





**JULY
29**



**Be grateful towards who made you
meet yourself**



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President's Message



Dear esteemed fraternal colleagues of the IOS,

Roald Dahl once famously mused that, were it in his power, he would erase January from the calendar and gift the world an additional July instead. Indeed, it is often said that a certain quiet magic unfurls between the sunlit months of June and August.

For the IOS, July blossomed into a month of vibrant activity and purposeful engagement. It was adorned with several online programmes, including the NJC, Practice Management lectures, and the 4th module of the Hybrid Biomechanics programme held on 12th July.

The closing days of the month were especially eventful, with the 4th EC meeting convened on 26th July at Sri Ramachandra Dental College, Chennai. The meeting was well attended and distinguished by insightful deliberations, meaningful contributions, collaborative decision-making, and a collective resolve to further strengthen the objectives and professional stature of the Indian Orthodontic Society.

The Ramachandra Orthodontic Accelerated Review, held from 27th to 29th July at the same venue, added further lustre to the month. It drew an enthusiastic gathering of more than 150 postgraduate students, along with several EC members and life members, making it a truly enriching academic experience.

Our members continue to shine with admirable distinction, with many embracing new responsibilities and positions, advancing the frontiers of research, making significant strides in professional growth, and flourishing in many other facets of life.

The month of August promises to be especially eventful, with the call for IOS awards and the IOS elections on the horizon. I encourage you to remain closely connected with the various channels of the Indian Orthodontic Society, so that no important announcement passes unnoticed.

Jai Hind, Jai IOS

Warm Regards
Sridevi Padmanabhan
IOS President
president@iosweb.net

Secretary's Message



Dear Esteemed Members,
Warm greetings from the Indian Orthodontic Society.

It gives me immense pleasure to connect with you through another edition of the IOS Times. As we continue our journey of advancing orthodontics in India, I am grateful for the unwavering enthusiasm, commitment, and collective efforts of our members, who remain the driving force behind the Society's continued growth and success.

The past few months have been marked by several meaningful academic, scientific, and organizational initiatives. From continuing education programs and webinars to conferences, outreach activities, and collaborative endeavors, the Society has remained dedicated to fostering excellence in education, research, and clinical practice. It is heartening to witness the active participation of members from across the country, reaffirming our shared commitment to lifelong learning and professional development. The field of orthodontics is evolving rapidly with the integration of artificial intelligence, digital workflows, three-dimensional imaging, clear aligner therapy, and personalized treatment approaches.

Warm Regards
Dr. Shubhaker Rao Juvvadi
Hon. Secretary

As a professional organization, it is our responsibility not only to embrace these innovations but also to ensure that they are implemented with scientific integrity, ethical responsibility, and patient-centered care. Together, we must continue to uphold the highest standards of our specialty while preparing ourselves for the future of orthodontics.

The Indian Orthodontic Society also remains committed to strengthening member engagement, encouraging young orthodontists, supporting research, promoting public awareness about orthodontic care, and expanding opportunities for academic and professional collaboration. Every contribution—whether through teaching, research, clinical excellence, or service to the Society—plays an important role in shaping the future of our profession.

I extend my sincere appreciation to all office bearers, Executive Committee members, study groups, faculty members, Post Graduate students, and volunteers whose dedication continues to make every initiative a success. Your passion and teamwork are the foundation of our Society's achievements.

As we move forward, let us continue to work together with unity, innovation, and purpose to elevate the standards of orthodontic care and strengthen the legacy of the Indian Orthodontic Society.

I hope you enjoy reading this edition of the IOS Times and encourage every member to actively participate in the Society's upcoming academic and professional activities.

Editor's Message

Editorial Office:

**Dr. Acharya's Multispeciality
Dental & Orthodontic Centre,
Rajendranagar, Madhupatna,
Cuttack-753010, Odisha
Phone: 9556515589**



When I started with my first issue of IOS Times, I didn't know what to expect, but I enjoyed reading papers and making edits and quickly realized that the editing field is where I belong. I have frequently found I am a hard editor, but I make it a priority to ensure every piece is as good as it can be for publication. After a few learning curves, I came to enjoy putting the readings up on 1st of every month finding the process almost cathartic. It is always incredibly gratifying to see everyone's work showcased on the website, where it truly shines! Now this month, as Editor-in-Chief, I have again tried bringing in great readings for all of us to read.

This month, I implemented talking about each of the readings and sharing concerns about them with each of my team members, so that it was not up to a single editor what the fate of a piece would be. I liked the approach, as it gave me more confidence that we were being fair to each section.

To be honest, this experience has been as much about learning as leadership. I am thankful to my team for being supportive and dedicated to making this issue all it can be. I am thankful to President Madam and Honorary Secretary Sir for their valuable inputs and keeping us all so organized and to the designer for her work and for making such beautiful graphics and for bringing even more people to our newsletter. I am thankful for this opportunity, and I look forward to bringing in lots of fresh content for the next issue!

**Warm Regards
Dr. Swati Acharya
Editor IOS Times**

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Traditional clear aligner therapy often means relying heavily on third-party vendors.

The Neural Hive Ecosystem brings all of this under one simple workflow; from scanning to treatment planning to final clear aligners - Control the process and run your aligner practice the way you want; Take quick decisions. Save costs. Elevate patient experience.

The Neural Hive Ecosystem



Kea™

AI-powered, web based clear aligner treatment planning platform.



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Tri-laminar clear aligner material that provides consistent forces and enhances tooth movement.



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Breaking News

NDC Reiterates Validity of Earlier Public Notices Against Unauthorised Dental Courses.

“

The National Dental Commission (NDC) has reaffirmed that the Public Notices originally issued by the Dental Council of India (DCI) on 12 April 2018 and 17 November 2022 regarding unauthorised and unrecognized dental courses continue to remain fully operative and legally valid.

”

The clarification has been issued under the saving provisions of Section 59 of the National Dental Commission Act, 2023, ensuring that the transition from the Dental Council of India to the National Dental Commission does not affect the enforceability of these earlier notices.

The NDC has emphasized that dental professionals, students, and institutions should remain cautious and avoid enrolling in or promoting courses that are not recognized by the statutory regulatory authority. Such courses do not confer any legal recognition or professional entitlement under the prevailing regulatory framework.

This reiteration serves as an important reminder to verify the authenticity and recognition status of any dental training programme before enrolment.

Reported by Section Editor , Dr. Stuti Mohan

DISCLAIMER

Inclusions received after 27th of each month would be kept for the forthcoming issue and not for the current issue.



In accordance with the established tradition of the Indian Orthodontic Society (IOS) Orthodontic Study Groups, all Study Groups are reminded to complete their Annual General Meeting (AGM) on or before 31st August.

Breaking News

As part of the yearly leadership transition:

- The outgoing Convenor will complete their tenure.

- The current Co-Convenor will automatically assume the role of Convenor for the next term.

- A new Co-Convenor will be elected during the AGM to ensure continuity of leadership.

The AGM also provides an opportunity for Study Groups to:

- Present the annual activity report.
- Discuss future academic programmes and initiatives.
- Elect the new Co-Convenor.
- Ensure a smooth transition of responsibilities.

All Study Groups are encouraged to complete the AGM process within the stipulated timeline and communicate the updated office bearers to the Indian Orthodontic Society for record and further correspondence.

Reported by Section Editor , Dr. Stuti Mohan

2025
2026

4TH EXECUTIVE COMMITTEE MEETING

26th July 2026 | Sri Ramachandra Dental College & Hospital, Chennai

The 4th Executive Committee Meeting of the Indian Orthodontic Society (2025–26) was successfully held on 26th July 2026 at the Board Room, Sri Ramachandra Dental College & Hospital, Chennai, from 9:00 am to 5:00 pm. The meeting was attended by office bearers and ec members. Welcoming the Office Bearers and Executive Committee members, the President expressed her appreciation for their continued commitment and unwavering support towards advancing the Society's vision. The Hon. Secretary then directed the discussion on the agenda for the day with the EC engaging in comprehensive discussions on the scheduled agenda, focusing on decisions taken and executed since the last meeting and strategic planning for the Society's forthcoming activities. Various sub committees of the EC presented their report and the deliberations were characterized by insightful contributions, collaborative decision-making, and a shared commitment to further strengthening the objectives and professional standing of the Indian Orthodontic Society.



The entire EC thanked the management of Sri Ramachandra Dental College, SRIHER for the excellent arrangements. At the conclusion of the meeting, the President and the Honorary Secretary conveyed their sincere gratitude to all Executive Committee members for their active participation, valuable inputs, and collective dedication to the growth and progress of the Society.

The meeting concluded on a positive and forward-looking note, reaffirming the spirit of unity, collaboration, and visionary leadership that continues to guide the Indian Orthodontic Society in its pursuit of academic excellence and professional service.



Ramachandra Orthodontic Accelerated Review (ROAR 2026)

The Department of Orthodontics, Sri Ramachandra Dental College and Hospital, in association with the Indian Orthodontic Society (IOS), successfully organized the 11th Annual Rapid Review Program – Ramachandra Orthodontic Accelerated Review (ROAR 2026) from 27th to 29th July 2026.

The three-day academic program witnessed an overwhelming response, with more than 150 postgraduate students from dental institutions across the country participating. Designed as a comprehensive examination-oriented review course, ROAR 2026 aimed to equip final-year MDS Orthodontic students with the knowledge, confidence, and clinical perspective required for their university examinations.



The inaugural ceremony was graced by the distinguished presence of the principal office bearers of the Indian Orthodontic Society along with the Dean of Sri Ramachandra Dental College and Hospital, Dr. M. S. Muthu. The dignitaries included Dr. Sridevi Padmanabhan, President, Indian Orthodontic Society; Dr. Shubhaker Rao Juvvadi, Honorary Secretary; Dr. Sarvaraj Kohli, Vice President; and the Joint Secretary of the Society Dr. Gaurav Gupta. The occasion was further honoured by the presence of several Executive Committee members of the Indian Orthodontic Society, reflecting the Society's continued support for this flagship academic initiative.

The scientific program comprised a meticulously planned series of lectures delivered by eminent academicians and clinicians, covering key topics of the MDS Orthodontics curriculum with special emphasis on concepts frequently tested in the final university examinations. To provide a more comprehensive learning experience, the program also featured several highly interactive sessions, including an orthodontic quiz, end of session pop up quiz, a panel discussion on the ever-relevant Extraction versus Non-Extraction Controversy, and long-case presentation sessions that emphasized systematic diagnosis, treatment planning, and clinical decision-making.

These interactive components encouraged active participation, critical thinking, and meaningful discussions among students. The holistic structure of the program ensured that participants were well prepared not only for their examinations but also for future clinical practice.

ROAR 2026 received an enthusiastic response from the participants, with excellent attendance and active engagement throughout the three days. The feedback from the postgraduate students was positive, with participants appreciating the quality of the lectures, the relevance of the topics, and the interactive format of the sessions.



National Journal Club

The Indian Orthodontic Society successfully conducted another impactful session of National Journal Club on 15th July, 2026 via an online platform. The event witnessed enthusiastic participation from over 250 + Orthodontic Student life members and life members across the country, highlighting the profession's growing interest in evidence-based learning and the critical appraisal of scientific literature.

The session was presented by **Dr. Sarvraj Singh Kohli**, Vice President, Indian Orthodontic Society, on the topic "*An Overview of the Biomechanics and Esthetic Considerations for Total Maxillary and Mandibular Arch Distalization using Infrazygomatic Crest Miniscrews and Mandibular Buccal Shelf*". The session was moderated by **Dr. Deepak Chandrasekharan**, National Journal Club Coordinator, Professor and Head, Department of Orthodontics, SRM Kattankulathur Dental College and Hospital, Chennai. The lecture provided a comprehensive overview of the contemporary use of extra-alveolar temporary skeletal anchorage devices (TSADs), specifically **Infrazygomatic Crest (IZC) miniscrews** and **Mandibular Buccal Shelf (MBS) miniscrews**, in achieving total arch distalization. Dr. Kohli explained the biological principles and biomechanical concepts governing en-masse distal movement of the maxillary and mandibular dentitions, highlighting how extra-alveolar anchorage has expanded treatment possibilities beyond conventional orthodontic mechanics.



INDIAN ORTHODONTIC SOCIETY
Presents
NATIONAL JOURNAL CLUB



Topic :
An overview of the Biomechanics and Esthetic considerations for total maxillary and mandibular arch distalization using Infrazygomatic crest miniscrews and mandibular buccal shelf.



Speaker :
Dr. Sarvraj Singh Kohli
Vice President,
Indian Orthodontic Society

Date & Time :
15th July, 2026
09 : 00 AM IST
Wednesday



Moderator :
Dr. Deepak Chandrasekharan
National Journal Club Coordinator,
Professor & Head of Orthodontics
SRM Kattankulathur Dental College,
Chennai.

SCAN TO JOIN ON ZOOM




Dr. Sridevi Padmanabhan
President, IOS

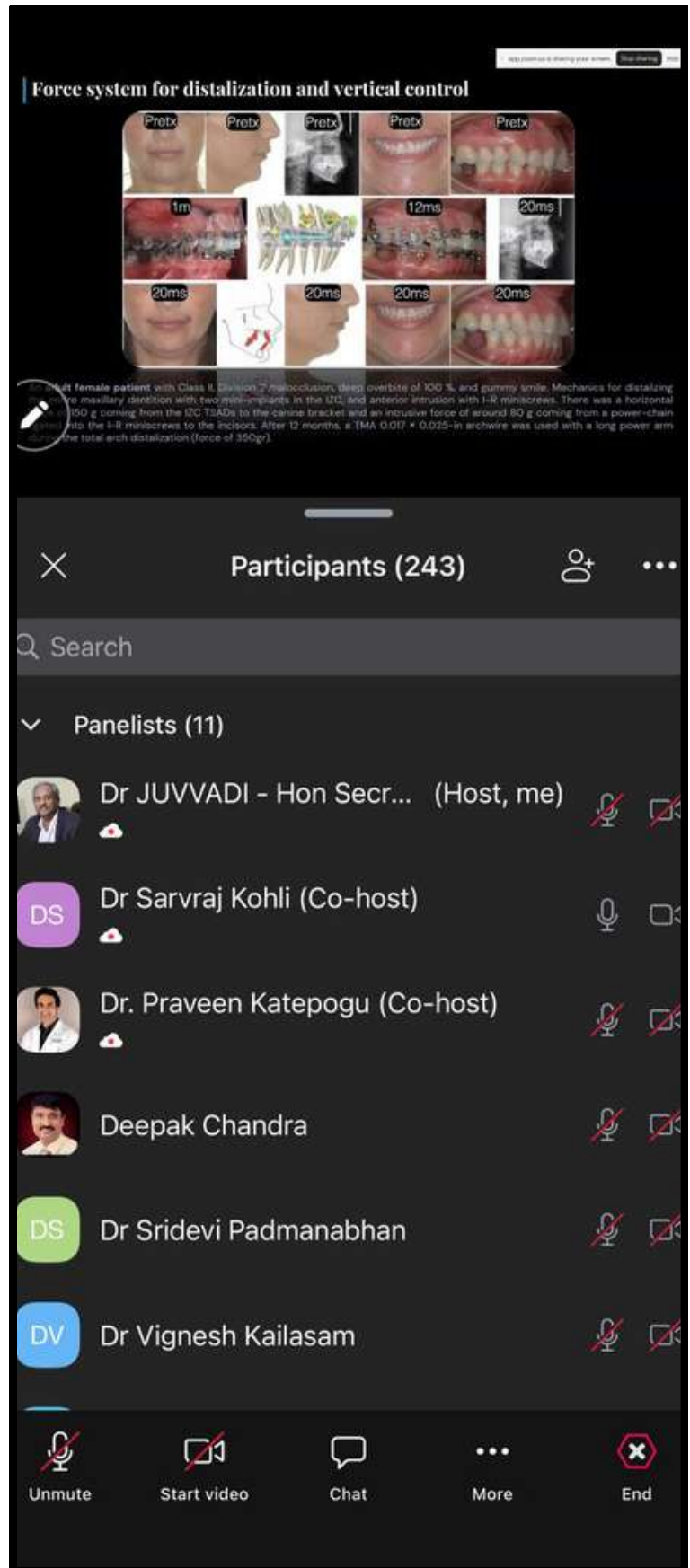
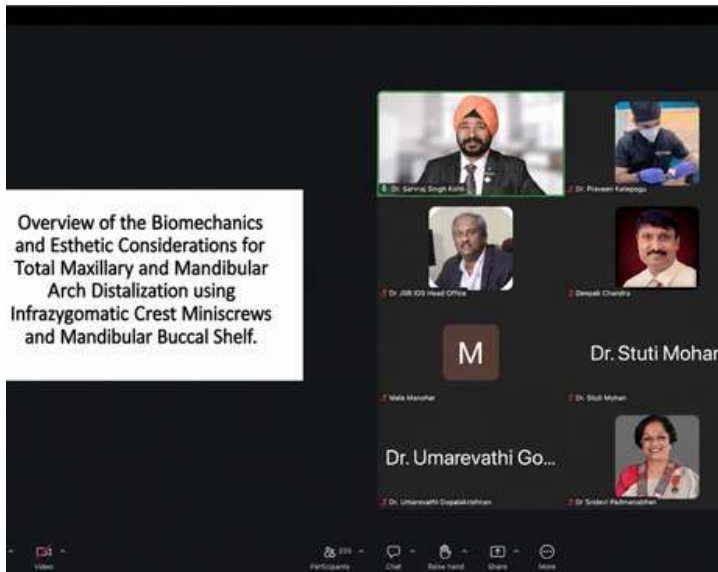


Dr. Shubhaker Rao Juvvadi
Hon. Secretary, IOS


Zoom Meeting ID : **978 2379 2852**

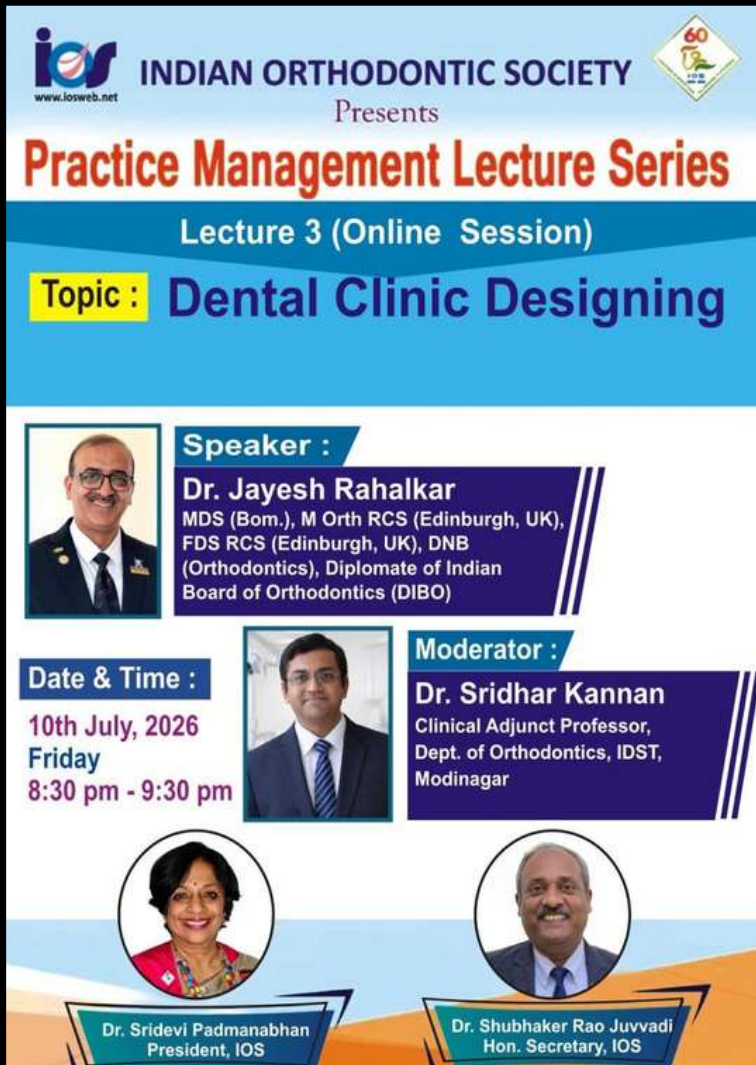

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The event was graced by several distinguished members of the IOS, including Dr. Sridevi Padmanabhan [President, IOS], Dr Shubhaker Rao Juvvad [Hon. Secretary , IOS], Dr. Deenadayalan.P [Academic council chairmen] and other key office bearers, reflecting the Society's commitment to academic excellence and continuing education. Overall, the session was a great success, fostering meaningful academic discussions and reinforcing the IOS commitment to promoting evidence-based orthodontics, research awareness, and active postgraduate participation.



Reported by Associate Editor, Dr. Shantanu Khattri

Practice Management Lecture Series



INDIAN ORTHODONTIC SOCIETY
Presents
Practice Management Lecture Series
Lecture 3 (Online Session)
Topic : Dental Clinic Designing

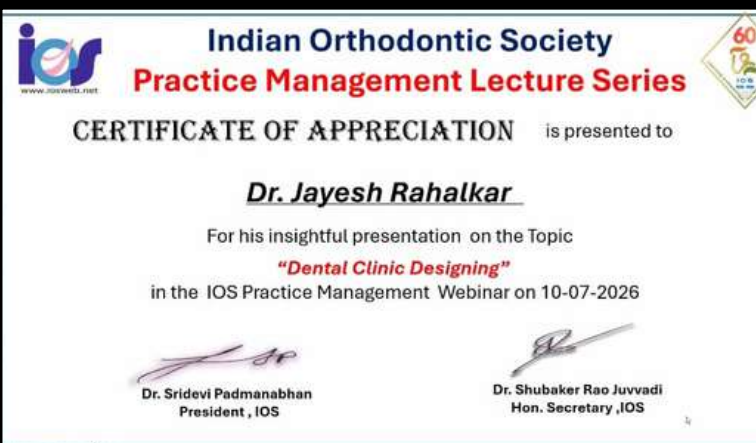
Speaker :
Dr. Jayesh Rahalkar
MDS (Bom.), M Orth RCS (Edinburgh, UK),
FDS RCS (Edinburgh, UK), DNB
(Orthodontics), Diplomate of Indian
Board of Orthodontics (DIBO)

Date & Time :
10th July, 2026
Friday
8:30 pm - 9:30 pm

Moderator :
Dr. Sridhar Kannan
Clinical Adjunct Professor,
Dept. of Orthodontics, IDST,
Modinagar

Dr. Sridevi Padmanabhan
President, IOS

Dr. Shubhaker Rao Juvvadi
Hon. Secretary, IOS



Indian Orthodontic Society
Practice Management Lecture Series
CERTIFICATE OF APPRECIATION is presented to
Dr. Jayesh Rahalkar
For his insightful presentation on the Topic
"Dental Clinic Designing"
in the IOS Practice Management Webinar on 10-07-2026

Dr. Sridevi Padmanabhan
President, IOS

Dr. Shubhaker Rao Juvvadi
Hon. Secretary, IOS

On 10th July 2026, the academic council of Indian Orthodontic Society organised the third webinar on practice management lecture series (2025 -- 2026 session) by none other than Dr. Jayesh Rahalkar, an eminent Orthodontist, clinician, teacher and expert practitioner for several decades and also the Past President of Indian Orthodontic Society. The moderator of the session was Dr. Sridhar Kannan, Clinical Adjunct Professor, Dept. of Orthodontics, IDST Modinagar. Dr. Anupama was the emcee of the event.

Dr. Rahalkar talked on the topic, 'Dental clinic design', where he shared his views and clinical experience as a successful practitioner for several decades. He explained in details about how to choose a perfect place, location and area of practice for setting a dental clinic. He also discussed in details about project report and financial planning for setting a new clinic, the check list for a rented clinic or a personally owned clinic, parking area, staff pattern and most importantly interior clinic designing where need, esthetics and space management were equally important depending on your practice time, patient load and number of dental chairs required for a smooth workflow. He talked about systematic planning, designing and execution of floor plan, plumbing, electrical requirement, water supply, dry and wet laboratory, patient waiting area, doctor and staff rooms, dental operator, clinic lighting, photography area and the importance of each one of this.

Overall it was a very engaging session with many practical inputs both from the speaker Dr. Jayesh Rahalkar and moderator Dr. Sridhar Kannan that truly benefitted the attendees.

Honorary President of IOS, Dr. Sridevi Padmanabhan and Secretary Dr. Shubhaker Rao Juvvadi also gave valuable insights regarding the practice management webinar series organised by academic council of Indian Orthodontic Society. The vote of thanks was given by Dr. Deena Dayalan, Chairman, Academic council.

Reported by :

Dr. Partha Pratim Choudhury

Co-chairman, Practice management committee, Academic council, IOS (2025 - 2026)



"Biomechanics Unlocked" Webinar Series

Date: 12th July 2026

Mode: Online

Organised by: Indian Orthodontic Society (IOS) in association with St. John's National Academy of Health Sciences

An online lecture was conducted on 12th July 2026 as the fourth session of the ongoing webinar series, "Biomechanics Unlocked," jointly organised by the Indian Orthodontic Society (IOS) in association with St. John's National Academy of Health Sciences. The session witnessed an enthusiastic participation of 216 delegates from across the country.

The webinar was graced by the presence of Dr. Sridevi Padmanabhan, President, Indian Orthodontic Society, and Dr. Shubhaker Rao Juvedi, Honorary Secretary, Indian Orthodontic Society, whose presence added prestige to the event.

The guest speaker for the session, Dr. Paola Merlo, delivered an engaging and comprehensive lecture on two clinically significant topics in contemporary orthodontics: the Hybrid System (a combination of segmental and continuous archwire mechanics) and the Management of Impacted Canines. Dr. Merlo provided an in-depth understanding of the principles, biomechanics, and clinical applications of the hybrid system, illustrating her concepts with numerous well-documented clinical cases. She also presented innovative and simplified approaches for the management of impacted canines, offering practical solutions for cases often regarded as complex and challenging. Her evidence-based presentation was highly informative and inspired participants to approach difficult clinical scenarios with greater confidence and predictability.

The vote of thanks was delivered by Dr. Sarojini Joseph, Senior Orthodontic Consultant, St. John's Medical College, Bengaluru, who expressed sincere gratitude to the speaker, dignitaries, organisers, and participants for their valuable contributions to the success of the webinar.



BIOMECHANICS UNLOCKED: NATIONAL WORKSHOP FOR PREDICTABLE ORTHODONTIC TREATMENT. [COMPREHENSIVE CERTIFIED MODULAR BIOMECHANICS WORKSHOP]



Dr. KC Choy,
DDS, MS, PhD



Dr. Paola Merlo,
DDS, MS, PhD



Dr. Vincenzo D'Anto,
DDS, MS, PhD

TEACHER'S DAY GIFT TO INDIAN ORTHODONTISTS

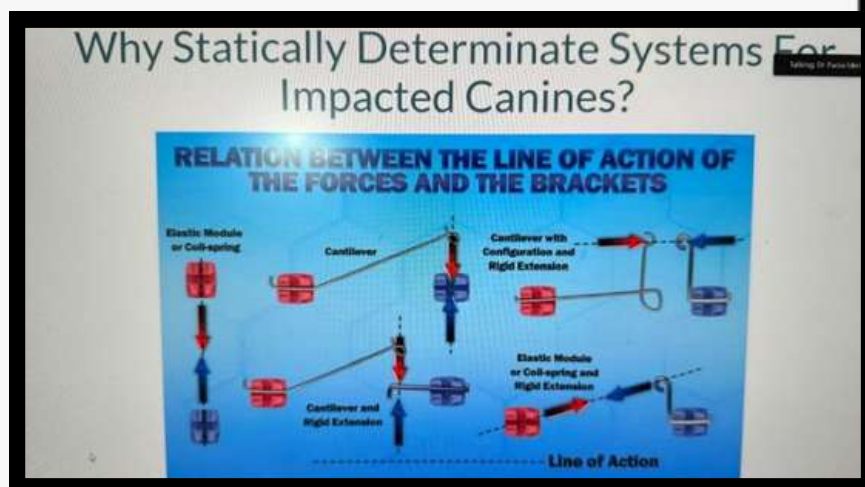
5TH & 6TH SEPTEMBER 2026

ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES - BANGALORE.

Following the lecture, Dr. Shubhaker Rao Juvedi, Honorary Secretary, Indian Orthodontic Society, presented a Certificate of Appreciation to Dr. Paola Merlo in recognition of her outstanding academic contribution. The winners of the online quiz competition conducted alongside the webinar were also announced during the session.

The programme concluded with an announcement regarding the upcoming "Biomechanics Unlocked: National Workshop for Predictable Orthodontic Treatment," scheduled to be held from 4th to 6th September 2026. The event will commence with a Training of Trainers (ToT) Programme on 4th September 2026, followed by the main workshop on 5th and 6th September 2026. The workshop will feature internationally renowned faculty members, including Dr. K.C. Choy (DDS, MS, PhD), Dr. Paola Merlo (DDS, MS, PhD), and Dr. Vincenzo D'Antò (DDS, MS, PhD), promising an exceptional academic experience for orthodontic professionals.

Overall, the fourth session of the "Biomechanics Unlocked" webinar series was an academically enriching and clinically relevant programme, providing participants with valuable insights into advanced orthodontic biomechanics and contemporary treatment strategies.



Excellence Beyond Borders: European Society of Lingual Orthodontic Congress 2026

Dr. G. Dharmadeep was invited as a Guest Speaker at the **European Society of Lingual Orthodontic (ESLO) Congress 2026** in **Verona, Italy** from 25th-28th June, 2026. His guest lecture on **“Precision Vertical Control using Lingual Orthodontics: Case Insights”** highlighted the advanced biomechanical principles, innovative clinical protocols and challenging case management using lingual orthodontics. By sharing practical insights and successful clinical experiences with an international audience, Dr. G. Dharmadeep contributed to the exchange of knowledge and reinforced India's growing presence in the global orthodontic community.



Dr. Shailesh Deshmukh

CONGRATULATIONS!

MY AIM AS EAS AMBASSADOR FOR INDIA

To support clinicians from India who have a genuine quest for excellence, science, and high-quality finishing in aligner therapy.

I strongly encourage you to:

-  Attend future EAS conferences
-  Consider taking the European Aligner Board (EAB/EBO) examination

2

WHY EAS & EAB?

-  EAS is a scientific, non-profit organization committed to education, ethics and the advancement of aligner orthodontics.
-  The European Aligner Board (EAB/EBO) promotes rigorous standards and recognition of clinical excellence.
-  Aligning with EAS and pursuing board certification is a meaningful commitment to best practices and patient-centred care.

3

I have been *appointed* as the EUROPEAN ALIGNER SOCIETY AMBASSADOR

FOR INDIA 

EAS

European Aligner Society

Uniting aligner professionals worldwide to elevate education, innovation & patient care.



-  **CONNECT**
Globally
-  **LEARN**
Continuously
-  **LEAD**
Collectively

Grateful for this trust and opportunity.

HERE'S TO REPRESENTING INDIA AND CONTRIBUTING TO A STRONGER GLOBAL ALIGNER COMMUNITY.



EAB/O EXAMINATION REQUIREMENTS

You must be an EAS member to be eligible for the EBAO Examination.

- 1  Records of 5 finished cases including a minimum of 1 year retention records.
- 2  The various categories of cases are clearly mentioned on the EAS website.
- 3  Cases to be submitted in digital format - PowerPoint presentation. The format is mentioned on the website.
- 4  Examination slots are limited to 20 each year. EBAO slots open around September and fill up very fast. Stay vigilant and check the website regularly.
- 5  Submit your cases and await evaluation. You will receive email intimation of acceptance / non-acceptance. If accepted, you will be called for the Oral Examination (held on the 1st day of the Congress). If some cases are not accepted, you will still be called for a friendly discussion.

4

EAS CONGRESS 2027



LISBON
8-10 APRIL
2027

Mark your calendar and plan ahead to be part of this global learning and networking experience.

I AM HERE TO SUPPORT YOU

Drawing on my experience and the honour of having served as:

- Past Chair, Indian Board of Orthodontics
- Past President, Indian Orthodontic Society

I see this as my responsibility to "give back" to our profession.

I would be happy to mentor and assist you in:

-  Understanding the EAS and its activities
-  Preparing for the European Aligner Board exam
-  Planning cases and documentation that meet board standards

Let's work together to raise the standards of aligner practice in India.

With warm regards,
Dr. Shailesh Deshmukh
Past Chair, Indian Board of Orthodontics
Past President, Indian Orthodontic Society

5

6

CONGRATULATIONS!

Dr. Vinod Krishnan

Heartiest Congratulations to Dr. Vinod Krishnan!

We are proud to announce that Dr. Vinod Krishnan, our distinguished Editor of the *Journal of World Federation Orthodontics*, has been appointed as Principal of Sri Sankara Dental College! Your leadership is truly commendable, and we wish you all the best in this new role!





Dr. Munish Reddy



🌟 *Heartiest Congratulations, Dr. Munish Reddy!* 🎉

We are immensely proud to announce that Dr. Munish Reddy has taken over as Vice Chancellor of Subharti University!

Wishing you all the best in this new role, Dr. Reddy! Your leadership will surely inspire many!

Reduces your treatment costs by ~80%

Introducing **Kea™**, the world's first web-based AI clear aligner planning suite led by orthodontists delivers highly accurate and personalized orthodontic plans in just a few minutes. Move the entire treatment planning in-house at an affordable rate thereby, saving time, gaining control, and eliminating the need to depend on third-party providers.



Cost-effective pricing
per STL file.



Intuitive UI, no expensive hardware needed.



Grow your clear aligner practice 10x with faster planning using kea



Try your first case
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This section of IOS times research column showcases contributions of our members to top ranked International Orthodontic journals for the July month. Congratulations to all our life members for their significant contribution to orthodontic literature. Any members who have published in top Q1 orthodontic journals for the month of august 2026 are requested to send to the IOS times Editor before august 25th.

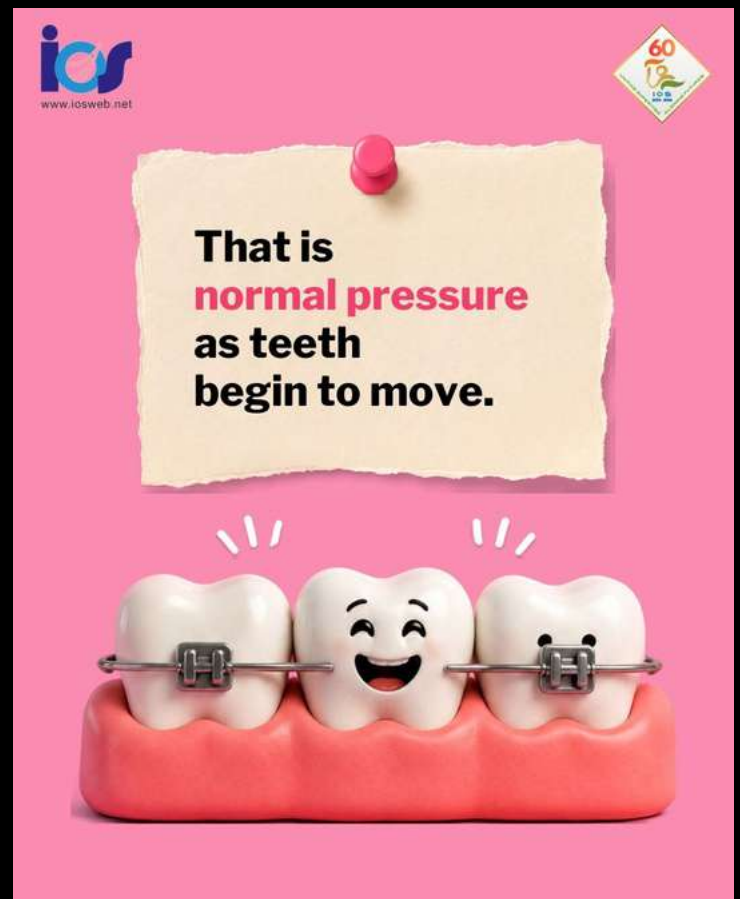
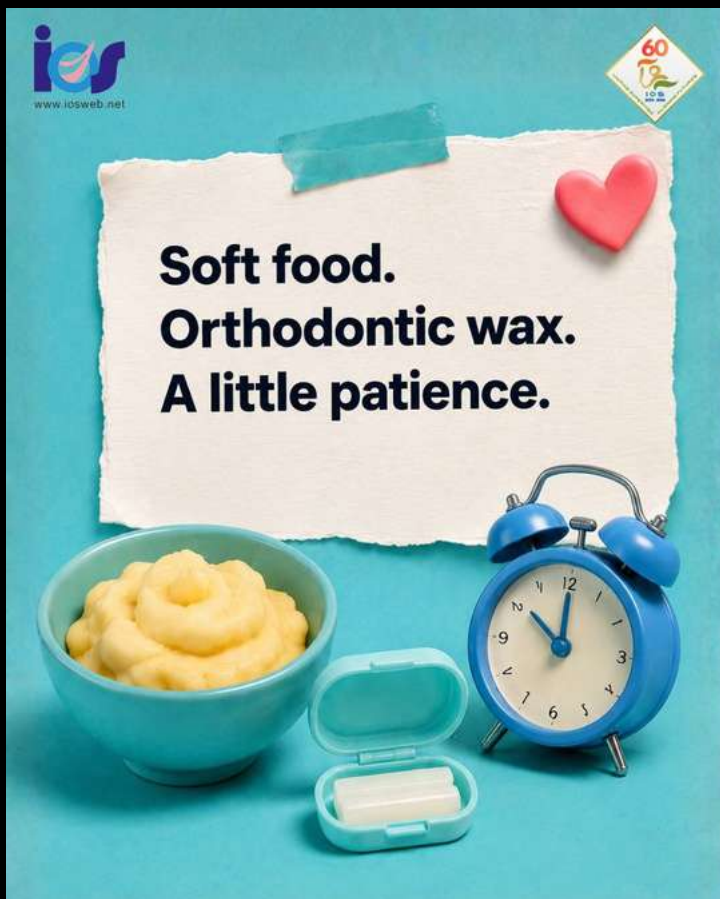
AMERICAN JOURNAL OF ORTHODONTICS AND DENTOFACIAL ORTHOPAEDICS- STATUS Q1 CITESCORE 6.1

[Segmental torque relevant orthodontic bracket tie-wing deformation in various bracket-archwire-ligature combinations](#)

Subramanian Sundar, a Pandurangan Harikrishnan, b and Devadhas Kingsly Jeba Singh

DOI: [10.1016/j.ajodo.2026.01.022](#)

Reported by Associate Editor , Dr. Uma Revathi





Dr. Priyanka Kapoor

Heartiest Congratulations to Dr. Priyanka Kapoor, Professor and Incharge, Orthodontics, at the Faculty of Dentistry, Jamia Millia Islamia, on successfully completing her PhD titled "Salivary MicroRNA Regulation of Condylar and Mandibular Growth in Children with Functional Appliance Therapy: A Comparative Study and Bioinformatic Analysis" from the School of Dental Sciences, Sharda University, Greater Noida, India.

Key highlights of the research:

- Explored salivary miRNA as non-invasive biomarkers in orthodontic growth modulation
- Integrated clinical orthodontics with molecular biology and bioinformatics
- Focused on functional appliance therapy and mandibular growth prediction
- Contributes toward personalized and evidence-based orthodontic care



Dr. Anshul Singla

Dr. Anshul Singla, Professor & Head, Department of Orthodontics and Dentofacial Orthopaedics, I.T.S Dental College, Hospital & Research Centre, Greater Noida, was awarded the Doctor of Philosophy (PhD) degree by Bareilly International University, Bareilly, for the thesis titled

"To assess the correlation between skeletal sagittal and vertical jaw relationship with cervical vertebral morphometry and cervical spine inclination: A prospective cephalometric study."

Key highlights of the research:

- Investigated the association between sagittal and vertical skeletal relationships and cervical vertebral morphometry together with cervical spine inclination.
- Performed a comprehensive evaluation of upper, middle, and lower cervical spine inclination (OPT, CVT, and EVT), including lower cervical vertebrae up to C6.
- Demonstrated significant associations between craniofacial morphology and cervical spine characteristics, providing a better understanding of head posture in different skeletal malocclusions.
- The findings contribute to a more comprehensive understanding of cranio-cervical relationships, which may aid diagnosis, treatment planning, and future interdisciplinary research in orthodontics.



CONGRATULATIONS!

Dr. Apoorva Gupta

Dr. Apoorva Gupta, Professor, Department of Orthodontics and Dentofacial Orthopaedics, I.T.S Dental College, Hospital and Research Centre, Greater Noida, successfully cleared his PhD titled "Evaluation of Enamel Surface after Orthodontic Cleanup Procedure Post Debonding Using Fluorescence-Aided Identification Technique: An Observational Study" from the Faculty of Dental Sciences, Bareilly International University, Bareilly, Uttar Pradesh, India.

Key highlights of the research:

- Evaluated the effectiveness of the Fluorescence-Aided Identification Technique (FIT) in enhancing visualization and removal of residual orthodontic adhesive following bracket debonding.
- Compared different adhesive cleanup protocols using 12-fluted tungsten carbide bur, 30-fluted tungsten carbide bur, and composite finishing bur using conventional and fluorescent composites.
- Assessed enamel preservation through stereomicroscopy, digital morphometric analysis, Adhesive Remnant Index (ARI), Surface Roughness Index (SRI), and Scanning Electron Microscopy (SEM).
- Demonstrated that cleanup under fluorescent illumination using a 30-fluted tungsten carbide bur provided optimal adhesive removal while preserving enamel integrity, supporting safer and more conservative post-debonding clinical practice.



Dr. Praveen Katepogu

Heartiest Congratulations to Dr Praveen Katepogu for successfully defending his thesis on Comparative Evaluation of the Tribological Performance of Nanostructured Graphene and Tungsten Disulfide (WS₂) Surface-Engineered nano coatings on 0.019 × 0.025-Inch Stainless Steel Orthodontic Archwires with Conventional Metal and Self-Ligating Bracket Systems under Simulated Dry and Wet Oral Environments Employing Distinct Ligation Modalities: An In Vitro Study during his Oral Viva Voce examination.



MOSG PODCAST 2.0

Madras Orthodontic Study Group presents - MOSG Podcast Series We are delighted to present PODCAST 2.0 – featuring Dr. Narayan Gandedkar for an insightful conversation on “Surgery First Approach”. The Part 1 was released on July 17th 2026 that highlighted valuable clinical insights, practical tips, and expert perspectives on Surgery first approach in Orthodontics.

On behalf of MOSG conveners, I would like to express my sincere gratitude to the speaker Dr.Narayan Gandedkar for his gracious acceptance and sharing his valuable insights , making the podcast truly engaging to the audience. I am truly grateful to IOS President Dr.Sridevi Padmanabhan and Honorary Secretary Dr. Shubakar Rao for the consistent support in all our endeavours. My heartfelt thanks to Dr.SriRengalakshmi, Professor at Saveetha Dental College & Hospitals for her incredible efforts taken in interviewing the insightful and enriching discussions and editing the podcast to perfection. Earnest appreciation to all the members of IOS and MOSG for the unwavering support and encouragement.

With regards,
Dr. Rekha Bharadwaj
Convener, MOSG

MOSG PODCAST 2.0





IN CONVERSATION
DR NARAYAN GANDEDKAR
X
DR SRIRENGALAKSHMI

JULY 17TH 6.30 PM- Part 1
AUGUST 7TH 6.30 PM- Part 2




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26th September

27th September

02:00 PM - 10:00 PM

09:00 AM - 05:00 PM



Check in followed by House
Boat Ride , Cultural Program
and Dinner

Diplomate's Meet





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Dr. Shailesh Deshmukh,
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1st September 2026 onwards	Rs. 4500 + 18% GST = 5310/-	Rs. 3500 + 18% GST = 4130/-
Banquet	Rs. 1500 + 18% GST = 1770/-	
Foreign Delegates	\$ 250	

Visit us on:
dental.dpu.edu.in/clinical-grandeur/

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Hosted By : Department of Orthodontics & Dentofacial Orthopedics

Dr. D. Y. Patil Dental College & Hospital, Pimpri, Pune

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***Is your braces doctor a member of
Indian Orthodontic Society ?***



Before

After

**IOS Times acknowledges Dr Sujan Kumar Kotta Venkata
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IOS Endorsed ?***



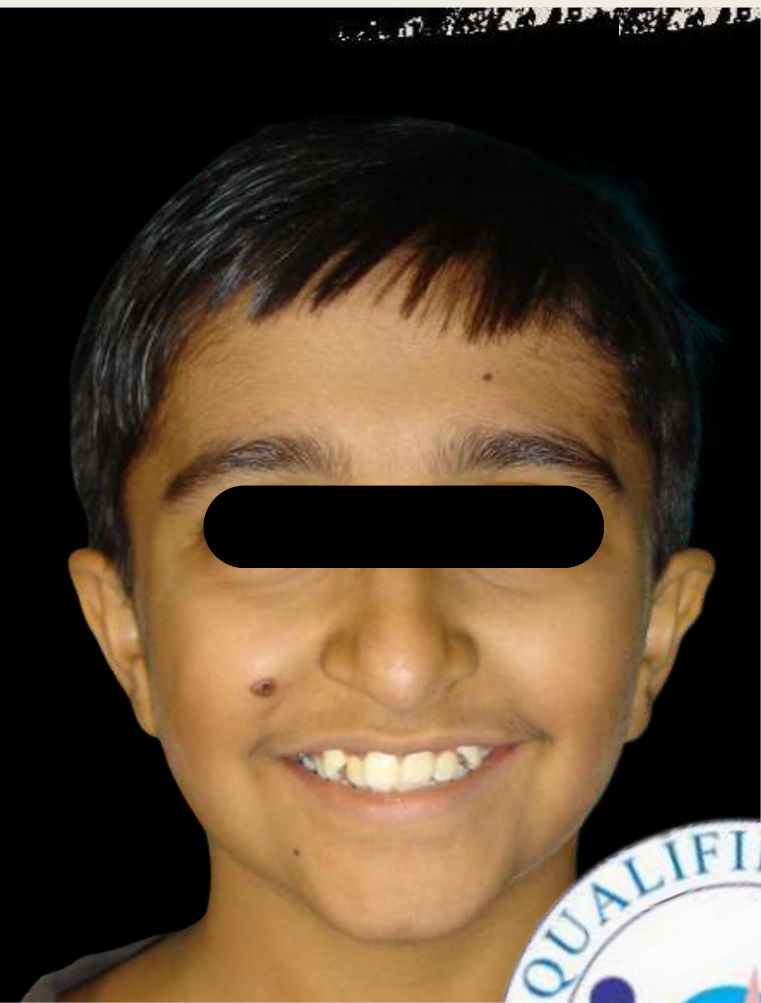
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**IOS Times acknowledges Dr. Ravisankar Vijayan
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Magic of braces!



Before



After

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Is your braces doctor a member of Indian Orthodontic Society ?



Before



**IOS Times acknowledges Dr. Dhaval Fadia for his
contribution in the public awareness page .**

Orthodontic Practice Management: Lessons from 25 Years at Dental Joy

Dr. Jagpreet S Sandhu, MDS, IMS, Fellow WFO

Senior Orthodontist, Amritsar

We started as a single-chair practice twenty-five years ago. Now, it is a multi-specialty clinic with a team from different fields, and we see patients who come from other countries. I am especially proud that we care for second-generation families. Over the years, we have also become known for handling complex cases that began elsewhere and were thought to be too difficult to finish. These experiences have provided me with important lessons about running a practice. Even though I do not have formal education in practice management, I learned from daily work, mistakes, and keeping up with new ideas from around the world. Today, I see practice management as a mix of clinical excellence, patient experience, strong operations, and thoughtful financial planning. All of these are important and interconnected.

Clinical Excellence Is the Foundation, Not the Whole Story

Evidence-based diagnosis, good biomechanics, and consistent results build patient trust. This has not changed in 25 years. Still, clinical skill by itself is not enough to keep a practice going. From what I have seen, orthodontists who struggle usually do not lack clinical ability. Instead, their problems often come from issues with pricing, staffing, or communication. To manage a practice well, you have to see the clinic itself as something that needs regular attention and care, just like your patients do.

Patient Experience as a Strategic Differentiator

More and more, patients see orthodontic treatment as part of their overall wellness, not merely a medical procedure. Most clinics can deliver good clinical results, but what really makes a practice stand out is the patient experience. Being clear about treatment timelines and costs from the start helps prevent confusion and build trust. A friendly, calm reception area reflects the same level of care as the treatment itself. When patients know why their treatment will take 18 months, they are more likely to follow through and recommend the clinic to others than those who are simply told what to do without explanation.

It helps to think of referrals as three separate groups: current patients who send their family and friends, people from the public who find the clinic on their own, and dentists or specialists who refer patients. Each group needs a different approach, and if you treat them all the same, you might end up not giving enough attention to one of them.

Quality, Safety, and Accountability

Some things are non-negotiable. Infection control, sterilization, and keeping equipment in good shape protect both patients and staff. Following regulations is the basic standard for any practice, not just paperwork to finish. We conduct regular internal audits to catch problems early, whether it is a missed step in sterilization or a gap in record-keeping. It is more important to have a culture in which staff feels safe pointing out mistakes than to rely solely on checklists.

The Financial Architecture of a Practice

Many orthodontists struggle more with finances than with clinical work. If you do not track things like cost per case, how chair time is used, overhead costs, and how many patients accept treatment, you can stay busy but still not do well financially. It is important to check your practice benchmarks every year and compare them over time to spot problems like falling fees or missed payments before they get serious. Reviewing fees each year and making small changes is easier for everyone than making big changes all at once.

The same careful approach should be used for scheduling. Set up appointment slots based on how complex each procedure is, use written guidelines, and have an automated recall system. This helps keep service consistent, even if staff members change over time.

Team, Culture, and Multidisciplinary Collaboration

The way team members treat each other shapes a clinic's culture, even before any patients walk in. We have had the least staff turnover after times when we focused on training and gave the team real responsibility for results, not just tasks. Orthodontic practices also do not work alone. Working with periodontists, oral surgeons, and general dentists, and keeping patients informed, supports effective management of complex cases.

Technology: Evolution Calls for Careful Adoption

Orthodontics has changed a lot in the last 25 years, going from plaster models and hand-bent wires to digital scans, aligners, and AI planning. The speed of change keeps increasing. Jumping on every new tool right away can mean extra training and confusion for patients, which I have seen happen with younger colleagues. The main question should not be "what's new," but "what problem does this solve, and is there good evidence for it?"

At our Dental clinic, we test every new update on a small scale first and check if it leads to clear results, like less chair time, better case tracking, or fewer missed appointments, before using it fully. Being careful with new tools also means stopping old practices that no longer work. To stay up to date, you need to add new tools and review the ones you already use.

Ethical and Regulatory Responsibility

As records become digital and AI planning tools are used, new responsibilities come up, like protecting patient data, getting informed consent for AI-assisted diagnosis, and making sure clinical decisions are clearly owned, no matter what the tool suggests. These are now a regular part of managing a practice. Ignoring them can harm patient trust and cause legal trouble.

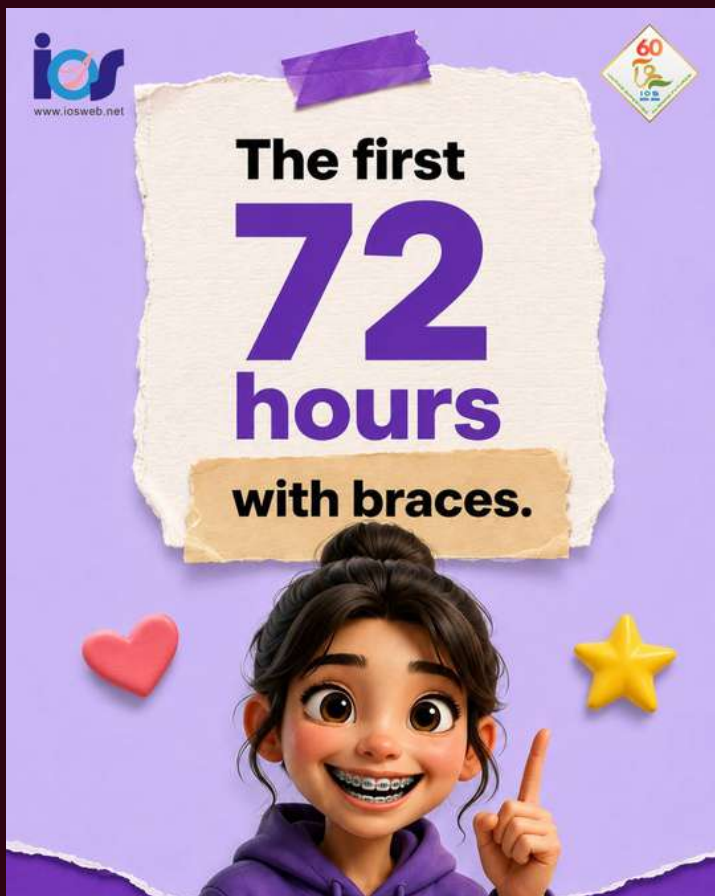
Looking Ahead

The tools will keep changing. Digital scans, data tracking, more people in the room making decisions together. None of that surprises me anymore. What would surprise me is if any of it changed the actual reasons ourDental set up has lasted 25 years. Those reasons are boring, honestly. We do the clinical work right. We treat patients like people, not appointments. We keep the books honest. We train our team rather than just staff it. And we wait before we adopt something new, long enough to know it actually works. Technology will keep moving fast. The practice doesn't have to move at the same speed to stay reliable.

Dr. Jagpreet Sandhu, MDS (Orthodontics & Dentofacial Orthopedics), MAMS, Fellow of the World Federation of Orthodontists (WFO), is a Senior Orthodontist Amritsar, with 28+ years of clinical and academic experience in the practice of Orthodontics.

LinkedIn: [linkedin.com/in/jagpreet-singh-sandhu-4521a940](https://www.linkedin.com/in/jagpreet-singh-sandhu-4521a940)

Reported By Dr. Irfan



Dr. Shiva Gupta

Current Trends in Practice Management in Orthodontics:



The practice of orthodontics has undergone a remarkable transformation over the past decade. While our primary objective remains unchanged—to provide healthy, functional, and beautiful smiles—the way we deliver care has evolved significantly. Orthodontics today is no longer just about moving teeth—it’s actually much more about creating an exceptional patient experience while simultaneously running an efficient, technology-driven practice.

Clinical excellence will definitely always be the foundation of our profession, however, in today’s competitive world, successful orthodontic practices are those that combine excellent treatment equally along with effective communication, smart technology, and sound business management, all literally hand in hand.. each one as important than the other.

One of the biggest changes the world today is witnessing is the shift towards complete digital workflows. From intraoral scanners and digital treatment planning to 3D printing and cloud-based records, technology has transformed the way we diagnose, plan, and deliver treatment. These Digital systems as we all know not just improve accuracy but also make the patient’s journey smoother and far more comfortable..and help in better understanding of treatment plan by the patient himself.

Artificial intelligence is another exciting development. Rather than considering it a threat, we must realise that AI serves as us a valuable assistant. Trick is to know how AI today literally can help with cephalometric analysis, treatment simulations, progress monitoring, and identifying potential treatment issues earlier than usual.This feat then allows us to spend less time on repetitive tasks and gives us more time to actually focus on clinical decision-making and patient care..which truly and really is our, the clinician’s forte.

Not surprisingly, Patients today also value convenience as much as quality. Remote monitoring, virtual consultations, and digital communication have become increasingly common in practice today. Many routine follow-ups are now carried out remotely, hence reducing unnecessary visits without compromising at all on the treatment outcomes. This extra flexibility is especially appreciated by busy professionals, students, and families, all alike.

Another important trend nowadays is the growing emphasis on patient experience. Infact ,the way a patient has been treated holds a lot more importance than the actual treatment procedure. Patients don't just remember how straight their teeth became—they remember how they were treated throughout the process.

Basic pleasantries like a warm welcome, minimal waiting time, clear explanations, transparent pricing, and prompt communication all contribute to building trust. And it's true, Happy and content patients are far more likely to recommend the practice to their friends and family.

Practice management has also become increasingly data-driven. Modern orthodontic practices regularly evaluate key performance indicators such as consultation-to-treatment conversion rates, treatment duration, appointment efficiency, patient satisfaction, and online reviews. These insights help identify areas for improvement and support better decision-making making constant evaluation even more necessary.

Marketing in dentistry has evolved significantly as well. Social media is no longer just simply a platform for advertising—it's much much more. It has now become a way to educate patients, showcase smile transformations, and build lasting relationships with the community which now last much longer.

Using this to our benefit by putting out Authentic patient stories, educational videos, and genuine online reviews often have a greater impact on patients than traditional advertisements.. They now feel and see at the same time .And seeing is believing .

Behind every successful orthodontic practice is a motivated and well-trained team. It's definitely not a one man show. Hence, team selection, Delegating responsibilities effectively, investing in staff training, and creating a positive workplace culture improve both efficiency and patient satisfaction. Every team member contributes in different ways to the patient's overall experience.

Looking ahead, the future of orthodontic practice management will continue to be shaped by advances in artificial intelligence, predictive analytics, digital workflows, and personalized patient care. However, despite all these technological innovations, one thing remains unchanged—the importance of empathy, trust, and last but not the least , the Human connection.. Which is irreplaceable.

At the heart of every successful orthodontic practice is not just advanced technology, but a true, empathetic clinician who listens, understands, and genuinely cares.. Technology definitely improves efficiency, but it is actual open communication, warmth, compassion to feel and also understand patient needs, along with clinical excellence for sure that create lasting relationships and truly beautiful smiles.

DR ANURAG MEHTA

THE WHEEL OF EXCELLENCE

Building a Successful Dental Practice



Eight essential elements. One goal: Excellence in every smile.

Reported by Dr. Hasini



Celebrating the Orthodontists who look beyond the obvious!



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what meets
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Indian Orthodontic Society

Because every smile
deserves expert care.



Dr. Shobha Sundareswaran



Dr. Shobha Sundareswaran is one of India's most respected orthodontists, known for her clinical excellence, teaching legacy, and vibrant creative spirit. Her journey reflects a rare blend of scholarship, dedication, and passion, making her an inspiring presence in dentistry and beyond.

She completed her BDS as a rank holder and gold medallist from Government Dental College, Thiruvananthapuram, and later secured first rank in the inaugural Kerala Postgraduate Entrance Examination before earning her MDS in Orthodontics and Dentofacial Orthopaedics in 1986. She is also a Diplomat of the Indian Board of Orthodontics. Over four decades, she has been honoured with several prestigious awards, including the Best Teacher Award, the A. V. Arun Outstanding Professor Award, the Lifetime Achievement Award, the Distinguished Woman Orthodontist Award, the WIMA Award 2024, and the Best Doctor Award 2024.

An accomplished academician, she has published widely in national and international peer-reviewed journals and contributed to textbooks and orthodontic education. She has also served as Section Editor of the Journal of Indian Orthodontic Society, a peer reviewer for leading journals, and a PhD guide for Kerala University of Health Sciences.





Her teaching career has been equally distinguished. As Professor and Head of Orthodontics at Government Dental Colleges in Kottayam, Thiruvananthapuram, and Kozhikode, she mentored generations of orthodontists with discipline, clarity, and care. She currently serves as Professor of Orthodontics at KMCT Dental College, Kozhikode.

What truly sets Dr. Shobha apart is her passion beyond dentistry. A gifted musician, she has performed on many stages, sung in albums, won the Best Singer award at the IMA Festival, and anchored Chakkarapanthal on Mathrubhumi TV. She is also an accomplished actor, with award-winning telefilms and short films to her credit, including Karshakan, for which she received the Best Actress Award. Her latest film, Ezekiel, the first Malayalam science fiction film using AI, is set for release.

Her love for life extends to nature, travel, and movement. She has nurtured a thriving kitchen garden, featured in Harithamuttam magazine, travelled to more than 20 countries, and participated in marathons with the same energy and perseverance that define her professional life.

Dr. Shobha Sundareswaran is more than an orthodontist. She is a teacher, researcher, artist, performer, and passionate role model whose life continues to inspire many.

Reported by Section Editor , Dr. Arjun Nayak





Dr. Neena Moitra



Beyond Orthodontics – The Music Between the Smiles

As orthodontists, we spend our days creating beautiful smiles, correcting bites, and improving oral health. But beyond the clinic, each of us has another identity—a passion that nourishes the soul and enriches the person behind the profession.

For Dr. Neena, that passion is music.

Music has always been much more than a hobby. It has been her refuge, her source of joy, and her way of expressing emotions that words sometimes cannot. Whether singing, listening, or simply immersing herself in melodies, music has taught her patience, harmony, discipline, and empathy—qualities that have quietly shaped the orthodontist she has become.

Orthodontics is often seen as a science, but it is also an art. Every smile is unique, every patient is different, and every treatment requires sensitivity, understanding, and trust. In many ways, treating patients is like creating music. Both require rhythm, precision, balance, and the ability to see beauty in gradual transformation.

Over the years, she has realised that her patients have never been "just teeth" to me. Each one has been an individual with dreams, fears, stories, and aspirations. Taking the time to know them beyond their orthodontic treatment has created relationships built on warmth and trust. Many of those young patients have now grown into adults and returned with their own children, placing the next generation of their family in her care. That is perhaps the greatest compliment an orthodontist can receive—not merely appreciation for clinical skills, but confidence born out of genuine human connection.

Music has helped her listen—not only to notes, but to people. It has reminded her that healing often begins with being heard. A reassuring conversation, a shared laugh, or a familiar tune can sometimes ease anxiety as much as any clinical explanation.

Our profession demands precision and commitment, but our passions keep us inspired and balanced. They remind us that while we shape smiles, it is our humanity that truly touches lives.

As members of the Indian Orthodontic Society, we are united by our dedication to excellence in orthodontics. Yet it is our passions beyond orthodontics that make us more compassionate clinicians, better listeners, and more fulfilled individuals.

Because in the end, the most beautiful smiles are not created by brackets and wires alone—they are created by kindness, trust, compassion, and the connections we build along the way.

And perhaps that is the most beautiful harmony of all—when science meets art, profession meets passion, and every smile becomes a melody that stays with us forever.

Reported by Section Editor, Dr. Arjun Nayak





Dr. Sanjeev Verma



Beyond orthodontics, Dr. Sanjeev Verma is an avid fitness enthusiast who firmly believes that an active lifestyle complements professional excellence. Running has been an integral part of his life for over 15 years, with a personal best of 1 hour and 39 minutes in the half marathon. He is a regular at the gym and has recently developed a passion for HYROX, embracing its unique blend of endurance and functional fitness. His enthusiasm for physical activity also extends to Bhangra, reflecting his love for culture, movement, and community.



His growing interest in fitness has naturally evolved into a commitment to healthy eating and overall wellness. Dr. Verma believes that the discipline, resilience, and consistency cultivated through these pursuits positively influence every aspect of life, including patient care, teaching, and personal well-being.

Away from his professional commitments, he enjoys spending quality time with his wife, two sons, and mother, whose constant support forms the foundation of his personal and professional journey. For Dr. Verma, life beyond orthodontics is about maintaining balance, embracing new challenges, and continuing to grow—both as a clinician and as an individual.



Reported by Dr. Sonam Sehrawat



Dr. Jay Shankar



Dr. Jay Shankar completed his Bachelor of Dental Surgery (BDS) from SDM Dental College, Dharwad in 2010, followed by his Master of Dental Surgery (MDS) in Orthodontics & Dentofacial Orthopedics from KVG Dental College, Sullia in 2017. He is currently serving as an Associate Professor at Vasantdada Patil Dental College & Hospital (VPDC), Sangli, where he is actively involved in academics, clinical practice and mentoring the next generation of dental professionals.

Recently Dr. Jay cleared b1 level German language exam and preparing to clear b2 level to become a German tutor as well. His commitment to teaching reflects his belief that knowledge grows when it is shared with passion and purpose. A dedicated orthodontist with an eye for precision and a heart for compassionate patient care, Dr. Jay believes that every smile tells a story.

His approach to orthodontics combines scientific excellence with an understanding of the confidence and transformation that a beautiful smile can bring to an individual's life. Outside the clinic, he is an adventurer at heart. An avid solo traveller and motorcycling enthusiast, he finds joy in exploring unfamiliar roads, embracing new cultures and collecting experiences that shape his perspective.

His journeys through Sri Lanka, South Korea and the majestic landscapes of Ladakh have deepened his appreciation for diversity, resilience and the beauty of simplicity. Dr. Jay is equally passionate about the written word. A gifted poet, he transforms personal experiences, fleeting emotions and meaningful encounters into heartfelt verses. For him, poetry is not merely a creative pursuit but a way of preserving life's moments and expressing emotions that often remain unspoken.



Several of his works have been published through Amazon, reflecting his ability to connect with readers through authenticity and introspection. Known for his humility, calm demeanor and thoughtful outlook, Dr. Jay values continuous learning, meaningful conversations and the pursuit of personal growth. Whether crafting smiles, riding through winding mountain roads, mentoring students, or writing poetry inspired by life's journey, he brings sincerity, curiosity and passion to everything he does.

With an unwavering commitment to his profession and a creative spirit that extends beyond it, Dr. Jay Shankar continues to inspire by proving that success is not only measured by achievements, but also by the lives we touch, the experiences we embrace and the stories we choose to tell.

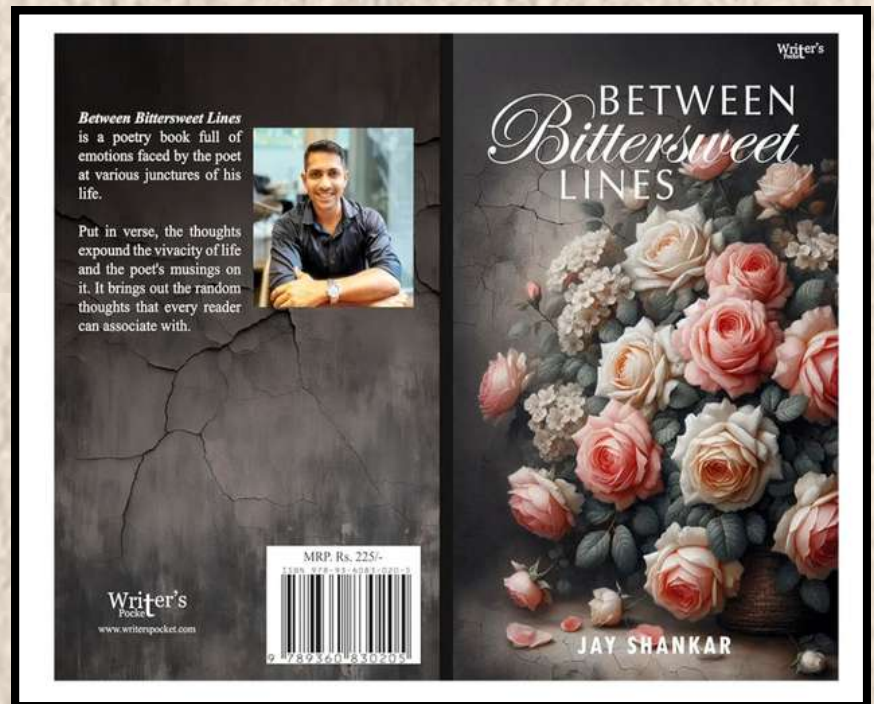
Enslaving Voice

*Her voice could breathe life in a dead,
An antidote for stress, to put me to bed..
With finesse, modulating the pitch..
Blending emotions and words ,
perfection she would reach...*

*Some occult her voice possess,,
Capable to pierce through and bless..
If she aspires,
Seasons could turn grim to beautiful,,
Storms rendered powerless,,,divinity would rule..*

*For no matter, how much I resist to yield ,,
I get ushered into the sweetness it wields...
Her mystical voice resonates on a loop,,
I fear , for the whole creation I may turn aloof..*

JayS



To the ' Morning Calm'

How can I not write for this land ,
Buzzing with energy with kpop brand.
Ancient palaces and glass skin around,
After 12 hr flight, another world I found .

tech and co ordination at best,
Food n music around like 24x 7 fest.
beyond norm ,here folks are polite,
Suddenly ,
English language lost its usual might.

They say,
Flying solo offers best introspection,
Couldnt agree more on this notion.
in thoughts , unraveling new avenues,
Attempt by life to display new cues.

At bank of Han River ,
Holding bottle of hoegaarden beer.
heart with grace ,
Knowledge was set ablaze..
A day more and I'll depart to my land
Utterly conscious about the hourglass
And each grain of falling sand...

JS





Dr. Abhimanyu Vikram Singh



Dr. Abhimanyu Vikram Singh earned his Bachelor of Dental Surgery (BDS) from Sardar Patel Post Graduate Institute of Dental and Medical Sciences, Lucknow, in 2015, laying a strong foundation for his clinical and academic career. He subsequently completed his postgraduate training in Orthodontics and Dentofacial Orthopaedics at Saraswati Dental College, Lucknow, in 2019. Since then, he has established himself as a dedicated clinician, academician, and researcher, driven by a commitment to innovation and excellence in orthodontic practice.

Beyond orthodontics, Dr. Abhimanyu Vikram Singh believes that personal growth is essential for professional excellence. An avid jogger with a keen interest in cooking, reading, and travelling, he values experiences that broaden perspective, foster creativity, and support lifelong learning. Guided by discipline, curiosity, and compassion, he continues to pursue excellence as a clinician, educator, researcher, and mentor, contributing to the advancement of orthodontics while inspiring the next generation of dental professionals.



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So what does **correction** actually mean?




Alignment is only a part of the picture.

Looking straight and being correct are not the same thing.

Straight teeth in a mirror do not guarantee a correct bite, stability, or a finished result.

These are the things your **orthodontist checks, not a photograph.**

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Moving teeth is the **appliance's job** correcting them is the **orthodontist's.**



Braces and aligners are appliances designed to move teeth.

But alignment does not guarantee correction.

-  Movement is visible.
-  Correction is deeper.

appliances



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When in doubt, always choose an **IOS endorsed orthodontist.**

Check the qualification before treatment.




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Before your treatment ends, ask this:

Has my **bite** also been corrected, or **only my alignment?**

This one question tells you whether your treatment is truly finished or only looking finished.

A corrected bite protects your results for life.







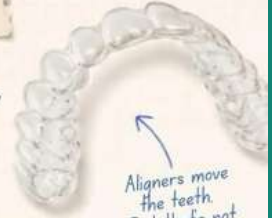

**Orthodontic treatment
is not complete when
movement stops.**

**It is complete when
correction is confirmed.**



Your teeth are aligned.

**But did your
treatment
actually work?**



Let's understand the
difference.



**Severe pain,
swelling
or a wire
causing injury?
Call your
orthodontist.**

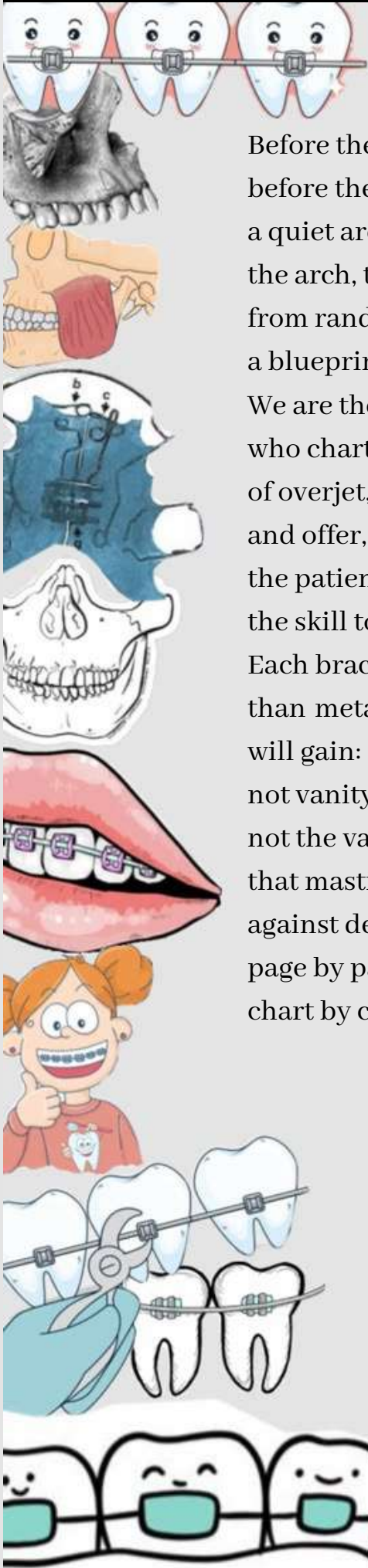


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Orthodontist**



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Before the first smile forms in infant grace,
before the milk teeth cede their rightful place,
a quiet architecture takes its shape—
the arch, the bite, the jaw's slow-built escape
from randomness towards order, tooth by tooth,
a blueprint written in developmental truth.
We are the ones who read that blueprint's lines,
who chart the crowding, mark the subtle signs
of overjet, of open bite, of drift—
and offer, not just wire, but a gift:
the patience to correct what nature skipped,
the skill to guide what genetics has equipped imperfectly.
Each bracket placed is more
than metal—it's a promise made before the patient understands what they
will gain:
not vanity, but function;
not the vain pursuit of symmetry, but the deeper sense
that mastication, speech, and self-defense
against decay all trace back to this art we practice daily,
page by page,
chart by chart.

So let this verse remind us, amid the grind of case reviews
and conferences combined,
why we began
to give each patient more
than straightened teeth — a confidence, a door
to open wider, speak with greater ease,
to chew, to laugh, to live without unease.
This is our calling, quietly profound—
the Architecture of a smile, once found.

By- Dr. Puja Priyadarshini Parija

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QUTUB MINAR

Mehrauli
A UNESCO World Heritage Site and the tallest brick minaret in the world, surrounded by ancient ruins.



INDIA GATE

Rajpath, Central Delhi
A war memorial dedicated to Indian soldiers and a popular picnic spot in the heart of the city.



PM SANGRALAYA

Teen Murti Marg
A modern museum showcasing India's political journey and the vision of our leaders.



AKSHARDHAM TEMPLE

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LOTUS TEMPLE

Kalkaji
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