hospitality of the event.

The National Integrated Typodont Workshop, a calendar event of the Indian Orthodontic Society was successfully hosted by the Dept. of Orthodontics, Faculty of Dental Sciences from 9th to 11th September 2019. The inauguration was attended by the President, Hon. Secretary, President elect and the Chairman - Academic Council, of the Indian Orthodontic Society. The vice-chancellor, SRIHER (DU) was the Chief Guest and Dean, Faculty of Dental Sciences was the Guest of Honor. The chief guest released the workshop souvenir. One hundred and ten postgraduate students from twenty five different colleges across the country attended the program. The program included training in five different fixed appliance techniques. The five external course faculty were Dr. Puneet Batra, Editor-JIOS, Vice Principal & Head, Institute of Dental Sciences & Technologies, Uttar Pradesh, Dr. Girish R. Karandikar, Past President, IOS & Head, Bharatiya Vidyapeeth Dental College & Hospital, Navi Mumbai, Dr. S. Venkateswaran, Former Head, Chettinad Dental College, Chennai, Prof. Madan Balasubramian, JIPMER, Puducherry and Dr. Sanjay Labh, Head, Sarjag Dental College, Darbhanga. Dr. Vignesh Kailasam, Head and Prof. Sridevi Padmanabhan were the internal course faculty. The program was well received and appreciated. The hands-on demonstrations were displayed to the delegates using a visualizer. The workshop received a positive feedback from the delegates.

Is your braces doctor a member of Indian Orthodontic Society ?



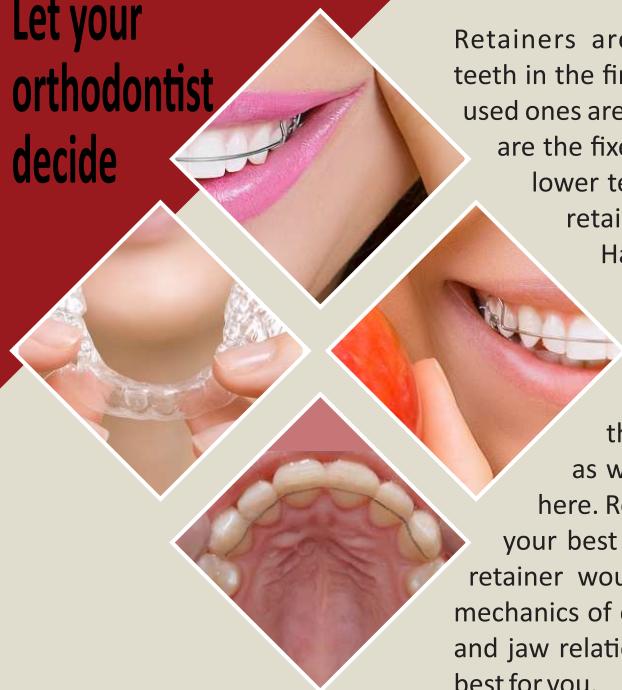
For a lifetime of healthy beautiful smile, ensure that it is made better by an Orthodontist endorsed by Indian Orthodontic Society.



Orthodontic/braces specialists receive a 2 to 3 years of specialized education and training at a Dental College, recognised by the Dental Council of India, in addition to the 5 -year basic dental training, training to learn the correct method/s to align and straighten teeth, control and utilize facial growth, enhance smile esthetics and jaw function.

Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.

Let your
orthodontist
decide



Retainers are Orthodontic gadgets designed to hold the corrected teeth in the final position, after orthodontic treatment. The most commonly used ones are called the Hawley's retainers; while the most sought after ones are the fixed retainers, which are bonded on the inside of the upper and lower teeth, where patients do not have to remove and put back the retainers, before and after eating, respectively. The removable Hawley retainers and the Wrap around retainer, another type of removable retainer, both, have a wire running across the front of the teeth which is visible while talking and smiling. The plastic part on the inside, is a speech impediment for the initial few days. The other kind of retainer which many prefer is the transparent ones, which is almost invisible when put on teeth, as well as, hardly an impediment while talking. A word of caution here. Retainers are gadgets which have an action and a reaction. It is in your best interests, that you let the orthodontist decide which type of retainer would work best for you. Your orthodontist understands the mechanics of each type of retainer, as well as, the inside story of your teeth and jaw relationships. He / She will be the best person to decide upon the best for you.

Magic of Braces



www.iosweb.net

Smart looks after the
braces was all thanks to
his teamwork with
the orthodontist



Ormco
Your Practice. Our Priority.

ADVANCED TECHNOLOGY offers 100% CUSTOMIZED BRACKET SYSTEM for you

- Ability to digitally view your new smile before starting treatment
- Precise results
- Faster treatment time
- Reduces clinical visits



SCAN



DESIGN



BUILD



BOND

INSIGNIA™

My Smile. My Way.

Call: 92238 22040, E-mail: mktg.india@ormco.com

www.ormco.in

FULL NAME : Upendra Madhukar Limaye

BIRTHDAY IS ON : 8TH NOVEMBER

ZODIAC SIGN : Scorpio

COLLEGE : Pune University

PROFESSION : Television / Stage / Film Actor

HIGH POINT IN LIFE:

1st Marathi actor to receive National Award in the history of National films award

AWARDS : Numerous awards at state level & a National Award for Marathi film "JOGWA"

ADVICE TO YOUNGSTERS: Try your best in whichever field you are. Enjoy the process of hardwork & do not expect anything. If your approach is honest you will get the positive result.

WHAT IS THE BEST YOU LIKE ABOUT YOUR PROFESSION :

I am in the creative field. So it is continuous learning process which I like the most. No V.R.S. as such in our field.

FUTURE PLANS : Just keep on learning and try to give your best performance.

HOW WOULD YOU WANT THE WORLD TO REMEMBER YOU 100 yrs

FROM NOW : In 2013 Forbes India accounted my performance in JOGWA in 25 greatest acting performances in Indian cinema in last 100 years. And would like to keep on adding in this.

WHEN SOMEONE SMILES AT YOU, WHAT IS THE FIRST THING YOU NOTICE ON THE FACE :

Positive nature

WHY, IN YOUR OPINION, IS A GOOD SMILE IMPORTANT? :

To Spread positivity

WHAT DO YOU KNOW ABOUT TEETH BRACES & ORTHODONTISTS :

My son is undergoing treatment, observing a lot of positive changes. This is how I came to know the importance of ORTHODONTIC TREATMENT.

SOCIAL MEDIA INTERACTIONS : I try my best to avoid social media as much as possible "only landline connectivity is a fantasy now which I am looking for now."

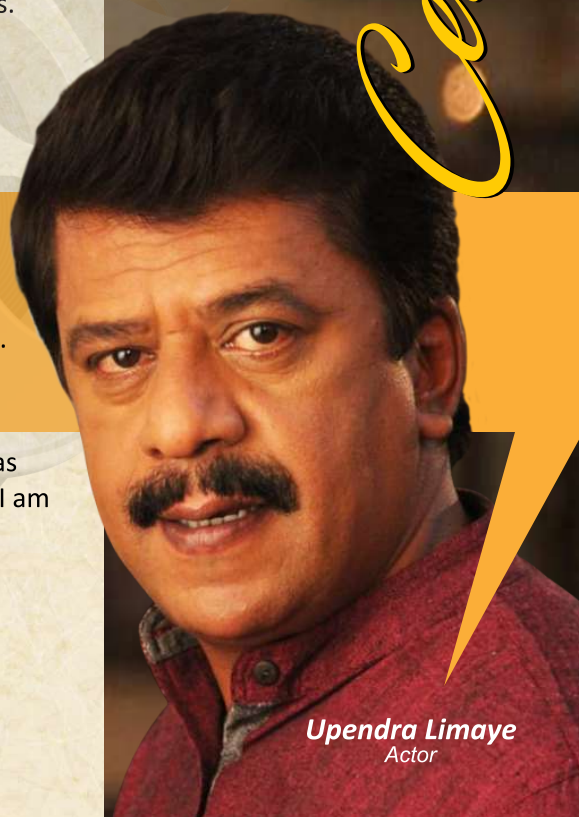
ONE PHRASE THAT DESCRIBES YOU BEST : Open kitchen.

FITNESS REGIME :

if you don't have an access to high tech gym 'Suryanamaskar' equally or rather more effective.

STARTEGY IN CRISIS : Having Patience

Celebrating Life



Upendra Limaye
Actor



5th Meeting of Executive Committee of Indian Orthodontic Society

Bengaluru
September 22, 2019



The Executive Committee of Indian Orthodontic Society met in Hotel Shivas Galaxy, Bengaluru on September 22, 2019 to conduct its 5th meeting of the Society year 2018-19. The meeting commenced on time at 9:00 am with Madam Secretary adorning the President with the jewels of

the office. Dr Ashish Barik was admitted to be the observer at the meeting. The excellent arrangement made by the team of Drs Silju Mathew, Raghunandan Chunduri, Santosh Ramegowda, Syed Altaf, Ajit Pillai, ensured that the committee members spent maximum time deliberating the matters put up in the agenda avoiding the infamous traffic jams of Bengaluru. The meeting ended at 5 pm.



Ormco
Your Practice. Our Priority.

DESIGNED FOR **COMFORT, CONVENIENCE**
AND **HIGH QUALITY RESULTS.**

- Easy To Debond
- Excellent Sliding Mechanics
- Fast, Accurate Placement
- Smooth And Comfortable

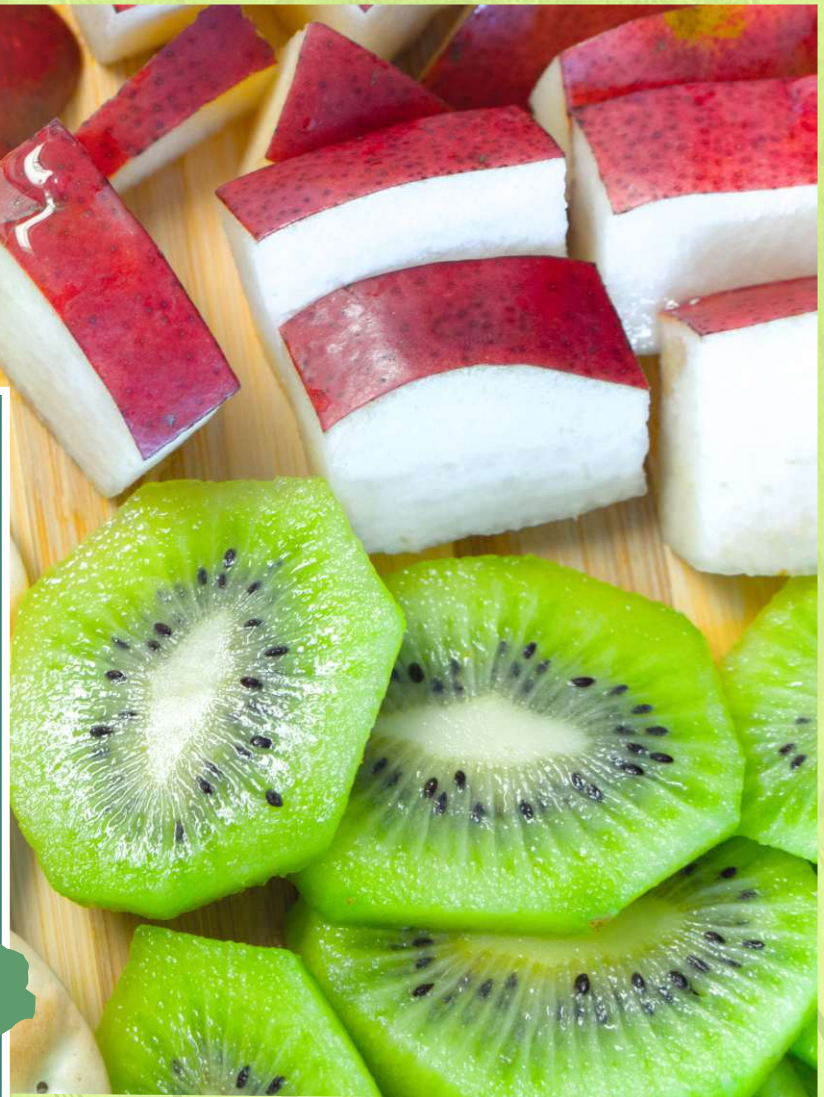


inspire
ice

Call: 92238 22040, E-mail: mktg.india@ormco.com

www.ormco.in

**With braces
fixed on
your teeth
cut food into
small pieces
to chew with
your
back teeth**



Official newsletter of Indian Orthodontic Society



RENDEZVOUS:

Expanding the knowledge

"RENDEZVOUS :- Expanding the knowledge" CDE program was conducted by Chandigarh Orthodontics Study Group lead by Prof & Dr SP Singh, Unit of Orthodontics, OHSC, PGIMER, Chandigarh, as organizing chairman under aegis of Indian Orthodontic Society, on 8th Sep 2019 at Hotel Shivalik View Chandigarh. Dr Pradeep Jain President, Indian Orthodontic society, and Dr K Gauba, HOD, OHSC, PGIMER, Chandigarh were the Chief Guest and Guest of honor respectively for the event. The Guest speakers Dr O P Kharbanda, Dr Tulika Tripathi, Dr Gurkeerat Singh, Dr Gautam Munjal, Dr K S Negi, Dr Sanjay Labh, Dr Priyank Rai and Dr Sarabjeet Singh, covered the latest topics. It was a full day feast of knowledge from morning 9 am to 5:30 pm. With more than 160 registration and invited faculty, the event was a grand success. The planning and execution of the event was done by conveners of COSG i.e Dr SP Singh, Dr Gautam Munjal, Dr Sohinderjeet Singh, and Dr Sarabjeet Singh. The event was hosted by Dr Sanjeev Verma and Dr Vinay Kumar proposed vote of thanks. Hospitality, registration and certificate distribution was done by Dr Raj Kumar Verma and team.



Official newsletter of Indian Orthodontic Society



SOUTH ZONE ORTHODONTIC PG CONVENTION

Hassan- Karnataka,
20-22 th Sep.2019,

The 2019 South Zone Orthodontic PG convention was held at Hassan, Karnataka and was organized by the Department of Orthodontics, Sri Hasanamba Dental College. The convention was of 3 days, held from 20 th to 22 nd September 2019 & the pre-Convention Workshop on 19 th September 2019. Dr Reji Abraham, Dean (Administration) & Head of the Department of Orthodontics, Sri Hasanamba Dental College, Hassan was the Organizing Chairman. Dr Chetan S, Professor in the same department was the Organizing secretary. Prof. Dr. Pradeep Jain inaugurated the convention in the presence of other office bearers of the IOS & the managing trusty of the Hasanamba Educational Trust, Adv Kavitha HC. The convention was well attended with around 350 student delegates and 40 life members participating in the event during which 30 eminent speakers shared their knowledge. Around 300 student delegates presented scientific papers, posters and table clinic.

The Pre-Convention Workshop was on Functional & Orthopaedic appliances. Dr Wasundhra Bhad, Professor & Head of the Department of Orthodontics, GDC Nagpur was the course director of this well appreciated Hands-on Workshop. The South Zone PG Convention at Hassan was a landmark event in many ways. The resource persons imparted their knowledge in one main hall. All the student presentations were in the competitive category and awards were given to the best scientific presentations for each session in every hall.

The registration fees was nominal and all the participants were provided with all meals. Refreshments were also provided at their seats every hour. Free guided tours were arranged to Belur & Shettihalli. All the delegates appreciated the 'Hassan Hospitality' and the well managed and packed scientific activity at the Zonal PG Convention Hassan-2019.



Official newsletter of Indian Orthodontic Society



NORTH ZONE ORTHODONTIC PG CONVENTION

New Delhi,
27-29 th Sep.2019,

The North Zone Orthodontic PG Convention was organized by Department of Orthodontics, Faculty of Dentistry, Jamia Millia Islamia, New Delh from 27-29 th Sep.2019, with Prof. Dr. Ragini as the Organizing Chairperson and Prof. Dr. Panchali Batra as Organizing Secretary. The diligent team of Department of Orthodontics also includes Dr. Priyanka Kapoor as scientific chairperson and Dr. Harneet Kaur and Dr. Anurag Negi as joint secretary of the convention. The theme of the Convention was "Problem Based Learning" which is a student centric approach with students taking the lead in decision making. This will empower the learner to integrate theory and skills in developing a viable solution to a clinical scenario. The scientific convention had around 300 delegates participating in the convention and around 250 student scientific paper and poster presentations from across the country. There were 3 pre-convention hands-on clinical courses conducted by Dr. OP Kharbanda, Dr. Viren Sardana, Dr. Tulika Tripathi, Dr. Sandhya Maheshwari, Dr. Priyank Rai, Dr. Chetan Jayade, Dr. Jayesh Rahalkar and from esteemed institutes like

Maulana Azad Institute of Dental Sciences, Aligarh Muslim University and CDER, AIIMS, CSIR-Chandigarh and DY Patil Pune. The courses were on Auto Ceph, Myofunctional appliances, and Biomechanics in Orthodontics. National and International speakers gave their talks on various latest and emergent topics of interest on 28 th and 29 th Sep.2019. There was also trade exhibition of Dental products on the same days.

The highlight of this convention was a Panel discussion on "Career Opportunities In India And Abroad". The Panelist for this discussion are: Dr. OP Kharbanda from CDER AIIMS, Dr. Nitika Monga from ICMR, Dr. Rajat Mitra from Army Dental Centre, Dr. Sameer Sheikh from UAE, Dr. Badri Thiruvengkatchari from University of Manchester, UK, Dr. Vinay Chugh from AIIMS Jodhpur, Dr. Mohit Mittal from University of Sheffield, UK. The discussion was moderated by Dr. Sridhar Kannan from Manav Rachna Institute. The students were highly benefitted by this panel discussion, first of its kind in India, as they came to know about various avenues that can be taken up after their post graduation in the research, clinical and academic fields.



Official newsletter of Indian Orthodontic Society

INTERNATIONAL EXCHANGE PROGRAM REPORT

18-24 September, 2019

Thailand

Five life members of the Indian orthodontic Society visited the Faculty of Dentistry, Chiang Mai University and ThaAO's Mobile Cleft Centre, Sawanpracharak Hospital, Nakhon Sawan (Thailand) for the International Exchange Fellowship program from September 18th to 24th, 2019. The delegation was led by Dr. Ankit Sikri, who was the chief coordinator of this program. Along with him, Dr. Kratika Mishra, Dr. Rahul Bachwani, Dr. Puneet Gupta and Dr. Tamizhmani were also the part of the team.

The team visited the Department of Orthodontics in Chiang Mai University from Sep 18th to 20th. They were formally welcomed by the Dean of the University where everyone was awarded a memento and certificate and then they went on to meet the faculty members and post graduate students in the

department. All three days, they observed the patients who were visiting the clinics. The team also attended lectures and case presentations which were hosted by the faculty members and students of the department.

After the three days of an academic extravaganza, the team went to the mobile cleft center of Sawanpracharak Hospital, Nakhon Sawan. The team was officially welcomed by the President and Secretary of Thai Association of Orthodontists along with some senior members like Dr. Somchai Satravaha. The team spent the whole day in the hospital observing various cases of cleft and attended the case presentations too. Dr. Ankit Sikri thanked all the faculty members and supporting staff with a concluding speech on behalf of all the delegates. The team was overwhelmed by the hospitality they got throughout this program.

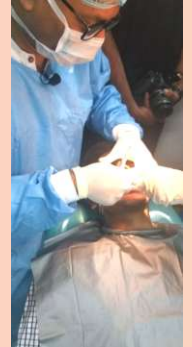


Official newsletter of Indian Orthodontic Society

KD Dental College, Mathura Activity Report

KD Dental College organizes another successful educational event, yet again!

K D Dental College, Mathura has taken a praiseworthy initiative of bringing in one of the most significant Indian pioneers of orthodontic specialities. Professor and Head, Dr Kuldeep Dmello, Deptt. of Orthodontics invited the President of the Lingual Orthodontic Society , Professor Dr Surya Kanta Das, himself, who also holds credit of being a titular fellow and active member of the European Society of Lingual Orthodontics or ESLO and World Society of Lingual Orthodontics or WSLO. Dr Das DLAR software and a unique technique quite popular in the field of Orthodontics, the Hiro technique. Thirty participants across the country gathered for the hands on workshop that included two lunch and a Gala dinner.



The amicable host, professor Dr Kuldeep Dmello acknowledged the eminent speaker , thanked the Vice Principal Professor Dr Shishir Mohan for his graceful presence and appreciated all delegates for their overwhelming response. This series of workshop, held in K D Dental College and Hospital is a really great endeavor in terms of scientific and educational awareness in the field of Orthodontics and as promised by the coordinator team, is one of the many to come.



October

5

Pan India
IOS Foundation
Day


Calendar Events 2019

November

21-24

Bhubaneswar
54th
Indian Orthodontic
Conference