



Dr O. P. Kharbanda



Dr. Pradeep Tandon



Dr. N. R. Krishnaswamy



Dr. Anmol Kalha



IOS Lifetime Achievement Award Dr. Vijay P. Jayade



Dr. Keki Mistry's Scroll Of Honor Dr. Jyothindra Kumar



Dr. Keki Mistry



Dr. Girish Karandikar



Dr. U. S. Krishna Nayak



Mr. S. R. Rajagopal

## 53rd Indian Orthodontic Conference, Kochi, Kerala

December 7 to 9, 2018

### Felicitiation of the JIOS Editors



Dr. Keki Mistry



Dr. Vijay P. Jayade



Dr. Jyothindra Kumar



Dr. O. P. Kharbanda



Dr. Ashok Karad



Dr. Gurkeerat Singh



Dr. Sridevi Padmanabhan



JIOS special issue released



# The 53rd Indian Orthodontic Conference



The 53rd Indian Orthodontic Conference held at Hotel Le Meridien, Kochi from December 7-9, 2018 was a huge success, with more than 2000 delegates attending it from all over the world. The pre-conference courses held at Amrita School of Dentistry - by Drs. Hyoun-Seon Baik, Kee-Joon Lee, PG Francis, Ayse Tuba Aitug & Sherry Peter, were all packed to capacity.



The IOS Oration lecture was delivered by Dr Jyothindra Kumar, Vasavi Memorial Oration by Dr David Carlson, while the Dr Surendra Shetty Oration was delivered by Dr NR Krishnaswamy. The Inaugural ceremony had Dr Dibyendu Mazumdar, as the chief guest and Dr PP Jacob, the senior most orthodontist in Kerala as the Guest of Honour. Besides presenting the designated annual awards, celebrating 50 years of JIOS, all the editors of JIOS, till date, were felicitated at the inauguration ceremony. Textbook of Orthodontics, authored by Dr. Rohan Mascarenhas, was also released.

While all the matters on the agenda could be concluded, the Annual General Body meeting concluded on a somber note. The elections held, saw Dr Silju Mathew chosen as the President Elect, while the organising Secretary of the Conference, Dr Tradib Jayapal, was elected un-opposed as the Vice president for the year 2018-19. Dr Sridevi P., Dr Gnana Shanmugham and Dr Sanjay Labh were elected as Honorary Secretary, Hony. Jt. Secretary and Hony. Treasurer for the years 2018-2021, beside the 25 EC members.



At the Valedictory function, after Dr Shailesh Deshmukh thanked the conference Organising committee for the successful conduct of the conference, Dr Pradeep Jain took over as President, Indian Orthodontic Society for the year 2018-19.







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Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.



## Achievement



Dr M Ramasamy is a renowned Orthodontist in Chennai City with more than 20 years of clinical experience. He completed his BDS from Annamalai University, and MDS in the Tamil Nadu Dr MGR Medical University. He has more than 14 years of teaching experience. Currently he is Professor, Dept of Orthodontics and Dentofacial Orthopaedics, Sri Venkateswara Dental College and Hospital.

He has been appointed **Member of the Senate**, The Tamil Nadu Dr MGR Medical University, as a nominee of the Government of Tamil Nadu. He is also member of the Board of Studies and Chairman, University Research Council in the same University. He has numerous national and International publications to his credit. He is an ardent tennis player and fitness enthusiast.



As someone who put a beautiful smile of her face, Kyra will surely miss her orthodontist more than the braces



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**FULL NAME:** Shruti Umesh Jakati

**BIRTHDAY IS ON:** 10 July 1970

**PROFESSION:** Singer, Songwriter and Composer

**CURRENTLY:** Board of Director & Principal at Muziclub

**YOUR INSPIRATION IN LIFE:**

My Mother : Smt. Vijaya N Diwakar

**HIGH POINT IN LIFE:**

Honored by Assam Rifles Unit at Indian defense Base at UN Haiti

**ACHIEVEMENTS:**

Had a tumor surgery on my vocal chords in 2011.  
Lost my voice for 6 months. Thereafter 2 years of *riyaaz*,  
am back to singing.

**ADVICE YOU WISHED HAD RECEIVED:**

In an accident in 2000, my dentition was deformed. Wish somebody  
had told me to visit an orthodontist, then. No one told me that  
dental corrections with braces are possible after the age of 30 yrs.

**ADVICE TO YOUNGSTERS:**

Take responsibilities for your decisions and actions.  
Don't miss the big picture. Life is hard but it is good too.

**WHAT IS THE BEST YOU LIKE ABOUT YOUR PROFESSION:**

Being musician is more being human. I connect with people.  
I am in touch with my emotions. And the most important  
and happy part of creativity. That gives me immense  
pleasure to write, compose and sing.

**WHY, IN YOUR OPINION, IS A GOOD SMILE IMPORTANT?**

It clears all negativity around us.

**WHAT DO YOU KNOW ABOUT BRACES ?**

Earlier, thought braces can be done till age of 20 yrs.  
Now I know that was mis-information. I got braces after  
the age of 45 and it has given me new life and my  
confidence back.

**SOCIAL MEDIA INTERACTIONS:**

@ Shruti Jakati o Facebook #shrutioffbeats

**ONE WORD THAT DESCRIBES YOU BEST:** Honest

*Shruti Jakati*  
Singer • Songwriter • Composer

**YOUR FAVOURITE**

**City:** Gangtok

**Food:** Maharashtrian simple  
food without too much  
of spice.

**Song:** All Gulzar songs

**Movie:** Gone with the Wind,  
Godfather

*Celebrating Life*





## 20th IBO Convocation

The 20th IBO Convocation Ceremony was held at Le Meridien Convention Centre, Kochi on 7th December 2018. Dr. Badri T, Dr. Biju Sebastian, Dr. C. Deepak, Lt Col (Dr) Gagandeep Kochar, Dr. George Jose Cherackal won the Dr Prem Prakash Best treated case in IBO Examination of 2018. Dr. Hrushikesh Aphale, Dr. Puneet Batra were conferred the status of "Diplomate of Indian Board of Orthodontics" at the grand convocation ceremony.

The chief guest for the ceremony was DCI President, Dr. Dibyendu Mazumdar. Earlier, the morning of 6th December 2018, saw a record breaking 195 candidates appear for Phase II written examination, while the meeting of the College of Diplomates (CDIBO), held in the evening, was presided by the erstwhile Chairman of IBO, Dr. Ashok Surana. The new board of directors took over at the conclusion of the convocation ceremony.

Dr. Jayesh S. Rahalkar: Chairman  
Dr. Ketan Vakil: Vice Chairman  
Dr. M. Vadivelkumar: Secretary & Treasurer  
Dr. Ashwin George: Director  
Dr. Rajaganesh G: Director



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**Dr. Pradeep Jain**  
President



**Dr. Sridevi Padmanabhan**  
Honorary Secretary



**Dr. Tradib Jayapal**  
Vice President



**Dr. Silju Mathew**  
President Elect



**Dr. Shailesh Deshmukh**  
Imm. Past President



**Dr. Jayesh S. Rahalkar**  
IBO Ex officio Member



**Dr. Gnana Shanmugham**  
Hony. Jt. Secretary



**Dr. Sanjay Labh**  
Hony. Treasurer



**Dr. Deepak Chandra**  
Imm. Past Hony. Secretary



**Dr. Puneet Batra**  
Editor, JIOS



**Dr. Pradeep Raghav**  
Editor, JCO-IOS



**Dr. Biju Abraham**  
Editor, IOS Times



**Dr. Ajit Pillai**



**Dr. Anand Tripathi**



**Dr. Ankit Sikri**



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**Dr. Sanjeeb Sahu**



**Dr. Sanju Somai**



**Dr. Santosh Ramegowda**



**Dr. Shahul Hameed Faizee**



**Dr. Shailesh Shenava**



**Dr. Swati Acharya**



**Dr. Syed Altaf**



**Dr. Vaibhav Misra**

*Team for the year  
2018-2019*



**Dr. Vijaydith C**



**Dr. Vinod Krishnan**





# The 5<sup>th</sup> IOS Executive Committee 2017-2018 Meeting

Dec 07, 2018

Hotel  
Le Meridien  
Kochi



The 5th meeting of the Executive Committee for the year 2017-18 was held on December 7, 2018 at 9 am at Nayanar Hall of the Le Meridien Convention Centre, Kochi. The matters listed on the agenda were taken up and matters which were to be taken into the AGM were deliberated upon one last time. The President gave away the EC attendance certificate and presented all EC members with a memento on his behalf, as a token of appreciation for the cooperation rendered by all, to him, during his Presidential tenure.



Dec 09, 2018

Hotel  
Le Meridien  
Kochi



# The 1<sup>st</sup> IOS Executive Committee 2018-2019 Meeting



The 1st meeting of the newly elected Executive Committee was held in the Nayanar Hall of the Le Meridien Convention Centre, on December 9th, 2018 at 5 pm. After formal introduction of all the members present, President Dr Pradeep Jain, apprised the members about the manner of conduct of activities within the EC and its conduct beyond it, especially in social media. The various subcommittees were finalised and the Presidential Calendar declared. Matters laid down as agenda for the meeting, were taken up and deliberated upon, by all members.







**Dr George Jacob's Award**  
for Innovation in Clinical Orthodontics  
Dr Vivek Patni  
Dr Sheetal Potnis

**Dr PP Jacob Award**  
for Best Scientific Paper Published in JIOS  
Dr Mugha Mankar

### IOS Colgate Palmolive Student Research Award

Dr Gayathri Ganesh  
Dr Annapurna K

### IOS Colgate Palmolive Life Member Research Award

Dr Gagan Deep Kochar  
Dr JitendraSharan  
Lt. Col. Dr Karan Nehra

**Dr HD Merchant Award**  
for Original Work in  
Preventive Orthodontics Research  
Major Dr. Raj Kumar Maurya



**Best performing  
Life member**  
Dr Vaibhav Misra

**Best performance  
by a Dental College**  
Kalinga Institute of Dental  
Sciences, KIIT, Bhubaneswar

**Best performance  
by a Study Group**  
Rajasthan Orthodontic  
Study group

## RESULTS COMPETITIVE PRESENTATIONS, 53<sup>RD</sup> IOC, KOCHI

### RESEARCH

Dr. Shivratna C Savadi's Award for  
Best Research Paper  
**Dr. P.S.Haritha**  
  
Ms. Sandhya Seshadri's award for  
second best research paper  
**Dr.Priyank Rai**  
  
Third Best paper  
**Dr. Manish Kamal Kukreja**

### ORAL CLINICAL

Dr. Ashima Valiathan's award for  
Best Clinical paper  
**Dr. Ashwin Mathew George**  
  
Dr. Anil Kumar Mehrotra award for  
second best clinical paper  
**Dr. Abhishek Ghosh**  
  
Third Place  
**Dr. Serglo Martires**

### CLINICAL INNOVATION

Dr. Neeta Bhagtani Award for  
best paper clinical innovation  
**Dr. S. Fayyaz Ahamed**  
  
Sai Pranav Memorial award for  
second best paper clinical innovation  
**Dr. Ajit J. Kalia**  
  
Third Place  
**Dr. Siddharth Revankar**

### POSTER PRESENTATION -RESEARCH

First Place  
**Dr. Evan A. Clemant**  
Second Place  
**Dr. Sonahita Agarwal**  
Third Place  
**Lt. Col. Dr. Ashish Kamboj**

### POSTER PRESENTATION -CLINICAL

First Place  
**Dr.Litesh Singla**  
Second Place  
**Dr. Poornima R. Jnaneshwar**  
Third Place  
**Dr. Shravan Shetty & Dr Munish Varma**

### POSTER GENERAL

First Place  
**Dr. Divya Maheshwari**  
Second Place  
**Maj Dr. Vishwaroop**  
Third Place  
**Dr. Romil B. Shah**

### TABLE CLINIC

First Place  
**Dr. Ashith M.V.**  
Second Place  
**Maj Dr. Pratik Chandra**  
Third Place  
**Dr. Jitendra Bhagchandani**

*Congratulations*

*to all the Prize winners !*





# Rajasthan Orthodontic Study Group Activity



Friday 14 th September 2018



## Rajasthan Orthodontic Study Group (ROSG)

organized a a one Day workshop on "TMJ considerations in Functional Orthodontics" with Live Demonstration on a patient for Face-Bow Transfer and making of Acrylic Splint by **Dr. K. Gnanashanmugham**.

This workshop was attended by 50+ participants both Clinicians and Post-Graduate students and was a very interactive and informative lecture and demonstration on the intricacies and detailing of TM Joint function and relevance while treating Orthodontic cases and also how orthodontists can help in TMD's.



20 th – 22nd October 2018

**Rajasthan Orthodontic Study Group (ROSG)** organized a Three days long workshop on Lingual Orthodontics and Micro-Implants "A-La Mode" with Live Demonstration on a patient & Hands-on (on models) at Sri Ganganagar, Rajasthan under the able leadership of Dr. Sachin Ahuja, Head, Dept. of Orthodontics, Surendra Dental College & Hospital, SriGanganagar, Rajasthan. The mentor for the workshop was Dr. Sanjay Labh, a pioneer in the field of Lingual Orthodontics from New Delhi.

This workshop was attended by 30 participants including Clinicians and Post-Graduates from various parts of Rajasthan. Participants were given clinical tips and techniwiues to do Lingual Orthodontics with ease in your Clinical Setup without Lab Support also.



Saturday, 17th November 2018



## Rajasthan Orthodontic Study Group (ROSG)

organized a one day Lecture on "IZC & buccal shelf implants - a new era in skeletal anchorage" along with live Demonstration on a patient & Hands-on (on models) at Jaipur. The mentors for the workshop were Dr. Vivek Patni & Dr. Sheetal Potnis, from Favanchor, Mumbai. This workshop was attended by more than 60 participants including Clinicians and Post-Graduates from various parts of Rajasthan and Punjab and was extensively covered by Local & National Newspapers of Rajashan and also in Local News Channels. Bone screw insertion was shown by doing a Live Demonstration on a patient on a portable dental chair setup at a Hotel. Basics of TADs and Bone Screws, possible uses & extensive case discussions were taken along with comprehensive biomechanics and how it is different from conventional mechanics. An extensive session on Implant insertions on maxilla and mandible models was done by the participants to fine tune the identification of locations, correct angulations and level of insertion.



## President's Message



Dear members

The IOS Times is the communication between the head office and the members of Indian Orthodontic Society. The members are eager to organize so many events and to fulfill the requirements of Dental Council of India for the colleges or society to conduct CDE activities all round the year, the IOS Times has stepped up to inform the members about the events occurring all around the country.

From an unofficial to official status, from quarterly to monthly issues, that too coming out regularly, it is a huge step forward in the right direction. The public at large has started to acknowledge "the endorsed orthodontist of IOS" through this news letter which is becoming popular day by day.

The endeavor of the news letter is to bring the most up to date orthodontic knowledge of orthodontists and exhibitors to all members.

Friends, the editor of the IOS times is working day and night to bring out the newsletter to your doorstep every month and your contributions to the efforts are more significant to fulfill the dream of bringing back the glory of orthodontics as the first specialty of dentistry.

I hope you will enjoy this issue of IOS Times in the festive season of Christmas.

Jai Hind, Jai IOS.

**Dr. Pradeep Jain**  
President



## From the Editor's Desk(top)



Dear members,

It has been a whirlwind year of contributions and collaborations from members. Looking forward to deliver IOS TIMES to you with the same enthusiasm in 2019, too. Your assistance in making that happen, would make it easy for the IOS TIMES committee. Space constraints have limited my words in this issue of IOS TIMES. Will surely make up in the subsequent issues. Wish you a merry Christmas and happy new year. God Bless !!

*P.S. IOS PAC is getting together to launch a new Public Awareness campaign. With the EC consent and your cooperation, it has a very high potential of making a big impact in the Orthodontic scenery of India.*

**Dr. Biju Abraham**  
Editor, IOS Times



## From the Secretariat



*No man can have society on his own terms. If he seeks it, he should serve it too!*

*Ralph Waldo Emerson*

Respected members of the Indian Orthodontic Society,

At the outset I thank you all for reposing faith in me and giving me an opportunity to serve on the management committee for several terms, more recently as Editor of the JIOS and now as the chief functionary of the IOS.

As I travelled the country this past year I was asked what the agenda for my election campaign was. My answer simply was the "Indian Orthodontic Society." Ours is a vibrant organization with several Life and Student members. We have numerous study groups spread over different parts of the country. We have three publications and we are the first society to start our own board certification. The calendar of the Indian Orthodontic Society burgeons with activities with every passing year and several of our members have helped us make a mark on the international orthodontic scene. With all this activity in the foreground, I with my team at the head office would be committed to ensuring that the aspirations and activities of the society are facilitated by providing an administration that is efficient, ethical and transparent.

Of the several challenges we face, one that is of concern to all of us is the mushrooming of illegal orthodontic courses. Over the years, the IOS has realized that the best way to establish that orthodontists are the best providers of orthodontic treatment is to connect with the public who would be the seekers of our services. The public awareness committee has worked hard towards this and the IOS times under Dr. Biju's editorship has made several strides beyond being a newsletter for the members to being a connect not merely within the IOS but also between the IOS and the public.

I wish team **IOS TIMES** more success in the coming year!

I remain yours truly,

**Dr. Sridevi Padmanabhan**  
Honorary Secretary



## Acknowledgement



IOS TIMES thanks  
Dr. Sanket Agarkar for facilitating  
the celebrity interview



*IOS TIMES Committee Members*

**Dr. Silju Mathew, Dr Kavitha Iyer, Dr. Gaurav Gupta**

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