

ios TIMES

Official newsletter of Indian Orthodontic Society



IOS INTERNATIONAL INTERDISCIPLINARY SYMPOSIUM, 2018



NATIONAL INTEGRATED TYPODONT WORKSHOP, PUNE



The IOS International Interdisciplinary Symposium 2018, with theme 'Multiple Disciplines, One goal', took place at the hotel Taj Lands End in Mumbai, on 11th - 12th August 2018. The event brought together dental professionals from across the country to foster the highest standards in collaborative and clinical excellence in interdisciplinary dentistry. The symposium began with a brief inaugural session. Opening the symposium, Dr Ashok Karad highlighted the concept and philosophy of



IOS
INTERNATIONAL INTERDISCIPLINARY
SYMPOSIUM, 2018

August 11 & 12, 2018

Interdisciplinary dentistry. Dr Daniele Cardaropoli, a world-class Periodontist, spoke extensively on "Enhancing results in the treatment of periodontal defects: the Ortho-Perio connection". Dr Ravi Anthony, an orthodontist, spoke on "Orthodontic intrusion for optimizing the restorative outcome". Dr Doug Jensen, an Orthodontist - Prosthodontist, provided an insight into "Management of missing lateral incisors: Implants and canine substitution".

Day 2 of the symposium began with the team presentation by Dr Ratnadeep Patil, restorative dentist, and Dr Ashok Karad, orthodontist, on 25-years of journey down the interdisciplinary lane - "Benefitting from teeth repositioning for restorative goals: Esthetics and Function" and "Precision matters: Customizing pre-restorative Orthodontic protocols for functional excellence". Dr Juan Fernando Aristizabal enlightened the audience on "Digital world in contemporary interdisciplinary relations", integrating tissue engineering, clinical concepts, recent research and digital technologies to the interdisciplinary context. The Panel discussion at the end of Day 2 was moderated by Dr. Ashok Karad.

Dr Shailesh Deshmukh, President, IOS, conveyed his gratitude to all who made the event possible. In his address, Organizing Secretary of the symposium, Dr Prashant Dhole thanked the delegates and partners of the event.

NATIONAL INTEGRATED TYPODONT WORKSHOP

27, 28 & 29 August, 2018

A Presidential calendar event of the Indian Orthodontic Society, the NATIONAL INTEGRATED TYPODONT WORKSHOP 2018 was organized by the Department of Orthodontics, M.A. Rangoonwala College of Dental Sciences and Research Centre, Pune with Dr Ajit Kalia as the Organizing Chairman. This workshop is an initiative of the Indian Orthodontic Society with the intention to provide a standard learning platform for post-graduate students in the subject of Orthodontics. The workshop had more than 100 students attending from universities across the country.

The event was presided by President of the Indian Orthodontic Society, Dr. Shailesh Deshmukh, who had taken the initiative of orchestrating this event for the first time in Pune. The workshop was judiciously planned by the Chairman, Council of educators Dr. Jayesh Rahalkar and meticulously executed by Dr. Puneet Batra, Member, Council of Educators. Charismatic speakers from various universities conducted hands-on exercises and maneuvered the proficiency of this mega event. Eminent academicians like Dr. Girish Karandikar, Dr Jayesh Rahalkar, Dr Puneet Batra, Dr. Sunanda Roychoudhary, Dr. Gauri Vichare, Dr. Madhan Balasubramanian, Dr. Suryakant Das, Dr. Pravin Shetty and Dr. Sarvaraj Kohli were the faculty for national integrated typodont workshop.

The three days hands-on workshop consisted of extensive training on Standard Edgewise, MBT, Begg, Roth, Lingual, Segmented Mechanics and Tweed -Merrifield. The outstanding success of national integrated typodont workshop at Pune was a culmination of the initiative by Indian Orthodontic Society in conjunction with M.A. Rangoonwala College of Dental Sciences and Research Centre, Pune.



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*Weber DJ 2nd, Koroluk LD, Phillips C, et al. Clinical effectiveness and efficiency of customized vs. conventional preadjusted bracket systems. J Clin Orthod. 2013;47(4):261-266.

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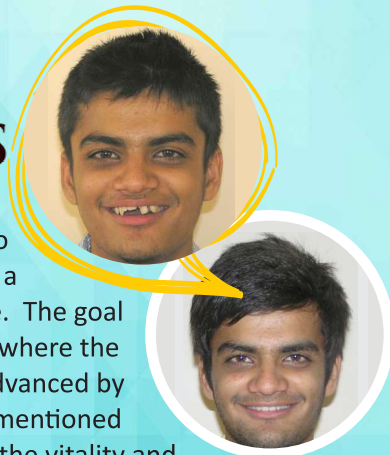
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Official newsletter of Indian Orthodontic Society

Orthodontist - the conservative

Smile DESIGNERS

There are no shortcuts in the quest for perfection! Smile designing is a dental procedure which artistically creates beautiful natural looking smile. Many who seek a beautiful smile fall prey to the quick fix solutions, which may present a beautiful looking smile now, but will surely show its ugly side, in time to come. The goal of an aesthetic make over is to develop a healthy, beautiful and stable system where the teeth, muscles, jaw structures all function in harmony. While dentistry have advanced by leaps and bounds, it is only with orthodontics, one can give deliver all that is mentioned above, without adding anything artificial to the teeth, without compromising the vitality and integrity of the dental units. To put it simply, it is only with braces that you may get a beautiful and healthy smile without trimming teeth, or, where needed, devitalizing teeth with RCT. The braces treatment takes longer than any other quick fix approaches but the results are long lasting and the approach is most conservative as it helps in arranging the teeth in its ideal position, enabling restorations on teeth, when planned in the treatment, to be as conservative as possible. It is advisable to consider an orthodontic consultation for any problems related your smile.



THE MAGIC OF BRACES

Dhanashree is ever thankful to her orthodontist for the "cute smile" compliments she gets !



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Ravindra Gautam
Writer • Director • Producer

FULL NAME Ravindra Gautam
BIRTHDAY IS ON February 25
HOME TOWN Lucknow
STUDIED AT St Francis' College, Lucknow & then at Lucknow University
PROFESSION Writer, Director, Producer
CURRENTLY Doing a show (not named as yet), for Star Bharat
YOUR INSPIRATION IN LIFE Mr. Amitabh Bachchan
THE WORK THAT STAND OUT Television serials
Meri Durga, Kasauti Zindagi Kay, Kya Hua Tera Vaada, Uttaran, Pratigya, Bade Achhe Lagte Hain among the many others.



CHOICE OF PROFESSION

Wanted to become an actor. Was quick to realise that my 'good looks and charm' will be 'no match' in the industry. Started working as an editor. My experience in theatre, guided me into writing. From there on, one thing led to another and soon I was directing serials for television. The audience's choice maturing with times, looking forward to showcase my acting prowess, too, soon.

WHAT IS THE BEST YOU LIKE ABOUT YOUR PROFESSION

Everything about it. Everyday I get to do something different.

WHAT DO YOU KNOW ABOUT ORTHODONTIC TREATMENT

Braces help cosmetic

get the teeth in the proper form and arrangement, for beautification & purpose. Happy to know there are health benefits with braces, too.

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FITNESS REGIME

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ONE WORD THAT DESCRIBES YOU BEST

Mad !
 Loner !

YOUR FAVOURITE

City	Lucknow
Travel Destination	Kashmir
Food	Biryani & Seekh Kabab (Though I have turned veg, now)
Song	<i>Lag jaagaley</i> - a song sung by Lata Mangeshkar
Movie	Life is Beautiful



OBITUARY



Dr Mohandas Bhat,
an alumnus of GDC Bengaluru, in addition to his Masters in Orthodontics in India, received orthodontic training in USA. He went on to get a masters degree in Public Health. He was honoured by Indian Association of Public Health Dentistry, for introducing the discipline of Dental Public Health in India, as a designated department at GDC Bengaluru in 1968. Dr Bhat also served with project "HOPE" in Natal, Brazil from 1975 to 1979.

4th EC Meeting, New Delhi

2nd Sept, 2018



The 4th Executive Committee meeting of the elected representatives of Indian Orthodontic Society was held at Hotel Taurus Sarovar Portico, New Delhi on September 2, 2018. All, but one matter, put on the agenda were taken up. The proceedings went ahead smoothly, with inputs from all the members present. The EC was fortunate to get an opportunity to felicitate Dr Sanjay M. Londhe, who has recently been appointed as Director General Dental Services of The Indian Armed Forces. The EC thanks Dr Vaibhav Misra & Dr Balvinder Thakkar for the excellent arrangements made for the smooth conduct of the meeting.



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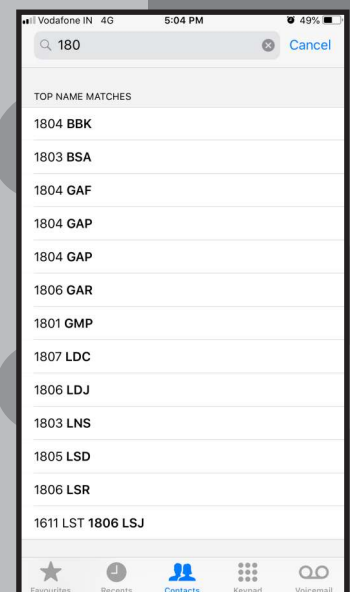
Once the patients start streaming in to a practice, the next logical step is to assign a code to each patient, for the sake of reference at a later date. The most common approach is, to assign a number to the patient. However, a number assigned, is a clue for an assessment officer to gauge the difference in the projected and presented figures presented to the authorities. Also, if practising at one office and nowhere else, it still might be okay. However, if one provides services at various locations, and would want the patients to be in direct communication, in matters related to the treatment, it would perhaps, be a good idea to devise a system which makes it easy to identify patients without stressing too much. An 8 digit patient identification system can be a handy solution. All patients can be coded in a YYMMLAB# format, where YYMM designates the year and month of case initiation L designates the location of the dental office, where the case is being treated

A is the first name initial of the patient

B is the last name initial of the patient

is the numerical, to distinguish between patients with same initials started in the same month.

Beside being entered on the case card, the code can be entered on the cell phone with the YYMM as first name, L as the middle name and AB# as the last name. The study model box can be labelled with the code and all the wires, brackets, bands, etc. can be stored in one box to be retrieved on demand. The coding system, lets you know the exact number of cases you started in a particular month, the moment you type in the YYMM code in Search. Also, The Search of the L code can tell you the number of case starts at a particular



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AWARDS & ACHIEVEMENTS

Lt. Gen. S. M. Londhe

Appointed as Director General, Dental Services & Colonel Commandant, Army Dental Corps

Lt Gen Sanjay Manohar Londhe elevated to appointment of the Director General Dental Services, Army Dental Corps is the first Orthodontist to lead the most organized oral health care sector of the country comprising of more than 700 Dental surgeons of the Army, Navy & Air Force. An alumnus of GDC Nagpur, commissioned into the Army Dental Corps in the year 1983, he was deputed to Indian Peace Keeping Forces in Sri Lanka in the year 1987. He acquired his Masters in the Orthodontics from Armed Forces Medical College, Pune (1992). An avid golfer & a passionate wildlife photographer, his earlier appointments were as Commandant of the only tri services Dental establishment of Indian Army - The Armed Forces Dental Clinic New Delhi, Dy DGDS (E&S), Addl DGDS and Commandant of Command Military Dental Centre, Pune. Lt. Gen Londhe holds the rare distinction of being awarded the Army Chief & Army Commander Commendations for meritorious service thrice during his career. Under his guidance, the Army Dental Corps is on the threshold of ushering in a new era of state-of-the-art Oral health care delivery to far frontiers to provide succour to those who protect our motherland.



Dr Koshi Philip

Awarded the Best Doctor - Medical Education - Dental, by the Kerala Government.

Dr Koshi Philip was conferred by the Kerala Government with the Award of the Best Doctor in Kerala in the Medical Education - Dental category. The award is in recognition of his exemplary work in the field of dental education. An alumnus of Bapuji Dental College & Hospital, Davangere (BDS 1989, MDS 1993), teaching for the last 25 years, Dr Koshi was the faculty at Rajas Dental College, Tamil Nadu, Government Dental College, Kottayam and Calicut before his current assignment at Government Dental College, Trivandrum.



Dr Surya Kanta Das

Elevated to the post of President, Lingual Orthodontic Society, India

Congratulations Professor Surya Kanta Das for being crowned as the president of Lingual Orthodontic Society, India. Dr Das is a Titular Fellow & active member of ESLO (European Society of Lingual Orthodontics) and active member of WSLO (World Society of Lingual Orthodontics). A graduate of SCB Govt. Dental College, Cuttack, Odisha and post graduate alumnus of KGMCL, Lucknow, Dr Das is credited for introducing modified Hiro's technique, DTC device for lingual customisation, DLAP software and D-Mushroom arch forming pliers. Presently he is working as Professor and head, Post Graduate Department of Orthodontics, SCB Dental College.



NATIONAL TRAINING PROGRAMME IN CLEFT AND CRANIOFACIAL ORTHODONTICS - 2018.

MODULE - 2

The 2nd module of National training program of cleft and craniofacial orthodontics on August 17th - 18th started with an inaugural ceremony with the presence of the Director KIDS Dr. Ramesh Das, Principal Dr. Dutta, Professor Dept. of orthodontics Dr. Baratam. The eminent speakers for module 2 were Dr. Om P Kharbanda, Dr. Rakesh Malhotra, Dr. Sarojini Joseph, Dr. Chintamani Kale, Dr. Ashok Jena, Dr. Virag Bhatia and Dr. Bhagabati Das who exclusively spoke on mixed dentition cleft management, craniofacial syndromes, alveolar grafting and speech management in cleft patients. Dr. Swati Acharya, course co-ordinator gave a live Video demonstration on NAM. There were 45 participants from all over the country to attend this training program.



"GENEX-ORTHO 2018"

VYWS DENTAL COLLEGE AMRAVATI (MS)

Department of Orthodontics & Dentofacial Orthopedics, VYWS DCH, Amravati, MS, organized a day Symposium on "Fixed Functional appliances" 1st Aug 2018. The eminent speaker Dr. Vadivel Kumar enriched the students with the concept of Fixed Functional appliances along with demonstration of installation. We were blessed by participation of 6 HOD of esteemed institutions; 72 PG students from 12 different colleges; 23 Orthodontist delegate and 5 trade stalls from all over India. The Team Genex Ortho: Dr. Amol Verulkar (HOD); Dr. Rinku Nathani, Dr. Swapnil Wankhade, Dr. Jimmy Sangtani, Dr. Ratnadip Lohakpure and PG students.



President's Message Dr. Shailesh Deshmukh, President



The month of August saw one of the highs in IOS history. The first ever IOS International Interdisciplinary Symposium was held in Mumbai at the Taj Land's End, Bandra. It was well attended by general dentists and specialists of other branches of dentistry. The speakers were excellent and hats off to Dr Ashok Karad, Dr Prashant Dhole and their team for pulling off a stunner of an event. The 2nd cleft module was a huge success and the typhodont workshop at Rangoonwala Dental College Pune left the Postgraduate students asking for more. Dr Ajit Kalia, Dr Salil Nene and their team left no stone unturned to make the event a grand success.

The cleft symposiums are really doing exceedingly well and Dr Swati Acharya and Dr Pritam Mohanty must be complimented. Overall IOS seems to be going great guns and hopefully we will end the year on a high.

From the Secretariat Dr. Deepak Chandra, Honorary Secretary



Dear Members,

I am glad to let you know that we have had a very successful Mid Year Convention to Belgium and Amsterdam and the highlight of the program was the joint program with the Belgian Orthodontic Society. In days to come, our work as Orthodontists will hold the key to the survival of our profession. The public will judge us for the quality of Orthodontic Care being delivered. Slowly we will find them looking out Orthodontists. On our part I strongly feel we must keep updating ourselves in contemporary Orthodontic care and strive to deliver the best we can. The IOS will leave no stone unturned to ensure its members have ample exposure to current science in orthodontics. I urge each one of you to kindly utilise the opportunities offered by the Study groups and the IOS Head Office. I would also take this opportunity to request all those Orthodontists who have completed their courses to kindly convert their membership to Life.

Warm Regards

From the Editor's Desk(top) Dr. Biju Abraham, Editor, IOS Times



Dear Members,

IOS International Interdisciplinary Symposium (IOS IIDS) held in Mumbai on Aug 11 & 12, 2018 was a bold new step in the right direction. In the world of specialisation, one should have a clear idea, who does what and when. IOS IIDS did just that. It broadened the horizons for many who till that day saw the world from within the tunnel vision of their speciality. Going further, instead of focussing on whether ortho first, restorative first, surgery first, or any other, perhaps the best approach in any situation is - PATIENT FIRST. For any profession to be respected, it needs its practitioners to believe in it, as a medium for delivering long term happiness, to the one seeking help of its professionals. It is in the interests of the profession that we MUST ALWAYS keep the patient's interests as a top priority, as long as it is not unethical and/or immoral. When the profession is respected, the same is percolated down to its practitioners. Strive to deliver the best, not just from the biological point of view, but also, from the experiential point of view, such that whenever people talk about us or our work, it is with respect.

Best wishes.

Acknowledgements



IOS TIMES thanks

Dr Ajit Kalia

For facilitating the patient pictures on pages 3 & 4

IOS TIMES Committee Members

Dr. Pradeep Jain, Dr. Salil Nene

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