January 2018 | Volume: 12 | Issue: 2

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#### JOURNAL OF INDIAN ORTHODONTIC SOCIETY SYMPOSIUM

December 22-23, 2017

The Journal of Indian Orthodontic Society Symposium, a National level CDE programme was conducted by the Department Of Orthodontics and Dentofacial on 22<sup>nd</sup> and 23<sup>rd</sup> December 2017.

Two days of intense research and clinically oriented deliberations were the highlights of this symposium. This program was structured in such a way that both postgraduate students as well as clinicians were benefitted. Total of 130 delegates registered for this unique program which included Post Graduate students who reported from 30 different colleges. Eleven nationally and

internationally renowned speakers were invited to talk on research and clinically oriented, evidence based topics in Orthodontics. The sessions were extremely interactive and the delegates were really appreciative of the manner in which the Symposium was planned.

Honorable Dr Manikrao Salunke, Vice Chancellor Bharati Vidyapeeth Deemed to be University was the chief Guest for the inaugural function and Dr. Keki Mistry the doyen of Orthodontics was the guest of honor. The following speakers contributed towards the success of this

1. Dr Sridevi

2. Dr O. P. Kharbanda

3. Dr. Sherry Peter

4. Dr Shobha Rao

5. Dr Nalin Mehta

6. Dr Gauri Vichare

7. Dr Ajit Kalia

8. Dr M.K.Prakash

9. Dr Toshniwal

10. Dr Venkateshwaran

1. Dr Vighnesh

## BEYOND ORTHODONTICS

Symposium.



Dr. Swaroop Savanur is a senior Orthodontist from Pune, practicing exclusive Orthodontics for the last 18 years. His passion for sports and excellence laid the path for a parallel profession of a Mental Conditioning and a Peak Performance Coach.

Influenced by the 2000' Kargil war and the Sydney Olympics Debacle in 2001, he studied and implemented a Grass Roots Development Sports program in 2003, conducting 400 Football matches in Pune, under the name Future Vision Sports. Christened by this experience, he went to Switzerland to do a Diploma in EEG and Brain Conditioning, where he learnt and fell in love with the study of the brain. Armed with this experience, he naturally gravitated towards 'harnessing the power of the brain for sporting excellence'.

## Dr. Swaroop Savanur M.D.S (Ortho); PGDMLS (Medico-Legal); Dipl. EEG and Brain Conditioning, Switzerland Cert. Science of Young Athletic Development, Univ of Florida

#### Orthodontist Peak Performance and Mental Conditioning Coach

Dr. Swaroop was the First Mental Performance Coach for any of the Ranji cricket teams - Vidarbha Ranji Team from 2013-16. The team, in it's third year, created a record by topping the standings in all formats of the game. A first in Ranji Trophy's 80-year history.

He was appointed by the All India Football Federation as the Mental Conditioning Coach for

India's first ever participation in FIFA U-17 World Cup 2017.

He works with high performance players; be it cricket, tennis, badminton, golf and various ownpic sports as well as with students, CEOs and start up entrepreneurs.



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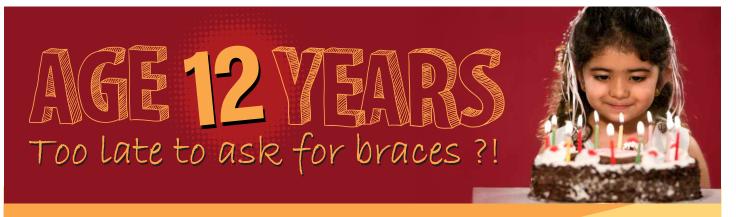
Official newsletter of Indian Orthodontic Society



Orthodontic/braces specialists receive a 2 to 3 years of specialized education and training at a Dental College, recognised by the Dental Council of India, in addition to the 5 -year basic dental training, training to learn the correct method/s to align and straighten teeth, control and utilize facial growth, enhance smile esthetics and jaw function.

Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.





Have you been told to wait till your child is 12 years old, to start with the braces treatment of your child's teeth?? If the person who gave you the advice is NOT an orthodontist, you may have been misinformed!!

The dental braces treatment corrects deformities related to your teeth, or, the jaws. The best time to start with braces treatment, ranges from 7 years to 13 years depending on the type of the problem. Problems which need natural jaw growth for correction cannot be best resolved once jaw growth is over, or, is on the declining curve. Many developing orthodontic problems need attention at the age as early as 7 years. If your child is a mouth breather or having a thumb sucking habit; it needs to be addressed early as these habits start affecting the normal growth of the jaws and teeth. Orthodontic problem diagnosed early, may be resolved using preventive measures to stop its further progression or with interceptive measure to reduce the severity of the same or reduce complexity of later treatment.

Visit an orthodontist at least once every year after the age of 7 years, to keep a close eye on the growth of the jaws and the teeth. Your orthodontist will advise you the right time to start orthodontic treatment, if needed.

### The magic of braces



Athui always thought her happiness was never expressed well. it was much later that she realised that her teeth are eating away into her power of expression. That was taken care of by her orthodontist, who not only delivered her a beautiful smile, but a healthy set of correctly aligned teeth, too.

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2017 - 2018

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Posts from IOS TIMES were shared by all EC members on their social media account



### Madhya Pradesh Orthodontic Study Group Activity



A CDE program entailing display and presentation of IBO cases was organized by Madhya Pradesh Orthodontic Study Group at Hotel Best Western Horizon, Indore on 7th December 2017.

Dr Ashish Garg and Dr Atul Jajoo, both IBO Diplomates and mentors for this event, shared their experiences of clearing IBO to around 50 members. Along with the presentation and display of their cleared cases they gave insight into cases which are rejected.

Dr Madhur Navlani and Dr Bhavna Virang, Conveners informed that the event was followed by the AGM where Dr Gaurav Kulkarni was inducted as the convener of the MPOSG. Outgoing convener Dr Amit Gupta was also felicitated by Dr Amit Bhardwai for his services.



#### 11th Asian Pacific Orthodontic Conference

#### **Boracay, Philipines** AN IOS DELEGATION

The Indian Orthodontic Society invites all its members to participate in the 11th APC to be held from the 5th to 7th of March 2018 at the picturesque island of Boracay, Philippines. Boracay has been voted as the best beach in the world several times. We welcome you to be a part of the IOS delegation and participate in scientific deliberation with world renowned orthodontic speakers and enjoy an extensive trade exhibit.



REGISTRATION FEE	Early Bird	Normal	Late and On-site
	Until 15 Dec 2017	From 16 Dec 2017 to 7 Feb 2018	From 8 Feb 2018 until on-site
*International Delegates	USD 650	USD 750	USD 850
**APOS Delegates	USD 600	USD 700	USD 800
***Local Delegates	USD 500	USD 600	USD 700
International Students	USD 499	USD 599	USD 699
Local Students	USD 400	USD 500	USD 600

All delegates can avail of a 10% discount when they register in groups of 10.

www.apoc2018.org





Dr Mala Ram Manohar **National Co-Ordinator** +91-9895105683 rammanoharmala@gmail.com

<sup>\*\*</sup> Please see list of APOS Affiliate Societies here



#### President's Message

Dear Members .

IOS seems to be really on a roll and my aim of bringing the

Orthodontic profession into the limelight of the general public is slowly bearing fruit. The EC in toto is working very hard for the betterment of our society. The IOS endorsed programs have been very successful. The social media campaign has taken off well.

A surprise gift to the members from the Head office, shortly, will surely lift their spirits and reassure the members that IOS is working for the betterment of the orthodontic profession. Steps are being taken, simultaneously, to curb the menace of unauthorized orthodontic courses being conducted across the country. Hopefully we will be successful in our sincere efforts to check this menace once and for all.

Wish you a very happy and prosperous new year. Together We Can, and I am hopeful that our Orthodontic profession will scale greater heights in the near future.

Dr. Shailesh Deshmukh President

#### From the Secretariat

Dear Members.

Let me take this opportunity

to wish you all a very Happy New Year 2018!

We have a lot of programs lined up for the year. Request you to participate in as many of them as possible.

As always our focus is increase our public awareness as well as sensitise the Govt Authorities on the short courses in fixed Orthodontics. I assure you we are doing every bit to safe guard our profession.

We have crossed the 3500 mark of Life Members . This makes us a very big professional Dental body in India. With such a big organisation comes greater responsibilities . I am looking to hearing suggestions from all of you as to how you would want IOS to serve you.

Please do write to me, if you have any queries or suggestions.

Dr. Deepak Chandra **Honorary Secretary** 

#### From the Editor's Desk(top)



Dear members,

Wish you a happy new year.

Many a calamities have befallen communities, because those in power, who could have taken necessary action; for reasons best known to them, could not, or, did not. Surely, you do not want to be one of those. With no funds to sustain any form of prolonged advertisement on prime time television (the best option for us), or radio, social media is the best we can bank upon.

Share ALL posts on FB/Instagram/Twitter/Pinterest (take your pick) from IOS TIMES on your social media account. Released EVERY FRIDAY 2100 hrs. Students MUST make it a point share ALL posts from IOS TIMES on their timelines. It is an investment into their future practice in the real world

More visibility the posts from IOS TIMES have on social media, more people are made aware, that the best person for treating with Braces is an IOS Endorsed Orthodontist. Better the chances of him/her being approached for the treatment of a malocclusion. Best wishes to all.

Dr. Biju Abraham Editor, IOS Times

**IOS TIMES Committee Members** Dr. Pradeep Jain, Dr. Salil Nene

22<sup>nd</sup> IOS PG CONVENTION

Fostering Orthodontic Bonds

#### **Acknowledgements**



IOS TIMES thanks Dr. Arun Nayak for contributing the patient pictures on page 4



IOS TIMES thanks Dr. Girish Karandikar for facilitating the interview with Mr. Chetan Sashital

Dr Vivek P Soni **Organising Chairman** 

Dr Nitin Gadhiya **Organising Secretary** 



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