

# ios TIMES

Official newsletter of Indian Orthodontic Society



52<sup>nd</sup>

Indian  
Orthodontic  
Conference  
Jaipur

A  
GRAND  
SUCCESS



The 52nd Indian Orthodontic Conference, was organized with great pomp and splendor at BM Birla Auditorium, Jaipur from November 17-19, 2017. The conference registered the largest-ever gathering of Orthodontists as well as orthodontic post-graduates from all over the world. As it stands, it was also one of the biggest scientific delegations of foreign and national speakers to impart knowledge on the advanced CAD-CAM technology that has revolutionized the field of Orthodontics.

This year, two new concepts were introduced to the format of the conference. A pay-and-eat food court was made available to the guests. Second, a conference mobile app was offered to attendees to keep track of events. Both were very well received by the delegates.

Five pre-conference workshops were organised. Each conducted by luminaries in their fields - Dr William Clark, Dr O.P. Kharbanda, Dr Anoop Sondhi, Dr Rohit Sachdeva, Dr Sandra Tai, Dr Pravin Shetty and Dr Tushar Hegde. The orations were carried out by Dr Anmol Kalha, Dr Rohit Sachdeva, Dr Surendra Shetty, and Dr Pradeep Tandon.

Dr. Shailesh Deshmukh took over as the President of Indian Orthodontic Society 2017-18. Dr. Pradeep Jain won the Society elections to be the President Elect and Dr. Balvinder Singh Thakkar, Organising Secretary of 52nd IOC, was elected unopposed as the Vice President of the Indian Orthodontic Society for the year 2017-18

The grand inaugural function of the event was held at B.M. Birla Auditorium showcasing the journey of the Indian Orthodontic Society in all its richness. It was followed by a memorable cultural evening complete with glittering performances rendered by Rajasthani Bhangra artists and Ghazal singers. A lavish presidential banquet dinner on Day 2 was followed by an enthralling Bollywood Night Party.

It was a three-day fest complete with luxury, cultural treats, intellectual discussions, and full dose of fun. It will be remembered by many for long!

## AWARDS AT 52<sup>ND</sup> IOC JAIPUR, NOVEMBER 2017



**Dr. AV Arun's Outstanding Professor Award**  
Prof. Dr. R.V.Sable



**IOS Lifetime Achievement Award**  
Dr. Mani. K. Prakash



**Dr. Keki Mistry's Scroll Of Honor**  
Dr. Girish Karandikar: Year 2016-17

**Dr. Keki Mistry's Scroll Of Honor**

Dr. Vijay Jayade: Year 2015-16

**IOS Appreciation Awards**

Dr. Rajalakshmi S. J.

Dr. Sudhakar Kolla

Dr. Suresh Gorantla

Dr. Dhaval Fadia

Dr. Pradeep Tandon

**Dr. Savita Ramesh Vaid's Best Study Group Award**

Bangalore Orthodontic Study Group

**IOS Life Member Research Award**

Dr. Venkata Yagnesh Mantha

Dr. Major Rajkumar Maurya

Dr. Panchali Batra

**IOS Student Member Research Award**

Dr. Ekavenika Kovelakar

Dr. Naaz Parveen Shaik

**Dr. J G Kannapan's Best Dissertation Award**

Dr. Honey Gurbaxani

Dr. Preetham Ravuri

**Dr H.D Merchant Award For Preventive Orthodontics**

Dr. Venkata Yagenesh Manitha

**Dr. George Jacob's Award For Clinical Innovation**

Dr. Major Rajkumar Maurya

**Dr P. P Jacob's Award For Best Paper Published In JIOS**

Dr. Harneet Kaur

## Can your braces doctor, give you the IOS assurance?

Before braces



After braces

For a lifetime of healthy beautiful smile,  
ensure that it is made better by  
an Orthodontist endorsed by  
Indian Orthodontic Society.



Orthodontic/braces specialists receive a 2 to 3 years of specialized education and training at a Dental College, recognised by the Dental Council of India, in addition to the 5-year basic dental training, training to learn the correct method/s to align and straighten teeth, control and utilize facial growth, enhance smile esthetics and jaw function.

Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.



## First consultation with an orthodontist at 7 years of age

The Indian Orthodontic Society, the national association of qualified orthodontists in India, recommends that your child get a check-up with an Orthodontist no later than age 7 years - more often than not, it is around the time, when the first milk teeth fall off.

Think of it as an orthodontic “vaccination” check up. Most of us take the trouble of visiting a paediatrician for our children to get them vaccinated even though the child is less likely to catch any of the deadly diseases for which he/she is vaccinated, we surely get the vaccines administered, as recommended by the paediatrician.

By seven years of age, the child has enough permanent teeth for an orthodontist to determine whether an orthodontic problem exists or is developing. The child’s check-up with the orthodontist may reveal that your child’s teeth alignment/ bite is fine. Perhaps, the orthodontist may recommend monitoring the child’s growth and development. And then, if indicated, may begin treatment at the appropriate time for the child. In other cases, the orthodontist may find a problem that can benefit from early treatment.

After the initial check up at 7 years of age, if the teeth and jaws are developing normally, an annual visit to the orthodontist is the way forward. Unless, of course, if the orthodontist has advised you an earlier visit. One way to remember the orthodontist’s annual appointment at this stage would be to link it with some important event in the child’s calendar year, say, birthday, annual day, etc.. If it appears that your child will need treatment at some point, your orthodontist can advise you about the best time to begin.



## Spot the difference



Kshitija, aged 10 yrs walked in with the smile on the left in the Orthodontist's office. Two years later she walked out with the smile on the right. Can you spot the difference.

[www.iosweb.net](http://www.iosweb.net)

Celebrating Life



## SMILE IS WORTH A MILLION DOLLARS

*Dr. Rajalakshmi S. J.*  
ORTHODONTIST

**Home town** Bangalore

**School** St. Teresa's Convent

**College** Govt Dental College, Bangalore

I am blessed with 2 different lives in the same lifetime one of the abled & other of the differently abled. My journey on wheelchair began when I was 21 years old due to a road accident leading to spinal cord injury, unsuccessful surgeries & a wheelchair for lifetime.

**Been there (on wheelchair), done that**

Bachelors of dental surgery - Gold medallist  
Course in Psychology  
Fashion Designing  
Vedic Yoga  
Research on genetics

**Currently**

Assistant Professor in a dental college.  
Proprietor of S J Dental Square.  
Chairperson of S J Foundation which works for the causes of the disabled.  
Conduct free dental health camps at schools.  
Peer trainer for wheelchair training programs.  
Participate in wheelchair basketball & wheelchair dance.  
Chief guest & a motivational speaker at several events including Google.

**Laurels**

Rated as one of the bold women in India.  
Awarded as a positive hero & a women of substance.  
Won a legal battle for the rights of disabled in education.  
Organized Miss Wheelchair India 2015.  
Won Miss Popularity title at Miss Wheelchair World 2017 at Poland, Europe this October.  
Received national appreciation awarded by Indian Orthodontic Society.  
National award for Role model of India by Government of India, December 2017.

**Advice to youngsters**

Compete with yourself.  
Be your own best friend.

**What is the best you like about your profession**

- It's a noble profession. It is very satisfying when I see my patients smile happily after treatment. That smile is worth a million dollars

**Did u have braces?**

Yes I did have. That inspired me to become an Orthodontist.

**One word that describes you best** Ambitious

**Fitness regime** Gym, diet

**Strategy in crisis** Move with the wind.

**Personal interests**

Interior designing, singing, dancing, painting, swimming.

Travelled 11 different countries on my wheelchair.

Love driving customized hand driven car & have mapped various road trips.

**Looking in to the future**

Hope to win a legal battle for rights of disabled in job.

Working to expand my dental office to 2<sup>nd</sup> branch.

Gearing up for wheelchair tennis tournament, TEDx talk.



# ios TIMES

MEMBERS' SECTION

Official newsletter of Indian Orthodontic Society



**Dr. Shailesh Deshmukh**  
President



**Dr. Deepak Chandra**  
Honorary Secretary



**Dr. Balvinder Singh Thakkar**  
Vice President



**Dr. Pradip Jain**  
President Elect



**Dr. Chandra Shekhar G.**  
Immediate Past President



**Dr. Kannan Sabapathy**  
Honorary Joint Secretary



**Dr. K. Balaji**  
Honorary Treasurer



**Dr. Sridevi Padmanabhan**  
Editor, JIOS



**Dr. Pradeep Raghav**  
Editor, JCO-IOS



**Dr. Biju Abraham**  
Editor, IOS Times

## Team for the year 2017-2018



Dr. Amanish Singh Shih



Dr. Anand K. Patil



Dr. Digvijay Patil



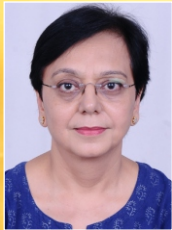
Dr. Divyaroop Rai



Dr. Jayesh S. Rahalkar



Dr. K.M. Keluskar



Dr. Mala Ram Manohar



Dr. Mandava Prasad



Dr. Mridula Trehan



Dr. Pravin Shetty



Dr. Puneet Batra



Dr. Rajaganesh Gautam



Dr. Sall Nene



Dr. Shailesh Shenava



Dr. Sarabjeet Singh



Dr. Sarvraj Kohli



Dr. Shubhaker Rao Juvvadi



Dr. Silju Mathew



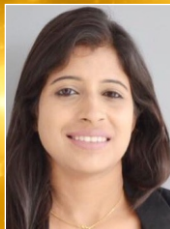
Dr. Sleeva Raju



Dr. Sudhir Kapoor



Dr. Surya Kanta Das



Dr. Swati Acharya



Dr. Tradib Jayapal



Dr. Vaibhav Misra



Dr. Vinod Krishnan



## Presidential IOS Program 2017-2018

DECEMBER 2017

S	M	T	W	T	F	S	
					1	2	
31							
3	4	JIOS Symposium Bharati Vidyapeeth, Pune					9
10	11	12				16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

JANUARY 2018

S	M	T	W	T	F	S
	1	Orthodontic Cricket Premier League Bangalore			5	6
7	8				12	13
14	15	16	17	18	19	20
21	22	23	24	25		
28	29	30	31	Wild Life Photography Kaziranga National Park, Assam		

FEBRUARY 2018

S	M	T	W	T	F	S
					2	3
4	5	IOS PG Convention, D.Y. Patil**, Navi Mumbai				
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	**Surprise event planned		

MARCH 2018

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
APOS Conference Boracay Island, Philippines				21	22	23
25	26	27	28	29	30	31
						Teacher's Training Program JSS Dental College Mysore

APRIL 2018

S	M	T	W	T	F	S
1	2	3	Research Program AIIMS, New Delhi			7
8	9	10				14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY 2018

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	AAO Annual Session Washington D.C. USA			26	
27	28	29	30	31		

JUNE 2018

S	M	T	W	T	F	S
					1	2
3	4	5	Bond with the Best D. Y. Patil, Pune			9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
						PG Orientation Program, Belgaum

JULY 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	IOS Mid Year Convention Brussels & Amsterdam			12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUGUST 2018

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	Interdisciplinary Symposium Mumbai			18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER 2018

S	M	T	W	T	F	S
30	Typhodont workshop Rangoonwalla, Pune					1
2	3	4	5	6	7	8
9	World Implant OC Bali, Indonesia			13	14	15
16	17	18	19	20	21	22
					28	29
						Zonal PG Convention Subharati, Meerut

OCTOBER 2018

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	Orthodontic Week				12
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

OCTOBER 2018

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	Typhodont workshop, Kolkata				12
	1	2	3	4	5	6
7	Typhodont workshop, AIIMS, New Delhi				12	13

DECEMBER 2018

S	M	T	W	T	F	S
30	31					1
2	3	4	5	6		
	10	11	12	13	14	15
						53rd IOC, Kochi
16	17	18	19	20	21	22
23	24	25	26	27	28	29

## President's Message



Dear Members,

The new look IOS Times is indeed a huge step forwards for the Indian Orthodontic Society. The IOS times is going to mainly focus on Public Awareness which is the need of the hour. The IOS is leaving no stone unturned to build the idea of "BRAND ORTHODONTIST".

My dear colleagues, I am very sure that the IOS Times in its new avatar will channelise the Indian diaspora to recognise the Orthodontist as a super specialist. I whole heartedly congratulate the Editor of the IOS Times and his team for bringing out a revolutionary newsletter which will benefit each and every IOS member in building a brand image for the Orthodontic Community.

God be with us.

**Dr. Shailesh Deshmukh**  
President

## From the Secretariat



Dear Members,

I am glad that we could continue with our news magazine this year, the IOS Times.

The IOS times now has a very dynamic editor. The IOS times will be our pride and we will show case all our events and member achievements to the rest of the world.

We have crossed the 3500 mark of Life Members. This makes us a very big professional Dental body in India. With such a big organisation comes greater responsibilities. I am looking to hearing suggestions from all of you as to how you would want IOS to serve you.

As we come to the beginning of the IOS year, I would like all of you to join us for the IOS events that are lined up for the year.

**Dr. Deepak Chandra**  
Honorary Secretary

## RESULTS COMPETITIVE PRESENTATIONS, 52<sup>nd</sup> IOC, JAIPUR

### RESEARCH

Dr. Shivratna C Savadi's Award for Best Research Paper

**Dr. Dipti Shastri**

Ms. Sandhya Seshadri's award for second best research paper

**Dr. Bharat Khanna**

Third Best paper

**Dr. Jaskirat Singh**

### PAPER CLINICAL

Dr. Ashima Valiathan's award for Best Clinical paper

**Dr. Arun Nayak**

Dr. Anil Kumar Mehrotra award for second best clinical paper

**Dr. Dinesh Chander Chaudhary**

Third Place

**Dr. Hrushikesh Aphale**

### CLINICAL INNOVATION

Dr. Neeta Bhagtani Award for best paper clinical innovation

**Dr. Vipul Kumar Sharma**

Sai Pranav Memorial award for second best paper clinical innovation

**Dr. Poonam K Jayaprakash**

### POSTER PRESENTATION -RESEARCH

**Dr. Amol Patil**

### POSTER PRESENTATION - CLINICAL

First Place

**Dr. Pratik Chandra**

Second Place

**Dr. PS Haritha**

### POSTER GENERAL

First Place

**Dr. Ajit Jaiswal**

Second Place

**Dr. Shalini Zankar Baxi**

### TABLE CLINIC

First Place

**Dr. Vasu N Patil**

*Congratulations to all the Prize winners !*



**JOURNAL OF INDIAN  
ORTHODONTIC  
SOCIETY SYMPOSIUM**

**22-23 December 2017**

**Bharati Vidyapeeth Deemed University  
Dental college & Hospital, Pune.**

**Department of Orthodontics and  
Dentofacial Orthopedics.**





# From the Editor's Desk(top)

Dear members,



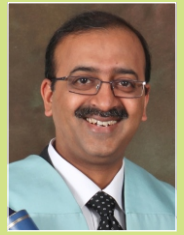
Greetings. IOS Times has long languished in the netherlands of the cyber world, ever since it was mandated to be in the e-format. It is time to change that. With the approval given at the Annual General Body Meeting, Jaipur to take the IOS Times beyond the membership, it gives us an opportunity to use the medium to create awareness in the general population, about orthodontics & orthodontists.

IOS Times will henceforth, be a monthly publication.

While the entire newsletter will be provided to the members via email, the general section of the newsletter will be shared over social media, in a systematic manner, so that any citizen of the cyber world can access it freely. The general section will strive to achieve the third primary objective for which our society was formed in 1965, namely, educate the Indian Public about the importance of Orthodontics. Members are expected to join hands with the IOS Times in its efforts to make it the voice of orthodontists in India.

**Dr. Biju Abraham**  
Editor, IOS Times

IOS TIMES thanks Dr. Jayesh Rahalkar for contributing the patient pictures on page 3 & 4



## Acknowledgements

IOS TIMES thanks Dr. Silju Mathew for conducting the interview with Dr. Rajalakshmi S. J. on its behalf



IOS TIMES Committee Members  
**Dr. Pradeep Jain, Dr. Salil Nene**

## GDC Nagpur, Golden Jubilee Orthodontist Alumni Meet 6<sup>th</sup> to 8<sup>th</sup> Oct 2017



The year-long golden jubilee of the Government Dental College, Nagpur kicked off with three day meet of Orthodontists who are alumni of the college. The program was hosted by Department of Orthodontics GDC Nagpur under the leadership of Dr. Mrs. Wasundhara A. Bhad (Patil) (HOD) and Dr. Santosh Chavan. The grand inauguration was done by Dr Rajiv Borle, Vice Chancellor, DMIMSU, Wardha. The other distinguished guests included Dr. Arya, Dr. Karia, Dr. Sindhu Ganvir (DEAN, GDC), Dr. Mr. and Mrs. Hazarey. The program was attended by more than 40 alumni members from across the country and abroad.

The program started with inter-collegiate clinical meet on treatment planning of surgical orthodontic cases followed by

excellent talks on Digital applications in Orthodontics and aligner treatment in orthodontics by Dr. Deepak Rai, Dr. Arun Nayak and Dr. Neeraj Rohida. The formal inauguration by Dr. Rajiv Borle, VC, DMIMSU, Wardha was followed by a fun filled cultural program and appreciation for various achievements of alumni of the department. Third day of the meet was enjoyed by all alumni members at Pench National Park for which excellent arrangements were done by Dr. Matrishva Vyas. The meet ended with everlasting memories for each member and promise for future similar endeavors by the department.



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# ORTHODONSTIST PREMIER LEAGUE BANGALORE

16-17 JANUARY 2018



## Invitation

Bangalore Orthodontic Study Group and Indian Orthodontic Society are committed to organize the Orthodontic Premier League 2018. OPL 2017 was a grand success in bringing together the entire Orthodontic fraternity of India to spread awareness to the public. We are breaking boundaries and are highly confident that OPL 2 will be a bigger success as an Orthodontic public awareness event. We request all of you to participate in OPL 2 to be held on 16<sup>th</sup> and 17<sup>th</sup> January 2018 and make this event a grand success.



**Dr. C Deepak**  
 Honorary Secretary



**Dr. Shailesh Deshmukh**  
 President  
 Indian Orthodontic Society



**Dr. Balvinder Singh Thakkar**  
 Vice President

<p>Convention Partner : </p> <p>Airline Partner : </p> <p>Hotel Partner in Brussels : </p> <p>Hotel Partner in Amsterdam : </p>	<p></p> <p><b>MID YEAR CONVENTION 2018</b></p> <p><b>July 25th to 31st</b></p> <p><b>Brussels &amp; Amsterdam</b></p> <p>6 Nights   7 Days</p> <p>FOR BOOKING PLEASE CONTACT: Dr. Gaurav Gupta +91-98604 67872   Email : iosmyc2018@gmail.com        Naman Malhotra +91-99115 03505   Email : naman@journeystyle.com</p>	<p>IOS Committee</p> <table border="0"> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Dr. Shailesh Deshmukh President, IOS</td> <td>Dr. Balvinder Singh Thakkar Vice President, IOS</td> <td>Dr. Deepak Chandra Hon Secy, IOS</td> </tr> </table> <p><b>Brussels :</b></p> <p>Antwerp City tour   Brussels City tour   Grand Place        Manneken Pis   Atomium   Visit to Ghent        Bruges city Tour</p> <p><b>Amsterdam :</b></p> <p>City tour via canal cruise   Zaanse Schans   Windmill &amp;        Cheese Farm visit   Vollenham   Heineken Experience        Den Hague city tour   Madurodam Visit        Gala Night at a lakeside restaurant with folklore</p> <p>IOS MYC 2018 Organizing Committee</p> <table border="0"> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Dr. Jayesh Bahalkar Organizing Chairman</td> <td>Dr. Gaurav Gupta Organizing Secretary</td> <td>Dr. KM Keluskar Scientific Chairman</td> </tr> </table>				Dr. Shailesh Deshmukh President, IOS	Dr. Balvinder Singh Thakkar Vice President, IOS	Dr. Deepak Chandra Hon Secy, IOS				Dr. Jayesh Bahalkar Organizing Chairman	Dr. Gaurav Gupta Organizing Secretary	Dr. KM Keluskar Scientific Chairman
Dr. Shailesh Deshmukh President, IOS	Dr. Balvinder Singh Thakkar Vice President, IOS	Dr. Deepak Chandra Hon Secy, IOS												
Dr. Jayesh Bahalkar Organizing Chairman	Dr. Gaurav Gupta Organizing Secretary	Dr. KM Keluskar Scientific Chairman												

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