

ios TIMES

Official newsletter of Indian Orthodontic Society

NATIONAL INTEGRATED TYPDONT WORKSHOP



Guru Nanak Institute of Dental Sciences and Research, Kolkata



Centre for Dental Education & Research, AIIMS, New Delhi



Lenora Institute Of Dental Sciences, Rajahmundry (AP)

The NITW held for the first time in Eastern India from 1st, to 3rd October 2018 at Guru Nanak Institute of Dental Sciences and Research (GNIDSR), Kolkata, organized by the Department of Orthodontics, GNIDSR had 72 participants from all over India. The event was spearheaded by Prof. Prosenjit Banerjee (Org. Chair), Prof. Samarendra Ray (Sci. Chair), Prof. Tamal Kanti Patra (Treasurer) and Dr. Soumo Mitra (Org. Secy.) in collaboration with OSGONT Kolkata.

On Day 1, Dr. Punit Batra, Dr. Maninder S Sidhu, and Dr. Sunanda Roychowdhury, conducted the course on Standard Edgewise and Dr. Sarvraj Kohli on Tweed Merrifield Mechanics. The inaugural programme in the evening was followed by a live musical performance by fusion music band 'Occlusion' and a gala dinner.

The 2nd day saw the participants bonding MBT brackets on Typodonts overseen by Dr. Batra and Dr. Roychowdhury. Dr. Jayesh S Rahalkar conducted an extensive lecture and live demonstration of the double key-hole loop and Begg's Mechanotherapy. Dr. Madan B. conducted the course work on Segmented Arch Mechanics.

On the concluding day Dr. Surya Kanta Das conducted the Lingual Typodont workshop. The participants also appreciated the detailed organisation of the workshop as well as, the affordable registration fee.

Dept of Orthodontics, CDER, AIIMS, New Delhi, organised National Typodont Skill Workshop, 2018 from 5th-7th October 2018. under the leadership of Prof. Dr. O. P. Kharbanda and organising secretary, Dr Vilas Samrit. It was attended by over 100 enthusiastic postgraduate students from more than 30 Dental colleges across the country and Nepal.

Prof. V. K. Bahl, Academics Dean, AIIMS New Delhi was the chief guest for the inaugural ceremony. Lt. Gen. Sanjay Londhe, Director General Dental Services, Col. Commandant Army Dental Corps was the guest of honour. Prof. Randeep Guleria, Director AIIMS released the course manual. The course faculty included entire CDER faculty, former students of AIIMS and invited faculty from other Dental Colleges from India.

The lectures on Day 1, by Prof OP Kharbanda, Dr. Pradeep Jain, Dr. Ritu Duggal, Dr. Mugdha Mankar, Punit Batra and Dr. Sanjay Labh were interactive. On Day 2, the participants were divided into two groups based on the courses they opted. Dr. Sanjay Labh and team demonstrated the lingual course while the Edgewise to pre-adjusted edgewise was lead by Drs. M. S. Sidhu, Sunanda Roychoudhury, Sridhar Kannan on the first day followed by Drs. Jayesh Rahalkar and Puneet Batra on the final day. The social highlight of the conference was banquet dinner organised at Indian Habitat Center, ably arranged by Dr Prabhat Chaudhari.

The NITW 2018, at the Department of Orthodontics, Lenora Institute of Dental Sciences, Rajahmundry was attended by more than 60 post graduate students from various parts of the country. Dr Sateesh Kumar Reddy, Ex-EC Member, Dental Council of India, was the chief guest for the event.

Faculty included Dr. Girish Karandikar, Dr. Puneet Batra, Dr. Sunanda Roy Choudhury, Dr. Jayesh Rahalkar, Dr. Sanjay Labh and Dr. Sarvaraj Kohli, on Standard Edgewise, MBT, Begg, Roth, Lingual, Segmental Mechanics and Tweed-Merrifield.

Dr L Naidu, Dr Srikrishna Chalasani & Dr pavan were the organising chairman, org secretary & joint secretary respectively for the workshop.

www.ormco.in

⊕ Outstanding comfort
with no tightening

⊕ No headgear or tooth
extractions in most cases

⊕ Easy to keep clean

Ormco
Your Practice. Our Priority.



DAMON® CLEAR



DamonSmile.in

Toll-Free: 1800 103 1607

The Stars of NITW 2018



Dr. Puneet Batra

The brain behind the workshop
Faculty - Standard Edgewise Technique, MBT



Dr. Jayesh Rahalkar

Chairman, Academic Council
Faculty-Roth, Bio-mechanics, The Begg technique



Dr. Girish Karandikar

Faculty - The Begg Technique



Dr. O.P. Kharbanda

Faculty-Standard Edgewise Technique



Dr. Pradeep Jain

Faculty - Standard Edgewise Technique



Dr. Maninder Singh Sidhu

Faculty - Standard Edgewise Technique



Dr. Ritu Duggal

Faculty-Standard Edgewise Technique



Dr. Gauri Vichare

Faculty - MBT Technique



Dr. Madhan B.

Faculty - Segmental mechanics



Dr. Sunanda Roy Choudhury

Faculty - Standard edgewise Technique, MBT



Dr. Pravin Shetty

Faculty - Lingual Orthodontics



Dr. Sanjay Labh

Faculty - Lingual Orthodontics



Dr. Surya Kanta Das

Faculty - Lingual Orthodontics



Dr. Sarvraj Kohli

Faculty - Tweed Merrifield Technique



Dr. Sridhar Kannan

Faculty - Standard Edgewise Technique



Dr. Mugghda Mankar

Faculty - Standard Edgewise Technique



Is your braces doctor listed on the IOS website ?!



www.iosweb.net

For a lifetime of healthy beautiful smile, ensure that it is made better by an Orthodontist endorsed by Indian Orthodontic Society.



Orthodontic/braces specialists receive a 2 to 3 years of specialized education and training at a Dental College, recognised by the Dental Council of India, in addition to the 5 -year basic dental training, training to learn the correct method/s to align and straighten teeth, control and utilize facial growth, enhance smile esthetics and jaw function. Only those who successfully complete this formal education program may call themselves "Orthodontists," and only those orthodontists can be members of the Indian Orthodontic Society, the national association of qualified orthodontists in India. Selecting a member of the Indian Orthodontic Society for your orthodontic care is your assurance that the doctor is a person most qualified for the job at hand.

INVISIBLE
is
POSSIBLE



Do you desire 'straight' teeth and beautiful smile, without the mouth full of unattractive wires and brackets? Invisible braces offer an alternative. Invisible braces include Lingual braces and Clear aligners.

The Invisible Lingual braces are put on the inside surface of the teeth. This makes them appealing to people who are often in public and might feel self-conscious of wearing conspicuous braces stuck on the visible surface of teeth. Speech adjustment, maintaining dental hygiene may be challenging with lingual braces.

Clear aligners are series of transparent, removable custom fit plastic which covers the teeth from all sides to move it while providing nearly invisible, minimally invasive treatment. Clear aligners can be removed for eating, drinking and special events, making it easier to brush and floss. Clear aligners are provided in sets. One wears each new aligner set for a specified number of weeks, approx 22 hours a day. With each new aligner set, your teeth slowly adjust and gradually realign your teeth to the desired position.

Ask your orthodontist for the invisible options and get your perfect smile !!

THE MAGIC OF BRACES



Yash thanks his orthodontist
for his new cool dude looks



**FLAUNT
YOUR SMILE
WITH GRACE!**

REMOVABLE INVISIBLE ALIGNERS

www.smilealign.in



Celebrating life

Aarya Ambekar
Singer, Actress

FULL NAME Aarya Samir Ambekar

BIRTHDAY IS ON 16 June

PROFESSION Singer, Actress

YOUR INSPIRATION IN LIFE

Vidushi Dr. Ashwini Bhide Deshpande, a renowned Hindustani classical vocalist

HIGH POINT IN LIFE

Finalists of SRGMP L'il Champs, a singing reality show, My Debut film 'Ti Saddhya Kay Karte' (TSKK)

AWARDS

The top 3 amongst the many

1. Zee Talkies-MaharashtrachafavouriteKon Award – Best Debut (TSKK), Best Playback Singer (Hridayat Waje Something)
2. Zee Marathi - Zee GauravGarnier Most Natural Performance of the Year.award (TSKK)
3. Radio City and Majja Digital Awards – Best Debut (TSKK) and Best Playback Singer (Jara Jara Tipur Chandane)

CHOICE OF PROFESSION

I always wanted to be a doctor. In 2008, participated in SRGMP L'il champs and reached the finals. Started getting playback singing offers. Shifted my focus from medicine to music-

WHY, IN YOUR OPINION, IS A GOOD SMILE IMPORTANT?

A good smile wins many hearts. It makes one confident and the appearance, appealing and pleasing. It instantly bonds and connects people.

WHAT DO YOU KNOW ABOUT BRACES

It deals with aligning the teeth and jaw, and thereby correcting the smile! I had ceramic braces, which blended with my teeth so well that on-screen it didn't even feel like I had braces on and never was my smile conscious and awkward!! Earlier I used to be terrified of dentists, but this treatment changed my perspective!

WORDS THAT DESCRIBES YOU BEST.

Unstoppable, Real, Observer. A strong believer of "Happiness can exist only in Acceptance."

STRATEGY IN CRISIS

Try hard to reach to a conclusion/solution, if possible. If not, accept and move on.

YOUR FAVOURITE

City - Pune

Travel Destination - Switzerland, London

Food - Maakehaath ka khana! Love to try various different cuisines.

Song - too many to mention.

Movie - Sound of music, Whiplash,

La la land, Children of heaven,

Fan of all Rom-Coms!





Congratulations

Dr Nikhilesh Vaid

President Designate, WFO

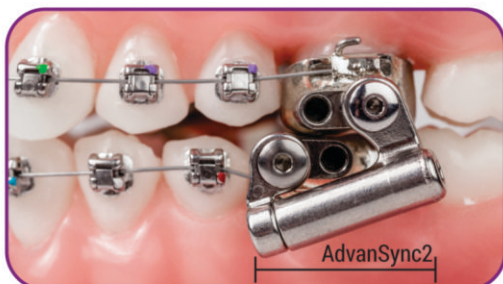


Dr Nikhilesh R. Vaid - past president of the Asian Pacific Orthodontic Society and the Indian Orthodontic Society has been elected to be the President - Designate, of the global umbrella of orthodontic associations - "World Federation of Orthodontists" - WFO. His term will commence in October 2020 after the 9th IOC in Yokohama, Japan and will span a 5 year term until the 10th IOC in Rio, Brazil in 2025. The entire Asian orthodontic community is ecstatic at this news. It is the first ever time a non American or a non European has been elected to this position. Dr Vaid will also be the youngest ever WFO President. The Indian Orthodontic Society President, Dr Shailesh Deshmukh states that the election of Dr Vaid to the post of WFO President, is not only a honor and responsibility bestowed on him as an individual, but also for orthodontics in the entire region. Dr Vaid currently chairs the WFO Boards and Promotions committee and is the brain behind the "World Orthodontic Health Day", a recent initiative of the WFO.

Ormco

Your Practice. Our Priority.

www.ormco.in



Half the size with greater comfort

Class II Correction in Class I Time

Synchronizing Mandibular Advancement with Orthodontic Treatment

Engineered for Efficient Correction

AdvanSync²
CLASS II MOLAR-TO-MOLAR



[DamonSmile.in](https://www.DamonSmile.in)

Call: 92238 22040 / Toll-Free: 1800 103 1607



Gone are the days when, prospective patients would call up the office seeking directions and asking for landmarks to reach your office. In the era of smartphones, if your office is NOT listed on Google Maps, you already lost one brownie point, even before the patient has entered your office.

So how does one get his/her office on Google Maps?

For that, one must have a Google account. Assuming that you do have a Gmail account. Rest is easy.

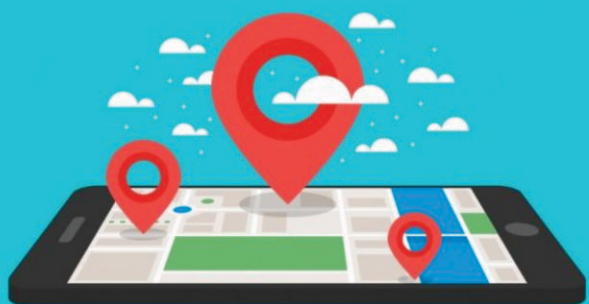
1. Open Google Maps
2. Click on the three parallel lines on the top left corner to display Menu
3. Click on 'Add a missing place'
4. To add the place you are required to write the name of the place, set location of place on map and select best suitable category from the available ones.
5. Website, Phone, Hours etc though not mandatory, it'd be a good idea to fill in all those fields
6. Once you submit the information, Google will revert with either - 'Google is reviewing your suggestion' or 'Your addition is Published'
7. If the mail says 'Google is reviewing' you need to wait for confirmation mail which may arrive anytime from few hours to few days.
8. When you receive Success mail, it will have a hyperlink 'See your addition' that points to your entry on Map
9. Now you and others can add pictures and other information about the place, if you'd not done earlier. You and others can also rate and review the place.

Once Google approves your location, the same is readily taken up by Ola, Uber and similar apps. So you guide your patient to type your office name in the app for the taxi to bring him/her to you.

Assuming you are a visiting consultant to many dental offices, it would be a good idea to create similar locations for the dental offices. It would be useful in you scheduling your appointments at those offices. (Look out for the Dec 18 and Jan 19 issues of IOS TIMES) Word of caution - Use the dental office owner's Gmail account to create the location.



**Your Office
on the Globe**



KOCHI - THE QUEEN OF ARABIAN SEA
WELCOMES YOU TO THE
53RD INDIAN ORTHODONTIC CONFERENCE

7TH TO 9TH DECEMBER 2018
AT LE MERIDIEN, KOCHI

KERALA ORTHODONTIC STUDY GROUP



DR. AFZAL V. A.
ORGANISING CHAIRMAN

DR. TRADIS JAYAPAL
ORGANISING SECRETARY

For more details: www.53rdiockochi.com 53rdiockochi2018@gmail.com

Madhya Pradesh Orthodontic Study Group Activity



MPOSG and Dept of Orthodontics, Sri Aurobindo College of Dentistry, Indore organised a hands-on workshop on 'Orthognathic Surgery from an Orthodontist's Perspective' on 1st & 2nd October 2018 at the LASER auditorium at SAIMS Campus, Indore. The faculty for the event were Orthodontist Dr Maria Kuriakose and Craniofacial Surgeon Dr Pramod Subash from Amrita Institute of Dental Sciences & Research Centre, Kochi. The workshop involved didactic lectures on treatment planning, compensations and decompensations and surgery first approach. Critical appraisal of treatment planning of cases which were presented by post graduates was also done by the faculty. Dr Abhilasha Patidar, PG Student, College of Dental Sciences, Rau won the best case presentation award. Live Patient demonstration and Hand-on of Face Bow transfer, Video Demonstration of Mock Surgeries with Erickson Model Block/Platform in various malocclusions were the highlight of the event. Dr Vinod Bhandari, Chairman, SAIMS, the chief guest for the inaugural ceremony congratulated DrAshish Garg, Organising Chairman of the workshop and Dean DrKanteshwarilK for conducting the workshop. Around 55 delegates clinicians and postgraduates from Central India attended this marathon event.

Tamil Nadu Southwest Orthodontic Study Group activity



Tamil Nadu Southwest Orthodontic Study Group conducted one day CDE program on Oct 7th, at Salem, in conjunction with Orthodontic week celebrations. Dr.Sridevi Padmanabhan, Editor JIOS & HoD, Dept of Orthodontics-SRMC, Chennai delivered guest lecture titled "Unusual space management scenarios - meeting the challenge", followed by Poster presentation for orthodontic awareness and scientific paper presentation by PG students of Dental colleges in and around Tamil Nadu. More than 35 registered participants form Salem, Erode, Nagarkovil, Thirunelveli & Chennai attend the CDE program. Convenors of TNSWOSG Dr.Sarar Moses, Dr. Sabarinathan & Dr.Dhivakar Selvaraj informed that the event was well received by the participants.

Maharishi Markandeshwar College Of Dental Sciences & Research In Collaboration With Orthodontic Study Group Of Panchkula, hosted a day long symposium on "Retraction Mechanics With TAD's " on 25th Oct. 2018 in the college.

The eminent speaker Dr. Pavan Vibhute took the lecture followed by hands on workshop for Inner Radicular TAD insertion. Live demonstration on patient was beamed for the delegate Audience. This program witnessed participation 40 registered delegates including 20 life members from adjacent colleges.



The organising Team: Dr. Anju Loomba (HOD); Dr. Rajat Mangla, Dr. Hemant Garg, Dr. Mannu Khanna, Dr. Geetanjali Gandhi, Dr. Puneet Gupta, Dr. Jaskirat Singh, Dr. Vasundhra Mittal, Dr. Harjoy Khatria, Dr. Nidhi. Conveners For OSGOP: Dr. Vinay Dua, Dr. Chanjyot Singh, Dr. Ankit Sikri.



Activity of Orthodontic Study Group of Panchkula



Orthodontic Study Group of Panchkula Was Inaugurated By Hon. President & Hon. Secretary IOS. On 27th October. This Event Witnessed The Congregation Of Eminent Orthodontist From Tricity. Five Lectures Were Delivered By Dr. Deshmukh, Dr. Deepak, Dr. SP Singh, Dr. Munjal & Dr. Dua.

Conveners and Members Were Facilitated & Good Academic Discourse Was There Between Delegates & Speakers. 61 Delegates Attended CDE From Nine PG Colleges And Life Members From Haryana, Punjab & Himachal. The Conveners OF The Study Group Facilitated Delegates after the Completion of lectures. The EC Member of DCI Dr. Singla Was The Guest Of Honor For The Event He Declared The Group Open And. Dr Vinay Dua Delivered The Vote Of Thanks.



President's Message

Dr. Shailesh Deshmukh, President

Friends,

October was a busy month for IOS. Many CDE programs were conducted and the Orthodontic week saw a lot of activities. Three typhodont workshops were successfully conducted and saw a record breaking participation of postgraduate students. The visit with the President Elect to the 54th IOC venue, in the beautiful city of Bhubaneswar, was awesome. The COC of the IOS Conference, 2019 is leaving no stone unturned to make it a grand success. My appearance at the 3rd Module of the IOS NTPC workshop was very successful and Dr Swati Acharya and Dr Pritam Mohanty need to be congratulated on the flawless conduct of the workshop. All in all an eventful month.

The icing on the cake for IOS would, however, most certainly go to, the election of the Past President of IOS and APOS Dr Nikhilesh Vaid, as the President Elect of WFO. He will assume charge as President WFO in 2020. An extremely unique feat and my compliments to him for his dedication and hard work. IOS is indeed proud of him. I am personally very proud as I have seen him grow in stature, day by day, right from his student days. Jai IOS !



From the Secretariat

Dr. Deepak Chandra, Honorary Secretary

Dear Members ,

Recently the IOS members participated in the National Typhodont program and the inauguration of a new study group at Panchkula .

The programs were oriented towards the Orthodontic practitioners and Orthodontic students . Our Knowledge and competence in our chosen field will hold key to the success in our careers .

In days to come , our work as Orthodontists will hold the key to the survival of our profession . The public will judge us for the quality of Orthodontic Care being delivered . Slowly we will find them looking out Orthodontists .

On our part I strongly feel we must keep updating ourselves in contemporary Orthodontic care and strive to deliver the best we can .

The IOS will leave no stone unturned to ensure its members have ample exposure to current science in orthodontics . I urge each one of you to kindly utilise the opportunities offered by the Study groups and the IOS Head Office. I would also take this opportunity to request all those Orthodontists who have completed their courses to kindly convert their membership to Life .

Warm Regards



Dear friends,

It is time to thank all who made it possible for the resolve made at the AGM, Jaipur, become a reality. IOS TIMES, since December last year, has been a monthly feature and is actively used to promote the cause of orthodontics among the common man. The continuity of the IOS TIMES wouldn't have been possible without the active contribution of IBO Diplomates who contributed with pre and post treatment images of their patients (Pages 3 & 4). A big thank you to the members, who could connect with celebrities for an interview (Celebrating Life - Page 5), and, with orthodontists, who have excelled in fields beyond Orthodontics (Beyond Orthodontics - Page 2). Contribution from members in the form of practice management tips (Practicing Orthodontics - Page 7) was highly appreciated. Contribution from Study Group Convenors and Organising team of the various presidential Events during the year, can never be understated in making IOS TIMES a success. Thanks to individual members, who contributed for all those special occasions. (Holi, WOHD Day, IOS Day) Last, but certainly not the least, a big thanks to the sponsors who believed in the new look IOS TIMES. Looking forward to more exciting times in the coming year. Jai Hind ! Jai IOS !!

Acknowledgements



IOS TIMES thanks
Dr Seema Bansal
For providing the patient pictures on pages 3 & 4

IOS TIMES thanks
Dr Salil Nene
For facilitating the celebrity interview on page 5



Editorial Office :

Just Braces DENTAL CLINIC, 2, Manu Market, 1st floor, Near Kapoldwadi, M.G. Road, Ghatkopar - West, Mumbai - 400086

Tel.: +91 9821129228 • Email: iostimesnewsletter@gmail.com

IOS TIMES Committee Members
Dr. Pradeep Jain, Dr. Salil Nene