

10th World Implant Orthodontic Conference

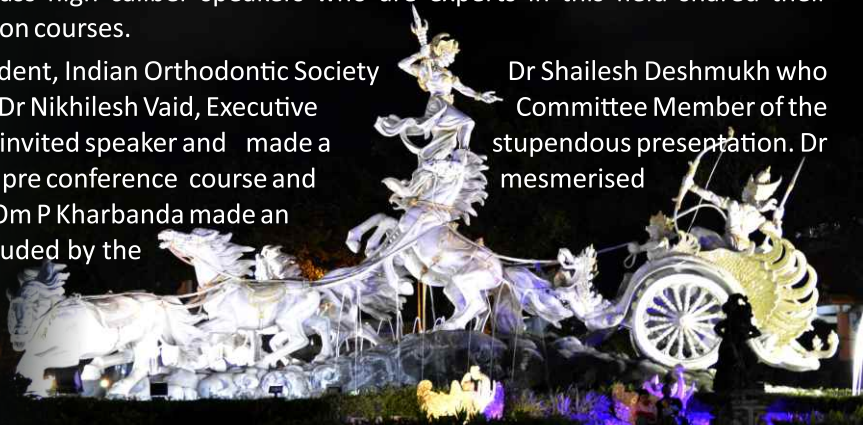


10th WIOC 6 - 8 Sept, 2018

The 10th World Implant Orthodontic Conference 2018 (WIOC) was successfully organised in conjunction with 13th Indonesian Association of Orthodontists (IAO) Annual Meeting at Bali, Indonesia. The meeting was arranged at the sprawling Bali Nusa Dua Convention Center (BNDCC) by the Indonesian orthodontic society (IAO). The success of the meeting was a culmination of the joint effort put together by World implant orthodontic association (WIOA) and the Indonesian association of orthodontists. The WIOC conference brought together all orthodontists globally, regionally and of course, locally, to foster seeds of orthodontic knowledge, especially in the field of temporary anchorage devices (TADs) which has now become a new paradigm in orthodontics. World class high caliber speakers who are experts in this field shared their expertise in the meeting along with hands-on courses.

The Indian contingent was led by the President, Indian Orthodontic Society was an invited speaker for the WIOC 2018. Dr Nikhilesh Vaid, Executive World Federation of Orthodontists was an invited speaker and made a N R Krishnaswamy conducted a successful pre conference course and the audience with his splendid lecture. Dr Om P Kharbanda made an astounding presentation which was applauded by the audience. Another presentation which received an overwhelming response was from Dr Ajit Kalia who was an invited speaker at WIOC 2018.

Dr Shailesh Deshmukh who Committee Member of the stupendous presentation. Dr mesmerised



Subharti Dental College & Dept of Orthodontics conducted the 18th IOS Zonal Orthodontic PG Convention on 21st & 22nd Sept 2018. The event had great scientific

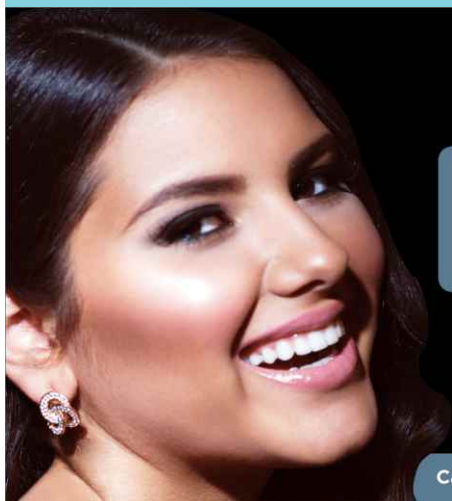
IOS Zonal Orthodontic PG Convention

21st & 22nd Sept 2018

content, which included lectures from eminent speakers like Dr OP Kharbanda, Dr Pradeep Tandon, Dr Sridhar Premkumar, Dr S Venkateswaran, Dr Ajit Kalia, Dr Kiran Kumar, Dr Gautam Munjal, Dr Gurkeerat Singh, Dr Priyanka Kapoor & Dr Priyank Rai. Other than the lectures, the event also included panel discussion where the delegates were able to interact and discuss their day to day treatment related problems to the fullest. The panel included Dr Amit Bhardwaj, Dr Anand Tripathi, Dr Pratik Chandra. The PG delegates, too, presented posters with enthusiasm.

The inauguration ceremony which was presided over by Dr. Balwinder S Thakkar, vice-president IOS and was graced by the special guest of ceremony Dr Hemant Sharma, EC member DCI, other dignitaries in attendance included Dr Pradeep Jain, Pres. Elect IOS, Dr NK Ahuja, VC SVSU, Dr Shalya Raj, CEO SVSU & Dr Nihil Srivastava, Principal SDC. The jam packed event also found some time for fun & frolic as a Gala Dinner was held where everyone got to relax and rejuvenate.

A major attraction of the event was starting of a new tradition of distributing pen drives to the delegates with key articles of orthodontics which were contributed by pioneers of Orthodontics in India. A special thanks to Dr. Munish Reddy who was the man behind compiling all the articles. The event, under the guidance of Dr. Pradeep Raghav, Organizing Chairman of the convention, was a grand success.



INSIGNIA

100% Customized for you

WHAT DOES THIS MEAN?

- Faster treatment time*
- Fewer office visits*
- Precise results
- Ability to digitally view your new smile before starting treatment

*Wibier DJ 2nd, Koroluk LD, Phillips C, et al. Clinical effectiveness and efficiency of customized vs. conventional preadjusted bracket systems. J Clin Orthod. 2013;47(4):261-266.

Call: 92238 22040 / Toll-Free: 1800 103 1607

www.ormco.in

Official newsletter of Indian Orthodontic Society

**Is your braces Doctor
a member of
Indian Orthodontic Society ?**



For a lifetime of healthy beautiful smile, ensure that it is made better by an Orthodontist endorsed by Indian Orthodontic Society.



Orthodontic/braces specialists receive a 2 to 3 years of specialized education and training at a Dental College, recognised by the Dental Council of India, in addition to the 5 -year basic dental training, training to learn the correct method/s to align and straighten teeth, control and utilize facial growth, enhance smile esthetics and jaw function. Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.

www.iosweb.net

Official newsletter of Indian Orthodontic Society

Braces for all ages

Braces can be put for all age groups, not just for children. Braces, put simply, move teeth from one position to a better one, under the direction of the orthodontist. Advances in orthodontics, have made treatment better for people of all ages. Orthodontic forces can move healthy teeth successfully at any age. For the dentally compromised, orthodontists work with other dental practitioners to provide a comprehensive treatment plan . to create a better bite, making teeth fit better, and decreases the risk of future dental problems. The latest appliances used by orthodontists are barely noticeable and are designed to minimize the appearance of the appliance. Some temporary adjustments will be required, initially, when the braces are fitted, but if you're anything like the majority you'll adapt quickly. An orthodontic consultation followed by a detailed case study analysis of your orthodontic condition, your orthodontist can tell you whether orthodontic treatment is the best treatment option for you , or not, and recommend how best, you can achieve a healthy and beautiful smile.



THE MAGIC OF BRACES



Kajree not only smiles better, but also, can clean her teeth, better; thanks to her Orthodontist.

www.lingualmatrix.com

Happiness
Behind Every
Smile!

I AM HAVING
INVISIBLE BRACES!



INVISIBLE BRACES

- + Invisible
- + Low Profile Braces
- + Straight Wire
- + No Restriction on Food/Speech
- + Digitally Customised Self Ligating 3D Braces

WRITE TO US @:
lingualmatrix@gmail.com

lingualmatrix

Celebrating life

POOJA
MANJUNATH
HEGDE,
Actor

FULL NAME: Pooja Manjunath Hegde

BIRTHDAY IS ON: 13th Oct

PLACE OF BIRTH: Mumbai

HOME TOWN: Mangalore

SCHOOLING AT: Maneckji Cooper in Mumbai

COLLEGE: University of Mumbai

CURRENTLY: Working / Studying Working

YOUR INSPIRATION IN LIFE: My goals, they push me everyday to work hard

HIGH POINT IN LIFE: Every time I get appreciated for my work in my films When I got nominated for my first Telugu film in the Filmfare Best Actress Category

AWARDS / ACHIEVEMENTS:

Miss Universe India 2010 runner up, Lux Golden Rose Awards Best Debutante

ADVICE TO YOUNGSTERS: Dream Big and be unapologetically yourself. That's when you will stay unique

WHAT IS THE BEST YOU LIKE ABOUT YOUR PROFESSION?

That I get to be different people and I get to travel and see the world

FUTURE PLANS: Do a lot more films and start a business of my own

HOW WOULD YOU WANT THE WORLD TO REMEMBER YOU 100 yrs FROM NOW: Legend

WHEN SOMEONE SMILES AT YOU, WHAT IS THE FIRST THING YOU NOTICE ON THE FACE
Besides their smile? Their eyes

WHY, IN YOUR OPINION, IS A GOOD SMILE IMPORTANT?
I think it makes your face. A good smile has the ability to instantly connect with people

WHAT DO YOU KNOW ABOUT ORTHODONTIC TREATMENT & ORTHODONTISTS

Orthodontic treatment can be life changing! In my case it's helped with re aligning my teeth and has given me a better smile

HOW WAS THE EXPERIENCE WITH BRACES?!

Bitter sweet. Was excited when I got them on but then after years when it was gone it felt great. The results were good too

ONE WORD / PHRASE / QUOTE THAT DESCRIBES YOU BEST.

She was a beautiful dreamer. The kind of girl that kept her head in the clouds, loved above the stars, and left regret below the earth she walked on-R.M.Drake

PERSONAL INTERESTS: Music, Reading, Traveling, TV shows

FITNESS REGIME: Pilates and Calisthenics

STRATEGY IN CRISIS:

Keep Calm, Sort it out. If there's too much going on then stay still until u know what to do and how to handle it

YOUR FAVOURITE

TRAVEL DESTINATION: London

FOOD: All food is my favourite

SONG: Too many to write down

MOVIE: Dil Chata Hain, Pursuit of Happyness, Good Will Hunting to name a few



Official newsletter of Indian Orthodontic Society

DR WILLIAM PROFITT
1936-2018

The man who simplified
contemporary Orthodontics

May his spirit guide us do better orthodontics
and may we become better orthodontists,
so his soul truly rests in peace.

Dr. William Proffit, the Legend who simplified Orthodontics and gave us the Bible of Orthodontics, who, perhaps can rightly be called, the father of Contemporary Orthodontics, who touched the life of every Orthodontist the world has produced, is no longer with us. A great loss to the global orthodontic fraternity.

His lifelong devotion to the specialty has clearly shaped our present and helped design our future.

May his soul rest in eternal peace !!

TIME FOR CHANGE

Explore **NEW Symetri Clear** made of polycrystalline-alumina and featuring the proprietary laser-etched bonding base that provides consistent, easy, one-piece removal.

Now available in the McLaughlin, Bennett, Trevisi* prescription.

symetri
CLEAR

Explore your options and contact your Ormco representative for a demonstration **1800 103 1607** or visit www.ormco.in/products/brackets/aesthetic/symetri/



Symetri Clear brackets on the model have not been photocopied or altered for appearance. © 2018 Ormco Corporation. *Does not imply endorsement.

Call: 92238 22040

www.ormco.in



Practicing Orthodontics

Passion | Profession | Perseverance

The New Avatar


It's only after the degree is in one's hands; after posing for the camera in the convocation gown and, in some cases, after posting the picture - holding the degree certificate in the convocation gown, on social media, does the realisation dawn upon many. This is the real deal !!

Perhaps, one of the first things, one needs to focus on, once out in the "real world" is to establish an identity - a New Avatar. That 'avatar' is how you project yourself, as a professional to the world around you.. It could be matters as simple as your email id. While bijubossrocks@gmail.com could have been a cool id for you during the college days, perhaps, a new look of smilewithdrbiju@gmail.com would be more appropriate, considering your line of work. While you may continue to use the former professional communications, latter is to make things work for yourself, you are



Once upon a time, with limited means of interact with the people near your place of Even though the human connect does easy is more ways than one. One of the first things expected of you would be to have a website. While it is desirable t
be have a detailed dynamic website where you design it as per your concept, those who would want to explore this medium, have a good option in Google My Business app. It lets you be found on the web. Allows you to upload pictures of your office, procedures, etc. Lets you be in touch with your potential patients via regular posts. It even allows you to create your own (mini) website.


The idea is to establish communication between you and the person who comes seeking treatment from you. Correct use of email can save you from many a stressful situations.



**KOCHI - THE QUEEN OF ARABIAN SEA
WELCOMES YOU TO THE
53RD INDIAN ORTHODONTIC CONFERENCE**

**7TH TO 9TH DECEMBER 2018
AT LE MERIDIEN, KOCHI**

KERALA ORTHODONTIC STUDY GROUP



DR. AFZAL V. A.
ORGANISING CHAIRMAN

DR. TRADIB JAYAPAL
ORGANISING SECRETARY

For more details: www.53rdiockochi.com | 53rdiockochi2018@gmail.com

Narainhbhai Patel
Dental College and Hospital,
Visnagar



Happy
Birthday



Happy
Orthodontists Day



54TH

FOUNDATION DAY

MIDSR Dental College
and Hospital, Latur



Narayana Dental College, Nellore



IOS is  53

Happy
Orthodontists Day



Happy
Birthday 




54TH
FOUNDATION DAY

Babu Banarasi Das
College of Dental Sciences
Lucknow

VSPM Dental College & Research Centre, Nagpur



*Happy
Orthodontists Day*

IOS is 53

*Happy
Birthday*

Adhiparasakthi Dental College & Hospital, Melmaravathur



54TH
FOUNDATION DAY



Swami Devi Dyal Dental College, Panchkula



*Happy
Orthodontists Day*



Thai Moogambiga
Dental College &
Hospital, Chennai

Saraswati
Dental College,
Lucknow



IOS is  53



*Happy
Orthodontists Day*

Happy Birthday 



Ahmedabad Dental College
& Hospital, Ahmedabad



**Dr Senthil Kumar,
Dr. S Tamizharasi,
Erode**



NATIONAL ORTHODONTIC WEEK

OCTOBER 1 TO 7

National Orthodontic Health Month, celebrated each year in October, has always been both a chance to create Orthodontic awareness and an opportunity to deliver information about Orthodontic treatment to the public.

In this event, we are organizing competitions to children:

1. DRAWING COMPETITION (GRADES 5 & 6)

Topic: Dental Health

What are the ways by which you can have a good dentition?
Make a drawing on your imagination.
Use Chart paper of any color in A4 size only.
Crayons, Paint, Color pencils, Sketches of your choice can be used.

2. COLLAGE WORK (GRADES 7 & 8)

Topic: Braces

What comes to your mind when you think of braces? It can be anything from your braces friend, a cartoon, varieties, do's and don'ts....
Use Chart paper of A3 size

3. POSTER DESIGNING (GRADES 9 & 10)

Topic: Eat Wisely, Smile Nicely

Use your computer talent and design your own poster with your imagination.
A print out in poster paper in A3 size.

*Happy
Birthday*



*Happy
Orthodontists*

**Dr. V. Shiva Sankar,
Tirunelveli**



Excellence
Empathy
Care

**SAKTI
ORTHODONTICS
DENTAL**

Anbu Nagar, Tirunelveli

Orthodontic Week Celebration (Oct 1st to Oct 7th)

Smiling one person smile can change the world.
Maybe not the whole world but their world.
Start small, start now.
@saktidental

"The greatest gift we can give someone, is to make them feel special"
@saktidental #orthodontistsday

Selfie is the latest trend among all age groups. We plan to utilise selfie concept as an Oral health and Smile assessment tool with this contest

Smile Selfie Competition 2018

Beautiful Smile is the...
Language of Love
Symbol of Innocence
Spring of Enthusiasm
Sign of Health

This Smile selfie concept is an innovative public awareness initiative by Sakti Dental to facilitate oral health and orthodontic treatment.

How to Win? It is Easy!

Snap a Smile Selfie
Share your selfie with your name, age, address and contact details to

Your Beautiful Smile...
Source of yet another Success...

Great Prizes
Gifts
Best Smile Award
Privileges

Email: smileselfie2018@gmail.com
(or) Whatsapp: 82207 04585

Last Date to Submit - on or before 07.10.2018
Daily 2 Best Smile Award from Oct. 1st to Oct. 7th

For further details : www.saktidental.com/smileselfie

IOS is



PRESIDENT'S REPORT

Chinese Orthodontic Association Conference

The Orthodontic Conference of the Chinese Orthodontic Association was a stupendous success - more than 2000 delegates attended this mega event at Changchun which is a quiet sleepy city in the North of China. Actually there are 2 associations- Chinese Stomatology Association and the Chinese Orthodontic Society- this conference was organised jointly by them.

The attention to detail was immense and they had appointed one postgraduate to all invited speakers and VIPs to take care of us from pick up to drop.

They seem very humble and reserved. Very difficult to read them and their emotions. Clinically very strong and they have mastered the art of aligners- they are treating all types of cases with aligners mostly Invisalign but they have also a lot of local companies making aligners. Problem is that not many understand English and many lectures were in Chinese. I attended the Invisalign lectures though they were in Chinese but I could understand most of them due to the clinical pictures - very sophisticated treatments done with Invisalign with great finishing- they are way too advanced in aligners treatments and as usual all aligner lectures were jam packed.



On the Foundation Day of the
Indian Orthodontic Society,
the IOS Executive Committee wishes all its members

Happy Orthodontist's Day.

May we continue to bring joy and happiness
in the lives of all who seek resolution under our care,
by creating healthy, natural and beautiful smiles,
that last a lifetime.

Bangalore Orthodontic Study Group Activity



Bangalore Orthodontic Study Group in association with KLE Society's Institute of Dental Sciences, Bangalore conducted a CDE program on Surgical Orthodontics by Eminent Guest Speaker Dr N R Krishnaswamy, Vice Dean, Prof and HOD, Ragas Dental College, Chennai on 28th September 2018. The program was attended by 130 delegates from all over Karnataka. The Chairman of the Organising Committee Dr Sumitra, Prof and HOD, KLESIDS welcomed the gathering, Conveners of BOSG, Dr Silju Mathew and Dr Anup Belludi also addressed the gathering. Which was followed by the day long Guest Lecture by Dr N R Krishnaswamy, consisted of Rationale, Diagnosis, Presurgical preparation, Vertical, Sagittal problems and Asymmetry management in Surgical Orthodontics.

The audience was mesmerized and captivated by the articulate, eloquent and oratory skills of the speaker and the audience were appreciative of the clinical content and intellectual



knowledge dissemination by the speaker.

The program concluded with a valedictory function and distribution of Certificates by the Speaker.



Madhya Pradesh Orthodontic Study Group Activity

Madhya Pradesh Orthodontic Study Group organized a one day CDE Workshop on 'Dental Sleep Medicine: What an Orthodontist Should Know.' on 18th August 2018 at Indore. Dr Abhijeet Kadu (Lt. Col.) from Army Dental Corps was the Course Faculty of this workshop which was attended by 40 Orthodontists and Postgraduates. Dr Kadu emphasized that it is need of the hour that clinicians of medical fraternity are made aware of the role Orthodontists can play in relieving the symptoms of Sleep Apnoea with the use of various Mandibular Advancement Appliances. Basics of Sleep Physiology, Sleep Apnoeas, available treatment modalities including

CPAP, various appliances used and their fabrication was discussed. Live demonstration of bite recording to aid appliance fabrication was also given for the benefit of the participants. Event was supported by Orthosystems, Mumbai.





President's Message

Dr. Shailesh Deshmukh, President

Friends,

In October we celebrate the Orthodontic week. I urge my brethren to carry out some charity work towards their patients and also carry out public awareness events. October can also be named as the Typhodont workshop month as there are three workshops covering the North, South and East of India. I feel IOS is doing justice to all students across India by conducting these very educative workshops.

Two more months for my tenure as President to end and I feel IOS is doing all right on all fronts. More needs to be done for our members and I am sure the good work done by my committee members will be continued in the next year and the years to come.

Ciao



From the Secretariat

Dr. Deepak Chandra, Honorary Secretary

Dear Members,

Recently the IOS members participated in the World Orthodontic Implant Conference and had the Zonal PG convention at Meerut. The programs were oriented towards the Orthodontic practitioners and Orthodontic students. Our Knowledge and competence in our chosen field will hold key to the success in our careers.

In days to come, our work as Orthodontists will hold the key to the survival of our profession. The public will judge us for the quality of Orthodontic Care being delivered. Slowly we will find them looking out Orthodontists.

On our part I strongly feel we must keep updating ourselves in contemporary Orthodontic care and strive to deliver the best we can. The IOS will leave no stone unturned to ensure its members have ample exposure to current science in orthodontics. I urge each one of you to kindly utilise the opportunities offered by the Study groups and the IOS Head Office.

I would also take this opportunity to request all those Orthodontists who have completed their courses to kindly convert their membership to Life.

Warm Regards



From the Editor's Desk(top)

Dr. Biju Abraham, Editor, IOS Times

Dear friends,

October is the foundation month for Indian Orthodontic Society. By the time you read this, hopefully you would have contributed your bit in celebrating the orthodontic week. As per the IOS Constitution, one of the objectives of the society, include, making the layman aware of orthodontics and orthodontic treatment. Basically, showcase, what we can possibly do as an orthodontist.

There are more than 5000 IOS members (SLMs included). If all would have simply shared the social media posts made available to them every week, the impact of the same would have made people sit up and notice us. The sad part is, that less than 100 members believe in propagating awareness about orthodontics. They are seen sharing the weekly posts from IOS TIMES, on a regular basis. Social media interactions have brought governments to power, brought down governments. All it needs your belief in it. For many, putting down those who conduct short orthodontic courses for dentists, is more exciting.

I believe the desirable end result you seek, is, that the one seeking orthodontic treatment, should come to you, and not to the genius trained over the weekend. Wouldn't showcasing YOUR skills to the potential patient more likely to draw him/her to you? You decide !!

Best wishes

Acknowledgements



IOS TIMES thanks

Dr Salil Nene

For providing the patient pictures on pages 3 & 4



IOS TIMES thanks

Dr Pravin Shetty

For facilitating the celebrity interview on page 5



IOS TIMES thanks

Dr Kannan Sabapathy

for images clicked by him, on Page 6

Editorial Office :

Just Braces DENTAL CLINIC, 2, Manu Market, 1st floor, Near Kopolwadi, M.G. Road, Ghatkopar - West, Mumbai - 400086

Tel.: +91 9821129228 • Email: iostimesnewsletter@gmail.com

IOS TIMES Committee Members
Dr. Pradeep Jain, Dr. Salil Nene